



The UANA Pan American Synchronized Swimming Championships San Juan, Puerto Rico

UANA - summons all its affiliated countries to participate in the UANA Pan American Synchronized Championship to be held in San Juan, Puerto Rico from August 30 to September 4, 2016

Dates:

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|----------------------|--|
| May 30, 2016 | Preliminary Entries Due |
| July 15, 2016 | 50% Registration Fee Due |
| July 30, 2016 | Final Date to mail music |
| July 31, 2016 | Final Entries Due |
| July 31, 2016 | Final 50% of all Registration and participation fee due |
| | |
| Aug. 30, 2016 | Arrival of Delegation & TSSC Members Arrival of the Commission Chief Referee and Chief Recorder Commission meeting with O.C. |
| | |
| Aug. 31, 2016 | Technical Meetings/figure draw Judges & Coaches meeting Team Leader meeting Opening Ceremony |
| | |
| Sept. 1, 2, 3, 4 | Competition Dates |
| Sept. 4, 2016 | Competition Debriefing |
| Sept. 5, 2016 | Official Departure |

NO ATHLETES WILL BE ALLOWED TO COMPETE UNTIL ALL FEES HAVE BEEN RECEIVED BY THE ORGANIZING COMMITTEE.





Organizing Committee (OC)

Hosted by: Federación Puertorriqueña de Natación (FPN)
Unión Americana de Natación (UANA)

Rules to Govern: Federación Internacional de Natación (FINA)
Unión Americana de Natación (UANA)

Sanctioned by: Unión Americana de Natación (UANA)
Federación Internacional de Natación (FINA)

President OC: Morgan Toro, synchrojrpanam2016@gmail.com
Federación Puertorriqueña de Natación (Facebook, Twitter and
Integrad Group)

ALL INFORMATION WILL BE POST IN [www.uana-
aquatics.org](http://www.uana-aquatics.org) AND www.natacionpr.org

Events:

12 and under: Figures, Solos, Duets, and Teams

13-15: Figures, Solos, Duets, and Teams

Juniors: Figures, Solos, Duets, and Teams

Seniors: Technical and Free Routines, Solos, Duets and Team,
(separate events)

Mixed Duets 12 & under, 13-15, Juniors, Senior

Free Combination: 13 year old and over





Hosting Details

Airport: Luis Muñoz Marín International Airport, Carolina Puerto Rico.
15 minutes to San Juan Natatorium (10.0 kilometers)

Hotel: To ensure you will have the desired type of rooms, please TYPE the forms attached with ALL of the information. Each Delegation will stay at the CARIBE HILTON HOTEL (1 San Geronimo Street, San Juan PR.) located approximately 5.7 km from the pool. The rates for the Federations, including their coaches, Judges, athletes, and any support staff includes:

Wednesday September 31 - dinner

Tuesday - Sunday 1 to 4 - Breakfast, lunch and dinner

Monday 5 - Breakfast

The rates are per person, per day and payable in US dollars.

Single occupancy: \$205.000 per day per person

Double occupancy: \$150.00 per day per person

Triple occupancy: \$130.00 per day per person

Quad occupancy: \$120.00 per day per person

Daily fees include hotel, all meals, and local transportation to and from the airport and pool. All Delegation have to present a credit card for incidental charge at the room.

*A 50% deposit must be placed while submitting the Final Entry Form on July 31st. Any cancellations after Friday, August 10th are





subject to a cancellation fee of \$50.00/person. Any cancellations after Friday, August 19th are subject to pay their first two days of participation costs.

Meals: The hotel will be giving the breakfast. The lunch and dinner will be giving in the pool.

Transportation: The transportation between the airport and the official hotel will be provided by the Organizing Committee (OC) as well as between the Hotel and the pool. Transportation will be provided Tuesday August 31 to Monday September 5. Those arriving or departing outside these dates will be responsible for their own transportation.

PLEASE FILL OUT THE ATTACHED ARRIVAL AND DEPARTURE FORM.

Visa Invitation: **Federación Puertorriqueña de Natación** will provide a letter of invitation to the Championship to all Federations, which is requirement to enter or participate in Puerto Rico. A Visa is required to enter the USA.

Friends and Family: We have booked space for friends and family at the CARIBE HILTON HOTEL (1 San Geronimo Street, San Juan PR.) We have blocked rooms at a special rate of \$179.00 US per night which includes taxes for up to 4 people sharing a room. To book, please use the following email address synchrojrpanam2016@gmail.com, Please note this does not include any meals or transportation.

Spectator Daily admission will be charged.

