



To: **UANA Federations, UANA Coach Contacts**

June 2, 2013

From: **UANA TSSC**

Re: New Initiative to develop and improve Synchro performance in UANA

Did you know that UANA has over 30 Federations that have not started the sport of Synchro or are at a beginner level? Europe has only 2 Federations that either have not started or are at a beginner level. Did you know that UANA has only 3-4 Federations that are at an Advanced level? Europe has between 12-15 Federations that are at an Advanced level. So; we can see there is a huge opportunity to improve!

We believe that in order to improve performance results and improve the depth of field (participation numbers) we need stronger programs and more coach education / professional development opportunities.

With this in mind, the UANA TSSC is proposing to initiate a **coach education program**. Recently; this proposal was presented and supported at the UANA executive level.

Within our UANA Federations, we have many highly skilled and experienced coaches/educators who are willing to share their knowledge/expertise with other coaches who are keen to learn more and develop their coaching skills. We are proposing to create a pool of coach experts/mentors that are willing to go to Federations to teach and provide ongoing support to Federations who are developing in the sport. Attached is a coach mentor application process for those coaches who may be interested and willing to conduct courses/clinics in developing Federations.

We also realize that many Federations are at similar performance levels and need similar coaching support and education. We are proposing that Federations partner together and share in the investment of improving the coach education level and thus improving performance delivery in the sport of Synchro. The UANA TSSC would act as a facilitator in the partnership agreement between Federations or clubs within a Federation so that multiple groups could benefit simultaneously from the coach expert/mentor. We have attached an application form for those Federations (groups/clusters of Federations or clubs who may want to partner together and share resources for this initiative). The Federation (s) must sign an agreement to invest in this program and be willing to cover the costs of the expenses and honorarium of the coach expert/mentor as indicated in the application process. We are suggesting that the coach mentor do **2 visits per year for 1 week** to provide ongoing support. The cost estimate of (airfare, hotel, food and honorarium are estimated **per visit**). Coach mentor and Federation applications must be sent to Rose Cody (UANA TSSC Chair) at: rosecodypagan@gmail.com and Leslie Sproule (UANA TSSC Coach Subcommittee Chair)sproule@telusplanet.net .

If you have any questions or you require more information, please contact our UANA Coaching Committee and we would be pleased to answer any/all of your questions. Leslie Sproule UANA sub- committee chair Zone 4: sproule@telusplanet.net Charlotte Davis – Zone 3: charlottedavis01@comcast.net Patricia Vila – Zone 2: npvila@yahoo.com Victoria Montedonico – Zone 1: victoriamontedonico@gmail.com

Thank you kindly and we look forward to receiving your applications and investing in your coaches to improve performance/programs in your region.

Sincerely, UANA TSSC