

Amateur Swimming Union of the Americas A.S.U.A



General Behaviour Guidelines

- Mutual Respect is shown among coaches.
- Coaches attend all coaches meetings at competitions.
- Coaches cooperate with officials during practices and events.
- Coaches stay clear of music tables and scoring tables during events.
- Coaches follow guidelines for practice provided in the information package and by meet managers.
- Coaches exemplify behaviour they wish their athletes to adopt – they display sportsmanship, dress appropriately and behave appropriately.
- Coaches conduct land drills in designated area.
- Coaches except responsibility for their athlete's behaviour.
- Coaches stand to watch competition where the music person can see them directly – as designated by the meet manager and/or UANA committee.
- Coaches are responsible for communicating the food and beverage policy for on deck eating to their athletes for training and competition.
- Respect the designated gel and de-gel areas as communicated by the meet manager.
- Respect the safety guidelines of the swimming pool /facility of the competition.
- Coaches shall not instruct (coach) during the competitors performance.
- Coaches and athletes should attend all designated receptions, meetings and banquets hosted by the Federation hosting the competition.
- Coaches should notify chief referee immediately for any competitor scratches in the competition.
- Accreditations should be worn by all coaches and athletes at all times during the competition.

During Practices with music:

- Ask coach's permission to use their pool space before that club/Federation designated time and abide by the other coach's decision.
- Coaches have the right to forbid other clubs/Federations to be in the water during their music spacing time.
- No banging or use of distracting noises at any time during the music practice of another Federation.
- Coach must clear their athletes from the pool as soon as their designated practice time is over.
- The Federation/club who has music time has top priority of pool space. Be aware and stay clear of routines swimming with music.

Practices without music:

- Clarify what athletes are allowed to swim in the designated OPEN pool practice. (For example if it is just prior to a solo event, then perhaps only solos are allowed to be in the pool for this open space. Ask referee for clarification.
- For team events, ask for clarification if there is a team rotation position for the open pool training (for example 15 minutes prior to an event, often there is a start end 5 minutes, a middle pool 5 minutes and a deep end 5 minutes). Ensure rotation is followed for optimal pool safety of athletes on highlights/acrobatic moves.
- For very large figure events, ensure the coach has clarification if there is a split figure warm up (1/2 the athletes first) or one large warm up (all athletes in pool together for designated time). If split; ensure protocol is adhered to.
- Athletes and coaches must wear their accreditation at all times around the pool and bring to the referee and assistant referee prior to a performance (figure or routine).