



Team Guide

SWIMMING

Introduction

On behalf of the Organizing Committee of the Lima 2019 XVIII Pan American Games and Sixth Parapan American Games, I would like to thank the Pan American Family, especially the National Olympic Committees, for their work in favor of sports in the continent.

I am pleased to present the guides for the delegations of each sport. Each guide has been developed by the functional areas of the Lima 2019 Organizing Committee.

This document contains relevant information for delegations about dates and key personnel, competition format and rules, as well as information on competitions and training, details about facilities and venue services.

Additionally, you will find overviews of matters of interest for delegations such as accreditation, medical services and security.

Lima 2019 is an opportunity to transform and forge a better country based on sports' values (excellency, friendship, respect, courage, determination, equality and inspiration). Lima and all of Peru are getting ready to welcome you with the affection and hospitality we are known for. We are sure that you will take home the best memories of your stay in our country during the largest multi-sports event in the continent, which will be held in Peru for the first time.

Lima is ready to welcome you!

We are waiting for you with open arms!

CARLOS NEUHAUS
President of the Lima 2019 Pan American Games and Parapan American Games
Organizing Committee

CONTENT

1	ABOUT THIS GUIDE	7
2	ABOUT LIMA AND PERU	7
2.1	<i>The City of Lima</i>	7
2.2	<i>Lima's Cuisine</i>	8
2.3	<i>Information about Peru</i>	9
2.4	<i>Peru as Host of Major Events</i>	10
2.5	<i>Currency</i>	11
2.6	<i>Language</i>	11
2.7	<i>Electricity</i>	11
3	LIMA 2019	12
3.1	<i>Milco, Lima 2019 Official Mascot</i>	12
4	KEY INFORMATION	13
4.1	<i>Key Dates</i>	13
4.2	<i>Key Personnel</i>	14
5	COMPETITION	15
5.1	<i>Date</i>	16
5.2	<i>Competition Venue</i>	16
5.3	<i>Competition Format</i>	17
5.4	<i>Competition Schedule</i>	19
5.5	<i>Training Schedule and Venues</i>	21
5.6	<i>Procedures Before, During and After the Competition</i>	23
5.7	<i>Regulations, Protests, Appeals, Uniforms and Equipment</i>	26
5.8	<i>Technical Officials, Judges and Jury</i>	28

5.9	<i>Technical Meetings</i>	29
5.10	<i>Medals and Diplomas</i>	29
5.11	<i>Late Replacement Policy for the Lima 2019 Pan American Games</i>	31
5.12	<i>Sports Equipment</i>	32
5.13	<i>Food and Refreshments</i>	32
5.14	<i>Medal Ceremonies</i>	33
5.15	<i>Sports Information Desks at Competition Venues</i>	34
6	NOC RELATIONS AND SERVICES	35
6.1	<i>The Team</i>	35
6.2	<i>Communicating with NOCs</i>	35
7	ARRIVALS AND DEPARTURES	36
7.1	<i>GMS Arrivals and Departures Module</i>	36
7.2	<i>Jorge Chávez International Airport</i>	36
7.3	<i>Arrivals</i>	37
7.4	<i>Baggage and Sports Equipment</i>	37
7.5	<i>Entry of Firearms and Ammunition</i>	38
7.6	<i>Restrictions and Prohibitions on the Temporary Import of Goods</i>	38
7.7	<i>Arrivals Information Desk</i>	38
7.8	<i>Transportation Upon Arrival</i>	39
7.9	<i>Exit of Baggage and Sports Equipment</i>	39
8	PAN AMERICAN VILLAGE	41
8.1	<i>Dates of Operation</i>	41
8.2	<i>Zones and Access</i>	41
8.3	<i>Residences</i>	42

8.4	<i>Residential Zone Services</i>	42
8.5	<i>Catering</i>	46
8.6	<i>The International Zone</i>	46
9	MEDICAL SERVICES	48
9.1	<i>Medical Insurance</i>	48
9.2	<i>Medical Services at Competition and Training Venues</i>	48
9.3	<i>Medical Services at Competition Venues</i>	49
9.4	<i>Emergency Services and Medical Transportation</i>	49
9.5	<i>Medical Attention at Hospitals and/or Clinics</i>	49
10	TRANSPORTATION	50
10.1	<i>Games Transportation Network</i>	50
10.2	<i>TA Transportation Services for Athletes and Officials</i>	50
10.3	<i>Spectating Athletes</i>	53
10.4	<i>Games-time Information Service</i>	53
10.5	<i>Taxi Services</i>	53
11	DOPING CONTROL	54
11.1	<i>Games-time Control</i>	54
11.2	<i>Athlete Rights and Responsibilities</i>	54
11.3	<i>Athlete Whereabouts</i>	55
11.4	<i>Therapeutic Use Exemption (TUE)</i>	55
11.5	<i>Pre-Games Education</i>	56
12	ACCREDITATIONS	57
12.1	<i>Accreditation Centers and Services</i>	57
12.2	<i>Venue, Zone and Access Codes</i>	58