\$10.00 tickets can be purchased at the door for a single day pass,

\$6.00 for seniors (55 and over)

Children ages 6 – 12. \$2.00

Free admission will be granted for Children 5 & Under

An all event wristband may be purchased for \$30.00





Single day attendees will have their hand stamped if they would like to re-enter. Tickets can be purchased at the venue.

Teams/Country:

Pool: San Juan Natatorium (Pool specification attached and photo)
Cerra Street, Parque Central San Juan, Puerto Rico 00919

Specs: Competition Pool (Diving Pool) 25mts. x 30 mts.
Practice Pool 50 mts. swimming pool
Bulkhead will divide it into two 25 mts. Pool for figures, warm up and practice.

Practice Space: Practice time and space will be assigned to each Federation on Wednesday, August 31. Before that date, the Team Leader will have to make reservations with additional cost for space and music equipment rental.

Music Practice: A schedule of practice time with music on Wednesday, August 31 will be emailed to the Federations once the final entries have been received.

Participants: Each participant in the championship must be a member of a Club, Regional or National Team of a Federation duly constituted and affiliated with FINA & UANA. The Federation must be in good standing with both UANA & FINA. Each Federation will send in one entry, which will include ALL of the entries for the country.

The name of the "TEAM LEADER" will need to be listed. The Team Leader is the person who all communications will go through from the Federation to the local OC and from the OC to the Federation.





Entries: The OC will provide the Entry Forms with the pertinent instructions to all Federations. Note: No athletes will be allowed to compete until all fees have been received by the OC.

Entry Fee: A fee of \$25.00 will be charged. Payment information is in the form attached to this bulletin.

Preliminary Entries: The preliminary entries must be completed and received on or before May 30, 2016 using the official forms.

Please use the forms attached and email before the deadline and **write in the subject line your identification with the file attach to help the organization process:**

COUNTRY-FILE (ENTRIES/ACCOMODATIONS, ARRIVAL/DEPARTURE/MUSIC)

Send to: synchrojrpanam2016@gmail.com

The OC will send confirmation by email to each federation of the entries received.

Even though the preliminary entry is due May 30, 2016, we urge you to submit the information as soon as possible so the OC can make the transportation, meals and room and board arrangements.

Final Entries: Final entry forms must include the following information and the Official Seal of the Federation. A letter must accompany all entries from the Federation, which states that the athletes have permission of the Federation to attend the competition.

- Names of the athletes, birth date, category and events
- Names of the coaches, chaperone, and delegates and Team Leader
- Name of the judges and their level in FINA & UANA
- Arrival and Departure dates, including airline, time and flight number
- Hotel where the delegation will be staying.





Entry datelines:

Preliminary Entry: May 30, 2016 (until 12 midnight EST)
Final Entry: July 31, 2016 (until 12 midnight) on the official entry form and must be sent by email to the emails below (PLEASE TYPE ALL FORMS, NO PDF)

It is the responsibility of each Federation club to assure that their events are complete and received within the above mentioned deadlines. If the official email has not been received, the federation will have up to 5 working days to make a claim. After that deadline (5 working days) no claim will be accepted.

Remember there is only one entry submission to enter all of the athletes and routines in all of the age groups, per Federation.

Music Requirements: In the competition a digital format will be used (mp3/ mp4/wav).

Each federation must mail its digital music of ALL ROUTINES by July 30, 2016 by the platform: DROPBOX or SEND SPACE

There must be a digital file (CD) for each registered routine. The coaches must revise the quality of the digital files (CD), the timing and the integrity of the tracks. It is recommended that the music has an initial lead of 3 to 5 seconds before the actual recording of the music. Each music must be identified in the following way:

**Country, Club or Federation
Routine (solo, duet, team, mixed duet, team and combination)
Category**





Last name and name of the competitor
Last name of the coach

Local OC email: synchrojrpanam2016@gmail.com,

General Rules:

1. Each Federation may enter with a National Teams, Regional Team or Clubs. The entry in each category is the decision of each Federation.
2. Federations may fill their entry in each category with athletes from a variety of teams or clubs, if they wish. The entry must not exceed two (2) entries per event per Federation and the number of athletes entered must fit in the athlete's quota of twenty-four (24) for each age category.
3. Entry form will only be accepted from the Federation on behalf of all entries from their country. Entry forms submitted from a Regional Team or Club will not be accepted.
4. Entering more than 2 solos, 2 duets or 2 teams per federation per category will be decided on a request by request basis by the UANA TSSC. One entry per event per Federation still only advances to finals. The Federation must indicate which routine would be an extra entry.

