

TWST



CISD Natatorium

Phase I re-opening Facility and Practice Requirements

General facility requirements – Phase I

On June 15, 2020, the CISD Natatorium will reopen to current long-term renters. Reopening will occur in phases and in accordance with local, state, and federal guidelines. In preparation for reopening, numerous links to guidance issued by various governmental agencies was shared with long-term renters. The District's phased reopening of the Natatorium is based on this guidance. No date has been set to begin Phase 2.

- **EVERYONE** entering and exiting the Natatorium is expected to wear a mask or face covering. Face coverings are also **REQUIRED** in all common areas, when interacting with others when physical distancing is difficult.
- Entrance and exit doors will be separate and will be clearly marked to control the flow of people entering and exiting the Natatorium.
- **ONLY** CISD staff members, long-term renter athletes, and coaches will be allowed in the Natatorium during Phase 1.
- All groups utilizing the Natatorium are required to maintain a daily log of the individuals belonging to or connected with their groups who are in the Natatorium. The log must contain the date, the name of each person, and the times each person entered and exited the Natatorium. The log must be turned into a Natatorium manager every day the group uses the Natatorium. The log will facilitate contact tracing should it become necessary.
- Any reports of illness in any individual who was in the Natatorium must be immediately reported to a Natatorium Manager who will make a report to the District's Health Services Department.
- **HAND SANITIZERS** will be placed at the Natatorium entrance. **Everyone** entering the Natatorium is **expected** to sanitize their hands.
- **The upstairs and spectator areas, locker rooms, weight room, spa, drinking fountains, and swim shop will remain CLOSED during Phase 1.**
- All equipment has been removed from the pool deck and will not be available for use, including storage cages, mats, bleachers, equipment bins, and dryland equipment.
- Restroom access will be provided **only in the Natatorium lobby**, with no more than three people utilizing the restroom at one time. **Restrooms may NOT be used as changing facilities,**
- **Parents cannot enter the Natatorium and must remain in their vehicles** when picking up and dropping of athletes.
- **NO CONGREGATING** in the Natatorium lobby or on the pool deck, outside, or in the parking lot is allowed.

Practice Requirements – phase I

- Any athlete or staff member indicating they or a family member are experiencing any Covid-19 symptoms (see below) must be sent home and a report made to the Natatorium Manager. The Natatorium Manager will report the information to the District's Health Services Department. All staff and athletes must be screened for COVID-19 symptoms before entering the Natatorium.
 - COVID-19 symptoms include any/all of the following:
 - Cough, shortness of breath, or difficulty breathing
 - Chills or repeated shaking with chills

- Muscle pain
 - Headache
 - Sore throat
 - Loss of taste or smell
 - Diarrhea
 - Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit.
 - Known close contact with a person who is lab confirmed to have COVID-19.
- Any individual who experiences, or lives with someone who is experiencing any of the symptoms of COVID-19 should self-isolate until the following conditions are met:
 - At least 3 days (72 hours) have passed since recovery without the use of fever-reducing medications;
 - The individual has improvement in symptoms such as cough and shortness of breath; and,
 - At least ten days have passed since symptoms first appeared.
 - In the case of an individual who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19 and **MAY NOT RETURN** to the Natatorium until the individual has completed the same three-step criteria listed above.
 - **ATHLETES CANNOT CHANGE CLOTHES** in the Natatorium. They must arrive in their swimsuits and leave in their swimsuits.
 - Any **dryland exercises must be conducted outside of the Natatorium** and should follow social distancing guidelines.
 - Athletes can bring equipment bags with them, however the bags must be separated from others' equipment bags. **ATHLETES MUST** take their bag with them when leaving the Natatorium.
 - **Athletes cannot** share training equipment.
 - Athletes should bring their own water bottle and not share at any time.
 - **Swimmers are limited to 2 per short course lane, with each swimmer starting and stopping on opposite ends of the pool.**
 - Coaches must maintain a distance of 6 feet from athletes and other coaches at all times.
 - **Once practice concludes, athletes and coaches must leave the Natatorium from the designated exit. There can be no extra activity or congregating.**
 - Groups should schedule with a time gap of no less than 15 minutes between sessions, and/or should stagger groups so that the groups are not arriving or departing at the same time.

Failure to comply with natatorium guidelines will face the following action from TWST:

Athletes who fail to comply with the above expectations risk being removed from the current practice and future practices

- 1st failure to comply will result in the removal from the current practice
- 2nd failure to comply will results in the removal from practice for 3 days
- 3rd failure to comply will results in the removal from practice for 7 days