13 CEREMONIES	59
13.1 <i>Welcome Ceremonies</i>	59
13.2 <i>Opening Ceremony</i>	60
13.3 <i>Closing Ceremony</i>	60
14 PRESS OPERATIONS.....	61
14.1 <i>Mixed zone</i>	61
15 VENUE BLUEPRINTS.....	62
16 COMPETITION CALENDAR	65
17 VENUE MAP	67
18 ACKNOWLEDGEMENTS	67

1 ABOUT THIS GUIDE

Published in 2019, the Team Guide provides detailed information on each sports competition and discipline at the Lima 2019 Pan American Games as well as operational information that may be of interest to participating delegations. Each Guide includes:

An introduction to Lima and the Games.

- Sport-specific information, such competition schedule and format, training and qualification criteria.
- Operational information on accreditation, ticketing, transportation, accommodation, medical services and doping control.
- Venues maps and daily training and competition schedules for every sport.

While this information is correct as of the date of publication, some details may vary. We recommend that National Olympic Committees (NOCs) visit the Lima 2019 extranet, extranet.lima2019.pe, for updated information.

2 ABOUT LIMA AND PERU

2.1 The City of Lima

Before becoming a colonial capital, Lima was formerly populated by the Lima and Wari cultures. Later on, it became the capital of the Viceroyalty of Peru. The huacas and colonial houses of the city are an example of its historical greatness. Today, Lima is a cosmopolitan center that offers a variety of cultural and artistic options.

It overlooks the Pacific Ocean from a natural balcony that holds nearly 10 million people with thousands of stories and origins. Lima is a city with a past and a future, with innovators and entrepreneurs, and of art, craftsmanship and industry. A glorious city that knows how to celebrate life.

This city full of opportunities is located on the central coast of South America. It gathers all of Peru's diversity and complexity in a vibrant and captivating metropolis. Also, it is the only city in America that stretches from the Andes to the ocean. It has the privilege of being the only capital city of South America located on the shores of the Pacific Ocean.

Lima can refer to a region, a province and a city (Lima Metropolitan Area) as well as a district. It comprises 43 districts (divided into Northern, Southern, Eastern and Central Lima), in addition to the other seven districts that are a part of the province of Callao.

Throughout its history, Lima has been bolstered by immigrants from other provinces of the country and other regions of the world. It has the largest ethnic Chinese community and the second largest Nikkei community in Latin America. It is safe to say it is a diverse city and that multiculturalism is its main resource.

When walking the streets of Lima, you can admire its churches, archaeological sites and colonial houses coexisting with modern buildings. Lima also offers a wide variety of cultural events and is recognized worldwide as the gastronomical capital of Latin America.

2.2 Lima's Cuisine

Lima is Peru's meeting point and, as such, it is a melting pot of cuisines enriched by the historic influx of migrants and products from other regions of Peru and the world. It is a huge pantry of fresh products, some of which are impossible to get elsewhere. This wide range of products is the secret to success of the current Gastronomical Capital of the Americas.

Lima gathers all of Peru's rich biodiversity in an exquisite metropolis: limes from the north that are used in cebiche, corn from Cuzco as a side dish for anticuchos and countless native potatoes of every color and texture. Also, Peru's main sources of flavor are its chili peppers; its popular and highly nutritious grains, like quinoa and kiwicha; and its coffee and cacao, which make city life sweeter and more enjoyable. Lastly, Peru is also known for its exotic Amazonian fruits, its aromatic spices from the Andes and its delicious pisco.

And, of course, its seafood. What would Lima's cuisine be without fish and traditional fishermen? But, also, what would Peru's cuisine be without its chefs, the guardians and creators of taste? They are the greatest collectors of historical and ancestral culinary knowledge, creators of new trends and flavors, innovative revolutionaries capable of bringing everyone together at the same table. Thus, Lima combines the knowledge and flavor of an entire country.

There are approximately 220 thousand restaurants in Lima, with several options inspired by the world's flavors and expertise.

Peruvian cuisine was declared "Cultural Heritage of the Americas" by the Organization of American States (OAS) in 2011.

Peru loves fusion cuisine, the abundance of its fields and the fruits of the sea. Its gastronomy is a fascinating combination of splendid climate, exotic—and sometimes spicy—products and a generation of chefs that are the best ambassadors of their cuisine around the world.

Peru has ten products with protected designation of origin such as pisco, Villa Rica coffee, Cuzco's giant white corn and Ica's lima bean. Moreover, it has over 3000 varieties of domesticated potato.