Age Categories: FINA rule SSAG 2.1 will apply: All Age Group competitors remain qualified from January 1st to the following December 31st at the age they are at the close of the day (12 midnight) on December 31st in the year of competition.

- | | |
|-----------------------|------------------------|
| a. Age 12 and under | Born in 2004 or later |
| b. Age 13-15 | Born in 2001-2003 |
| c. Junior (age 15-18) | Born in 1998-2001 |
| d. Senior (15 +) | Born in 2001 or before |

Swimming Up: A 13-15 or Junior athlete(s) may swim up one age group category only to complete a Duet and/or Team.

- a. Where an athlete(s) swims up in Duet and/or Team they may not also swim those events in their own age category.





- b. Where an athlete(s) swims up but also competes in their age category in other events, the athlete(s) must compete in the Figure event for both age categories.
- c. Those athletes(s) will be listed as "Honorary" in the figure results of the older age category.
- d. Duets must have one member of the correct age category and teams must have 50% of their members of the correct age category. 12 and under is not allowed to swim up as per FINA rule SSAG 5.
- e. Each Federation may participate with twelve (12) athletes per Team routine per age group in the figure events. Any number of athletes over ten (10) will be allowed to participate as "Honorary" or pre-swimmers.

Passport Verification: Photocopies of passports are required for all athletes at registration. Original Passport verification will take place upon arrival at the hotel during the championship registration before credential are distributed. Athletes from the host country may present **photo identification** and a **birth certificate or passport**.

Bathing Suit Check: During the technical meeting the bathing suits may be checked to ensure they comply with FINA rules.

Medical Care: As a reminder, all Federations must carry their own health insurance. The OC will provide First Aid Technical Personnel. All federations must take full responsibility for any other needed medical expenses.

Payments: Wire Transfer (300)

Bank Name: BANCO SANTANDER DE PUERTO RICO
Branch: Avenida Piñeiro
Bank Address: Ave. Jesús T. Piñero # 1421-23, Puerto Nuevo, PR 00921
Account Name: Federación Puertorriqueña de Natación
Phone Number: 1-787- 781- 6435
ABA number: 021502341
Account No.: 300-





Swift Code: BSCHPRSX

Competition Rules:

12 & u, 13-15, Junior:

Each participating Federation is allowed to send a maximum of twenty (24) athletes and four (4) coaches for EACH of the age groups: 12 & U, 13-15 Junior and Senior.

For each age group in solo, duet, mixed duet and team competition, athletes may represent each Federations as follows:

If the federation has two (2) National Team entries in solo, duet, mixed duet and/or and team competition for an age group, no Regional Team or Club entry from the same federation is allowed.

If the Federation has one (1) National Team entry in solo, duet, mixed duet and/or team competition for an age group, then a Regional Team or Club from the same federation may enter one (1) solo, duet, mixed duet and/or or team for an age group. A Federation must submit the Regional Team or Club's name for UANA Approval.

If the Federation has no National Team competitors in a certain age group for solo, duet, mixed duet and/or or team competition, two(2) solos, duets, mixed duets and /or teams from a Regional Team or Club of the same Federation are allow to enter

Senior:

The competition will consist of technical and free routines in solo, duet, mixed duet and teams. Each Federation may register the same or different athletes for both events. The Senior events will be Final events only, there will be no





preliminary events. Each event will be a 100% FINAL event; scores from the technical and free routines will not be added together to determine final placement. Awards will be given to the top 3 in each technical and free event; one per federation.

Mixed Duets:

The competition will be FINAL event only; there will be no preliminary events. In the 12 and U, 13-15 and Junior age group categories, each mixed duet event will be a 100% FINAL EVENT. Figures will not be added to the routine score to determine final placement. Awards will give to the top 3 in each mixed duet, one per federation.

In the 12 and under, 13-15 and junior age group categories, only one (1) solo, one (1) duet and one (1) team per age group category from each Federation will advance to Finals for a maximum of 12 routines in Finals, per each routing event.

The highest scoring entry using the combined routine and figure scores will advance to Finals, one per federation.

Free Combination

This is an Open category event for the age group, junior and senior competitors at least 13 years of age. Each Federation may register (2) routines. In the free Combination event. Each Free combination may consist of 4-10 athletes. This event will compete as a 100% FINAL event; there is no preliminary event. Section (a), (b), (c) above also applies to this event regarding the number of athletes that represent the federation.





Judges: Each participating Federation must bring a minimum of one (1) and a maximum of four (4) FINA / UANA judges, The maximum number of practice judges per Federation is two(2).

There will be a FINA Evaluator at this competition.

Judges from non-participating Federations are welcome and will be allowed to judge in the competition, but priority will be given to the judges whose Federation is participating in the competition.