2.3 Information about Peru

Peru is located on the west side of South America and covers 1,285,215 km² of land and 200 nautical miles of the Pacific Ocean. With over 10 thousand years of history, it boasts great cultural richness, a delicious and award-winning cuisine, impressive archaeological sites, UNESCO World Heritage sites and vast nature reserves.

Peru has more than 31.5 million inhabitants. It can be divided into three major regions: coast, highlands and jungle, giving the country an immense multiplicity of landscapes. These regions comprise 11 ecoregions and 84 life zones of 117 that exist in the world. Due to its diverse geography, Peru has a wide variety of natural resources.

It has abundant forests, generous distances and ancient cultures. It is the third most megadiverse country on the planet thanks to its wide variety of orchids, birds and butterflies, and a lush Amazon, which has been recognized and awarded as one of the Seven Natural Wonders of the World.

Peru is also home to one of the seven wonders of the modern world: the citadel of Machu Picchu. In the region of Puno, over 3800 meters above sea level, you can visit the enchanting islands of Titicaca, the highest navigable lake in the world.

Peru has 12 World Heritage Sites and eight Intangible Cultural Heritage sites, awarded by UNESCO.

More than sixty native languages are spoken in the country, such as Aymara and Quechua. Also, it still preserves a musical scenery with native instruments like the quena and siku, melodies that feature joyful Afro-Peruvian beats and Andean music such as huayno and harawi.

Furthermore, it placed 9th in global entrepreneurship according to the 2015 Global Entrepreneurship Monitor report (GEM). Finally, it also won the World's Leading Meetings & Conference Destination in 2015 at the World Travel Awards (WTA).

Ancient Peruvians were skilled metalsmiths who turned silver and gold into precious jewels over 3000 years ago. They were also amazing craftsmen, who showed their vision of the world in clay pots and carved gourds. Their ancestral techniques were inherited by local entrepreneurs who now sell their products in the most demanding international markets.

Peru is a destination that shares its customs. Close to 3000 traditional festivals are celebrated nationally every year. Peruvian cities such as Lima, Cuzco and Arequipa were listed as UNESCO World Cultural Heritage Sites. Also, Peru was the home of ancient civilizations that grew cherishing the sand of the desert, the heavy rains of the Andes or the humid forests of the mountains.

Peru currently produces 80% of the world's alpaca clothing, an excellent Andean fiber that has become a symbol of elegance and exclusivity. Over 120 thousand families are involved in the supply chain of this valuable camelid fiber.

2.4 Peru as Host of Major Events

Peru has organized several sports events and international sports meetings over the years. The 2012, 2013 and 2019 editions of the Rally Dakar and the 131st International Olympic Committee (IOC) Session in 2017 are some examples that it is ready to house world-class events, considering it has both infrastructure and security.

Hosting the 2019 Pan American and Parapan American Games is very important for a city that is committed to promoting sports among its citizens. Lima is getting ready to welcome 6,682 athletes from 41 countries of the Americas during the Pan American Games. A total of 1890 athletes will arrive from 33 countries for the Parapan American Games.

The Peruvian capital hosted the I Beach Bolivarian Games (from November 1 to 11 in 2012). A year later, the XVII Bolivarian Games took place in Lima and Trujillo between November 16 and 30, featuring close to 5000 athletes from 11 countries.

Peru has also hosted the "Copa América" on six occasions: 1927, 1935, 1939, 1953, 1957 and 2004. It was also the official venue of the FIFA U-17 World Cup in 2005 and the final was held at the National Stadium of Lima.

Furthermore, Peru had the privilege of hosting the FIVB Volleyball World Championship at the Coliseo Amauta (Lima), the Coliseo Gran Chimú (Trujillo) and the Coliseo Cerrado de Ica (Ica), between September 12 and 25, 1982. Additionally, the FIVB Volleyball Women's U-20 World Championship took place in Lima and Trujillo in 2011.

The South American Games were also held in Lima (from December 1 to 10, 1990). Later on, our country hosted the I South American Youth Games from September 20 to 29, 2013.

As mentioned previously, Peru was part of the Dakar Rally in 2012, 2013 and 2018. Four stages took place during the first year and the race ended in Lima. In 2013, five stages of the world's largest rally were contested in the Peruvian capital. In 2018, six and a half stages of the competition were contested in Peru, starting in Lima and passing through Puno to its final stop in Bolivia. The Rally was held entirely in Peru in 2019.

Moreover, the 131st IOC Session was held in September 2017 at the Lima Convention Center in Peru, with the presence of leaders of the National Olympic Committees (NOCs). During this meeting, Paris and Los Angeles were chosen as host cities of the 2024 and 2028 Olympic Games, respectively.

In 2011, the 3rd FINA World Junior Swimming Championships was held in Peru. The competition venue was Campo de Marte.

A variety of sports events can be hosted in Peru due to its natural areas and its infrastructure. Off-road races across dunes and mountains, ultramarathons through the desert, triathlons on the shores of the Pacific Ocean and multi-sports games on different sports stages are some examples that show that Peru is an attractive place to organize high-impact competitions.

2.5 Currency

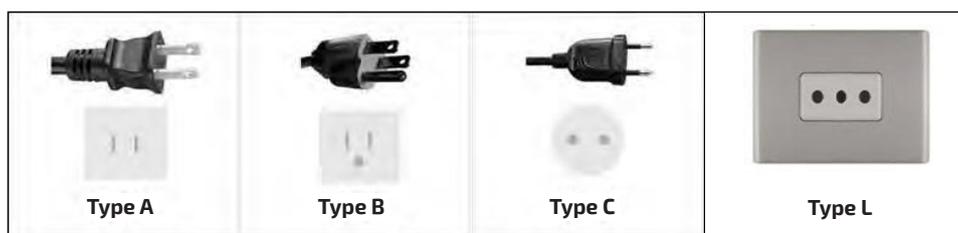
The national currency is the sol (PEN), but the American dollar (USD) and the euro (EUR) are also accepted.

2.6 Language

Spanish, the official language of Peru, is spoken by 84% of the population. In addition, 47 indigenous languages, including Quechua and Aymara, are spoken in the country.

2.7 Electricity

Voltage in Peru is 220 Volts and 60 Hertz. Outlets are type A/B/C/L plugs.



3 LIMA 2019

Peru will be the host of the Lima 2019 Pan American and Parapan American Games for the first time in its history.

Clusters: - 6 competition - 6 training	Venues: - 39 competition - 14 training	Sports Program: - 39 sports - 61 disciplines	Participants: - 6682 athletes
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3.1 Milco, Lima 2019 Official Mascot

Milco is a very cheerful, optimistic and friendly mascot, whose arms are always open, ready to welcome all visitors who arrive to the Lima 2019 Games.

Lima has a cultural background that makes us proud, and that is what our mascot highlights. One of Milco's favorite colors is red—also the color of our flag—because it represents passion! He wants to transmit this passion to all Lima 2019 participants, so that they give their best in each competition.

Milco is based on cuchimilcos, statuettes from the pre-Hispanic cultures of mid-western Peru such as Lima, Chancay and Chincha. This mascot was chosen by popular vote, when he obtained 19,895 votes. He beat two other candidates: Amantis, which represents the amancaes flower, and Wayqi, a gecko from the huacas of Lima.

A total of 44,514 people from Peru and abroad participated in selecting the Pan American and Parapan American Games mascot. With this number a new voting record was set, breaking that of Guadalajara 2011 and Toronto 2015.

Initially, over 1000 design proposals from across the country were submitted. From there, a specialized jury selected three finalists. They then entered an online popular vote on the Games' official website (www.lima2019.pe).

4 KEY INFORMATION

4.1 Key Dates

April 26, 2019	Preliminary/long list
April 26, 2019	Lima 2019 entry by number deadline
June 26, 2019	Lima 2019 entry by name deadline
July 16, 2019	Pan American Village pre-opening
July 21, 2019	Official opening of the Pan American Village
July 26, 2019	Pan American Games Opening Ceremony
August 1, 2019	Start of official training prior to competition
August 4, 2019	Meeting of the Swimming Technical Commission of UANA / followed by meetng of TSC
August 5, 2019	Technical meeting / followed by technical officials' meeting
August 6, 2019	Competitions start
August 11, 2019	Pan American Games Closing Ceremony
August 13, 2019	Closing of Pan American Village

4.2 Key Personnel

President of the Fédération Internationale de Natation (FINA)	Julio Maglione	maglione.fina@cou.org.uy
President of Unión Americana de Natación (UANA) [Swimming Union of the Americas]	Dale Neuburger	dneuburger@tseconsulting.com
FINA Technical Delegate	Errol Clarke	eclarke033@gmail.com
UANA Executive Director	Gregory Eggert	gregory.eggert@gmail.com
International Technical Delegate	Sonia O' Neal	sonpat@caribsurf.com
Federación Deportiva Peruana de Natación [Peruvian Swimming Federation]	Carlos Eduardo Tabini Pareja	lalotabini@msn.com
Head of Sports of the Organizing Committee	Gustavo San Martín Castillo	gsanmartin@lima2019.pe
Head of Sports Competitions	Mauricio Pinzón	mpinzon@lima2019.pe
Sport Group Manager Aquatics	Alvaro Del Pozo Jacobs	adelpozo@lima2019.pe