Delegate: There will be one (1) Delegate per registered Federation. The Delegate serves as the Head of the Delegation and is appointed by their Federation to represent the Federation at all official functions. Please fill out the name and contact information for this person on the entry form.

Team Leader: There is to be one (1) Team Leader per Federation. The Team Leader will be appointed by their Federation to provide a liaison between the UANA TSSC. OC and the coaches, managers, officials, and athletes of the Federation regarding the administrative management and organizational aspects of the competition. There is a space on the entry forms for the name and contact information of this person, so we can contact the Team Leader if necessary.

AWARDS:

- a. Medals will be awarded to the first, second and third place of each in each routine category, per age group. An award will be presented to the Federation with the highest overall point accumulation in each age group category: 12 and under, 13-15, Junior and Senior.
- b. An overall High Point award will be presented to the Federation accumulating the highest number of points for all events and age categories. The





point accumulation will be calculated following Rule GR 9.8.5 from the 2013-2017 FINA Handbook.

Flags & National Anthem each Federation must bring a flag, 100cms by 150cms. , of their Country and a CD or digital file with their National Anthem

The Athletes Parade will be held prior to each Age Group Final Routine competition. All athletes from all Federation are encouraged to participate. Dress for the parade is team's warmup suits or appropriate team uniform.





GENERAL MEETING AND COMPETITION SCHEDULE

PRE-COMP DAY 1: Arrival of Delegations & TSSC COMISSION.

AUG 30, 2016 Chief Referee and Chief Recorder meeting with OC

Figure Draw

TS Commission meeting with O.C.(evening)

PRE-COMP DAY 2: Arrival TSSC Members

AUG 31, 2016

General Business Meetings

Official Music Practice

Technical Meeting/Draws

Team Leader Meeting

Judges Meeting

COMP DAY 1: FIGURE COMPETITION & TEAM PRELIMINARIES

SEP 1, 2016

13-15 FIGURE COMPETITION

12 & UNDER FIGURE COMPETITION

JUNIOR FIGURE COMPETITION

12 & UNDER TEAM PRELIMS

13 - 15 TEAM PRELIMS

JUNIOR TEAM PRELIMS

COMP DAY 2: SOLO AND DUET PRELIMINARIES & SENIOR TECH AND MIXED DUET

SEP 2, 2016 TECH FINALS

12 & UNDER SOLO PRELIMS





**13-15 SOLO PRELIMS
JUNIOR SOLO PRELIMS**

**MUSIC PRACTICE FOR SENIOR TECH DUET SENIOR MIXED DUET TECH
DURING LUNCH BREAK**

**12 & UNDER DUET PRELIMS
13-15 DUET PRELIMS
JUNIOR DUET PRELIMS
SENIOR TECH DUET FINALS
SENIOR MIXED DUET TECH FINALS**

AWARDS FOR SENIOR TECH AND MIXED DUET TECHFINALS

MUSIC PRACTICE FOR SENIOR ROUTINES

**COMP DAY 3: SENIOR TEAM TECH FINALS, DUET FINALS, MIXED DUET
FINALS, 12 &
SEP 3, 2016 UNDER, 13-15 & SENIOR TECH SOLO FINALS & FREE
COMBINATION FINALS**

**SENIOR TEAM TECH FINALS
12 & UNDER DUET FINALS
12 & UNDER MIXED DUETS FINALS
13 - 15 DUET FINALS
13 - 15 MIXED DUET FINALS
JUNIOR DUET FINALS
JUNIOR MIXED DUET FINALS
SENIOR DUET FREE FINALS
SENIOR MIXED DUET FREE FINALS**

AWARDS FOR DUETS & SENIOR TEAM TECH FINALS

MUSIC PRACTICE FOR COMBO DURING LUNCH BREAK





12 & UNDER SOLO FINALS
13-15 SOLO FINALS
SENIOR TECH SOLO FINALS
AWARDS FOR SOLO FINALS

FREE COMBINATION FINALS
AWARDS FOR FREE COMBINATION FINALS

MUSIC PRACTICE FOR SENIOR FREE TEAMS

COMP DAY 4: JUNIOR SOLO & SENIOR SOLO FREE FINALS & ALL TEAM FINALS

SEP 4, 2016

JUNIOR SOLO FINALS
SENIOR FREE SOLO FINALS
12 & UNDER TEAM FINALS
13-15 TEAM FINALS
JUNIOR TEAM FINALS
SENIOR TEAM FREE FINALS
AWARDS FOR SOLOS AND TEAM FINALS

COACH AND JUDGE DEBRIEF

CLOSING PARTY