5 COMPETITION

EVENTS	
Men (17)	Women (17)
50 m freestyle	50 m freestyle
100 m freestyle	100 m freestyle
200 m freestyle	200 m freestyle
400 m freestyle	400 m freestyle
800 m freestyle	800 m freestyle
1500 m freestyle	1500 m freestyle
100 m backstroke	100 m backstroke
200 m backstroke	200 m backstroke
100 m breaststroke	100 m breaststroke
200 m breaststroke	200 m breaststroke
100 m butterfly	100 m butterfly
200 m butterfly	200 m butterfly
200 m individual medley	200 m individual medley
400 m individual medley	400 m individual medley
RELAYS	RELAYS
4x100 m freestyle relay	4x100 m freestyle relay
4x200 m freestyle relay	4x200 m freestyle relay
4x100 m medley relay	4x100 m medley relay
MIXED RELAYS (2)	
4 x 100 m medley relay	
4 x 100 m freestyle relay	

5.1 Date

From August 6 to 10, 2019.

5.2 Competition Venue

Aquatic Center, National Sports Village (VIDENA).

5.2.1 Address

Avenida Canadá, cuadra 30 s/n, puerta 10, San Luis.

5.2.2 Competition Venue Overview

The new and modern aquatics center will welcome athletes participating in the swimming competitions.

It has one underground level and two upper levels.

At the underground level you can find the following indoor pools:

- One warm-up pool: 50 m long, 25 m wide and 2 m deep.
- One competition pool: 50 m long, 25 m wide and 3 m deep.
- One diving pool: 21 m long, 25 m wide y 5.5 m deep.

Complementary services and access to stands for accredited persons are located on the first level. Complementary services and access to stands for spectators are located on the second level.

5.2.3 Services

The competition venue includes:

- Changing rooms and showers
- Athletes' zone
- Judges' zone
- First-aid station for athletes and spectators

- Stands for spectators and accredited persons
- Mixed zone (press and TV)
- Pan American Family lounge
- Doping control facilities
- Storage areas
- Broadcast center

5.2.4 Electricity

The voltage at the competition venue will be 220V - 240V and the frequency of alternating current will be 60Hz. Type L plugs will be used. (Which also applies for type C plugs).

5.3 Competition Format

The swimming competition will consist of 36 events: 17 for men, 17 for women and two for mixed relays. The structure of the competition will be as follows:

- The competition will be conducted in eight lanes.
- The competition will feature preliminary heats, A finals and B finals in all events except for the 800 m freestyle (women and men), 1500 m freestyle (women and men) and relay events.
- The 800 m freestyle (women and men) and 1500 m freestyle (women and men) will be conducted as a timed final event with the fastest eight seeded swimmers competing in the evening's finals session.
- Relay events will feature preliminary heats and A finals.
- Mixed relays will consist of two male competitors and two female competitors.

5.3.1 Competition Draw

Start lists will be seeded according to Fédération Internationale de Natation (FINA) rules, based on the swimmers in the final entry list.

For preliminary heats, the fastest 24 swimmers—except 400 m freestyle and 400 m individual medley—will be distributed in the last three heats according to FINA rules, with the remaining swimmers then placed in earlier heats according to their qualification times.

For the 400 m freestyle and 400 m individual medley events, the fastest 16 swimmers seeded will be distributed in the last two heats according to FINA rules, with the remaining swimmers then placed in earlier heats according to their qualification times.

For the 800 m freestyle and 1500 m freestyle events, swimmers will be seeded according to the final times format, with the slowest swimmers in the first heat and the fastest swimmers in the evening finals session. Start lists will be produced following the team leaders' meeting held one day prior to the start of the competition.

5.3.2 Starting Positions

The starting positions for all swimming events at the Pan American Games will be based on seeding as outlined in the FINA Handbook.

5.4 Competition Schedule

Date	Session	Times	Details	Gender	Phase
August 6	Session 1	11:00 - 14:15	400 m freestyle	Women	Heats
			400 m freestyle	Men	Heats
			100 m breaststroke	Women	Heats
			100 m breaststroke	Men	Heats
			200 m butterfly	Women	Heats
			200 m butterfly	Men	Heats
			4 x 100 m freestyle relay	Women	Heats
			4 x 100 m freestyle relay	Men	Heats
	Session 2	20:30 - 22:45	400 m freestyle	Women	A and B Finals
			400 m freestyle	Men	A and B Finals
			100 m breaststroke	Women	A and B Finals
			100 m breaststroke	Men	A and B Finals
			200 m butterfly	Women	A and B Finals
			200 m butterfly	Men	A and B Finals
4 x 100 m freestyle relay			Women	Final	
4 x 100 m freestyle relay			Men	Final	
August 7	Session 3	11:00 - 14:15	200 m freestyle	Women	Heats
			200 m freestyle	Men	Heats
			100 m butterfly	Women	Heats
			100 m butterfly	Men	Heats
			200 m backstroke	Women	Heats
			200 m backstroke	Men	Heats
			4 x 100 m freestyle relay	Mixed	Heats
			Session 4	20:30 - 22:30	200 m freestyle
	200 m freestyle	Men			A and B Finals
	100 m butterfly	Women			A and B Finals
	100 m butterfly	Men			A and B Finals
	200 m backstroke	Women			A and B Finals
	200 m backstroke	Men			A and B Finals
	4 x 100 m freestyle relay	Mixed	Final		

Date	Session	Times	Details	Gender	Phase
August 8	Session 5	11:00 - 14:15	100 m freestyle	Women	Heats
			100 m freestyle	Men	Heats
			200 m breaststroke	Women	Heats
			200 m breaststroke	Men	Heats
			100 m backstroke	Women	Heats
			100 m backstroke	Men	Heats
			800 m freestyle	Women	Slow heats
			800 m freestyle	Men	Slow heats
			Mixed 4 x 100 m medley relay	Mixed	Heats
	Session 6	20:30 - 23:00	100 m freestyle	Women	A and B Finals
			100 m freestyle	Men	A and B Finals
			200 m breaststroke	Women	A and B Finals
			200 m breaststroke	Men	A and B Finals
			100 m backstroke	Women	A and B Finals
			100 m backstroke	Men	A and B Finals
			800 m freestyle	Women	Fast heat
			800 m freestyle	Men	Fast heat
			Mixed 4 x 100 m medley relay	Mixed	Final
August 9	Session 7	11:00 - 14:15	50 m freestyle	Women	Heats
			50 m freestyle	Men	Heats
			400 m individual medley	Women	Heats
			400 m individual medley	Men	Heats
			4 x 200 m freestyle relay	Women	Heats
			4 x 200 m freestyle relay	Men	Heats
	Session 8	20:30 - 22:30	50 m freestyle	Women	A and B Finals
			50 m freestyle	Men	A and B Finals
			400 m individual medley	Women	A and B Finals
			400 m individual medley	Men	A and B Finals
			4 x 200 m freestyle relay	Women	Final
			4 x 200 m freestyle relay	Men	Final

Date	Session	Times	Details	Gender	Phase
August 10	Session 9	11:00 - 14:15	1500 m freestyle	Women	Slow heats
			200 m individual medley	Women	Heats
			200 m individual medley	Men	Heats
			1500 m freestyle	Men	Slow heats
			4 x 100 m medley relay	Women	Heats
	Session 10	20:30 - 22:30	4 x 100 m medley relay	Men	Heats
			1500 m freestyle	Women	Fast heat
			200 m individual medley	Women	A and B Finals
			200 m individual medley	Men	A and B Finals
			1500 m freestyle	Men	Fast heat
			4 x 100 m medley relay	Women	Final
			4 x 100 m medley relay	Men	Final

5.5 Training Schedule and Venues

Aquatic Center, National Sports Village (Videna).

Swimming training sessions will take place from August 1 to 5, 2019, at the competition and training pools of the VIDENA Aquatic Center. Both pools will be open from 08:00 to 22:00. Training will be carried out in an open format, without pre-assigned schedules or team lanes. However, training in competition pools will be restricted 30 minutes before diving competitions start and up to 15 minutes after diving ends. The alternate training pool will be open on a continuous schedule. Team leaders are required to program their training sessions accordingly.

August 1, 2, 4 and 5, 2019		
Times	Main pool	Alternate pool
08:00 - 09:30	Open	Open
09:30 - 12:30	Closed	Open
12:30 - 18:30	Open	Open
18:30 - 22:00	Closed	Open

August 3, 2019		
Times	Main pool	Alternate pool
08:00 - 09:30	Open	Open
09:30 - 15:00	Closed	Open
15:00 - 18:30	Open	Open
18:30 - 22:00	Closed	Open

Swimming training sessions from August 6 to 10 will take place according to tables corresponding to each day.

Tuesday, August 6, 2019		
Times	Main pool	Alternate pool
08:00 - 10:40	Open	Open
10:40 - 11:00	Closed	Open
11:00 - 14:15	Competition	Open
14:15 - 20:10	Open	Open
20:10 - 20:30	Closed	Open
20:30 - 22:45	Competition	Open
22:45 - 00:00	Open	Open

Wednesday, August 7, 2019		
Times	Main pool	Alternate pool
08:00 - 10:40	Open	Open
10:40 - 11:00	Closed	Open
11:00 - 14:15	Competition	Open
14:15 - 20:10	Open	Open
20:10 - 20:30	Closed	Open
20:30 - 22:30	Competition	Open
22:30 - 00:00	Open	Open

Thursday, August 8, 2019		
Times	Main pool	Alternate pool
08:00 - 10:40	Open	Open
10:40 - 11:00	Closed	Open
11:00 - 14:15	Competition	Open
14:15 - 20:10	Open	Open
20:10 - 20:30	Closed	Open
20:30 - 23:00	Competition	Open
23:00 - 00:00	Open	Open

Friday, August 9, 2019		
Times	Main pool	Alternate pool
08:00 - 10:40	Open	Open
10:40 - 11:00	Closed	Open
11:00 - 14:15	Competition	Open
14:15 - 20:10	Open	Open
20:10 - 20:30	Closed	Open
20:30 - 22:30	Competition	Open
22:30 - 00:00	Open	Open

Saturday, August 10, 2019		
Times	Main pool	Alternate pool
08:00 - 10:40	Open	Open
10:40 - 11:00	Closed	Open
11:00 - 14:15	Competition	Open
14:15 - 20:10	Open	Open
20:10 - 20:30	Closed	Open
20:30 - 22:30	Competition	Open
22:30 - 00:00	Open	Open

5.6 Procedures Before, During and After the Competition

5.6.1 Procedures Before the Competition

5.6.1.1 Technical meeting

The technical meeting for coaches or appointed representatives of each NOC will be held on August 5 at 10:00, in the middle level of the VIDENA Aquatic Center (Auditorium).

A maximum of two representatives from each NOC may attend the technical meeting.

A representative of the Panam Sports Technical Commission, the Swimming Technical Delegate and the Lima 2019 Sport Manager will preside over the meeting, to be held in English with consecutive interpretation.

5.6.2 Competition Procedures

5.6.2.1 Warm-up and call to compete

MINUTES BEFORE THE COMPETITION	ACTIVITY	DETAILS
90 minutes (one hour and a half) before the session starts	Warm-up starts	Athletes may warm up in the competition pool and the training pool. The competition pool will be closed 20 minutes before the start of each session.
20 minutes before the session starts	End of warm-up	All athletes and team personnel must leave the water and the pool perimeter zone 20 minutes before the competition, as the pool will be closed 15 minutes before the session.
20 minutes before the race starts	Report to the first call room	For preliminaries and finals, athletes must report to the first call room with their accreditation and their equipment 20 minutes before the official time of their race. With their uniforms and logos in accordance with regulations. Athletes will be accompanied to the last call room. Technical officials will collect the athletes' accreditations in the last call room. Accreditations will be left at the doping control table, near the athlete exit, to be collected after the race.

5.6.2.2 Athlete uniforms

All athletes must wear the team uniform during the full competition. For finals and medal ceremonies, they must wear their NOC's clothing and appropriate shoes.

5.6.2.3 Backstroke ledges

There will be start devices for backstroke in the competition pool and in one lane of the training pool. The technical official will install the device on the starting block and will remove it after the race. Before the start of the race, technical officials and athletes may work together to adjust the device.

5.6.2.4 Seating for teams/accredited persons

Teams will be distributed in groups of seats of similar quantity and the position of the groups on the stands will be rotated daily.

During the competition, Lima 2019 will apply a free perimeter zone policy; movement around the pool will not be allowed during competition sessions.

5.6.2.5 Video recording

Seals or authorization procedures with the host broadcaster will not be necessary to bring non-professional video cameras into the venues. If a team wishes to record their own technical video in a competition pool, they may do so from the upper seating section for athletes, with non-professional video cameras. Teams will also be able to record videos with non-professional cameras during training or warm-up sessions.

All this video material may only be used for internal viewing purposes and never for commercial use.

5.6.2.6 Lactate testing

Teams undergoing lactate testing must be sure to discard any sharp objects and other accessories, in a secure and thoughtful manner, in the respective containers.

5.6.2.7 Cold tubs

Teams bringing their own cold tubs must make sure they are compatible with 220 V - 240 V voltage and a frequency of 60 Hz. The Aquatic Center has Type L outlets/plugs. Cold tubs are only allowed in the designated area.

5.6.3 Procedures After the Competition

5.6.3.1 Leaving the pool

Athletes must exit the pool from the sides, going under and not over each lane rope. Athletes must not exit the pool by climbing over the touchpads.

Athletes must collect their accreditations afterwards from the doping control table, and their clothes and belongings, before going through the mixed zone. There they will be informed of which athletes will undergo doping control.

5.6.3.2 Doping control

Athletes selected for doping control will be notified in person and escorted to the doping control station by an anti-doping team chaperon as quickly as possible, after the competition has ended. It will be the athlete's responsibility to remain under continued observation of the chaperone after being notified.

All NOCs, athletes and support personnel, including medics, must review and be familiar with Panam Sports Anti-Doping Rules, which are based on the current World Anti-Doping Code.

5.6.3.3 Mixed zone

The Lima 2019 Press Operations team will oversee mixed zones at competitions venues where the accredited press may interview athletes (and, in some cases, coaches) when they exit the competition pool. Athletes must go through the mixed zone and are recommended to talk to the press.

Athletes will first go through the mixed zone's broadcast area before they reach the press area. Every effort will be made to ensure that interviews are limited to a reasonable length of time so all athletes are able to make their statements before leaving the mixed zone.

5.6.3.4 Results distribution

Printed results will be available for NOCs to pick up at the sports information desks in competition venue and at the Pan American Village Sports Information Center. The results of every sport will also be available on the Lima 2019 website.

5.6.3.5 Medal ceremonies

Medal ceremonies will be held at the venue during the finals sessions, alternating between A and B finals, when applicable. Bronze, silver and gold medals for athletes in third, second and first place, respectively, will be awarded at the medal ceremony. Medal ceremonies will include hoisting the corresponding flags and playing the national anthem of each gold medal winner.

Medal ceremonies will be held in English and Spanish. Panam Sports Executive Committee will appoint the medal presenters.

In compliance with Panam Sports regulations, all athletes will attend medal ceremonies in the NOC's sports uniform or in the uniforms approved for competitions. Athletes will not be allowed to stand on the podium if they are carrying flags, posters, unauthorized brands, or commercial slogans of any kind.

5.7 Regulations, Protests, Appeals, Uniforms and Equipment

5.7.1 Rules

In accordance with Article 52 of the UANA Constitution, the 2017-2021 FINA Handbook, will govern the competition, with such amendments as the UANA Executive Committee may consider to be necessary to adopt such rules and regulations to its continental championship, specifically including the following substitution for FINA GR 9.3.

(GR 9.3) Jury of Appeal

(GR 9.3.1) For the Lima 2019 Pan American Games, the Jury of Appeal shall be composed of the Executive Committee of UANA, the Honorary Members present and the FINA delegate present. The president of UANA or, in his absence, the vice president, will be the Chairman. Each member shall have one vote, except as provided hereunder. In in case of equality of voting, the Chairman has a casting vote.

(GR 9.3.2). A jury member is allowed to speak, but not to vote, on a case in which the interest of his own Federation is involved. A jury member having acted as an official is not allowed to vote on a case if there is a protest against their decision or on their interpretation of a rule. In case of urgency, the jury may vote on a matter even if it has not been possible to call all the members. The decision of the jury is final.

5.7.2 Protests

Protests will be carried out according to FINA rules:

1. Protests are possible (GR 9.2.1):
 - a. if rules and regulations for the conduct of the competition are not observed.
 - b. if other conditions endanger the competitions and/or competitors.
 - c. against decisions of the referee; However, no protest shall be allowed against decisions of fact.
2. Protest must be submitted (GR 9.2.2):
 - a. to the referee.
 - b. in writing on FINA forms.
 - c. by the responsible team leader.
 - d. together with a deposit of 500 Swiss francs or its equivalent.
 - e. within 30 minutes following the conclusion of the respective event or match.

If the conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given.

(GR 9.2.3). All protests shall be considered by the referee. If the referee rejects the protest, they must state the reasons for their decision. The team leader may appeal the rejection to the Jury of Appeal whose decision shall be final. The UANA Technical Commission in each discipline shall consider the protest and give recommendations to the Jury of Appeal.

(GR 9.2.4). If the protest is rejected, the deposit will be forfeited to the management body of the competition. If the protest is upheld, the deposit will be returned.

5.7.3 Uniforms and Equipment

Uniforms and sports equipment for the Lima 2019 Pan American Games swimming competition must comply with the requirements detailed in the following documents, which will be in force during the Games:

- 2017-2021 FINA Handbook
- Panam Sports Regulations
- Competition uniform and sports equipment guidelines

5.8 Technical Officials, Judges and Jury

For the 2019 Pan American Games, Technical Officials (TO) will include:

JUDGING STRUCTURE SWIMMING	ITO	NTO
Referees	2	
Starters	2	
Stroke Judges	4	
Chief Inspectors of Turns	2	
Inspectors of Turns	10	6
Clerks of course	2	
Control Room Supervisor	1	
Call Room Officials	2	2
Comission (2 per gender)	3	
Reserve Officials	4	
Announcer (English/ Spanish)	1	1
	33	9

5.9 Technical Meetings

The technical meeting will take place on August 5, 2019, at 10:00 at the VIDENA Aquatic Center (Auditorium).

5.10 Medals and Diplomas

Gold, silver and bronze medals will be awarded in all events of the Lima 2019 Pan American Games Swimming competition. In accordance with Panam Sports regulations, diplomas will be given to all participating athletes.

EVENT	GOLD	SILVER	BRONZE	TOTAL
Men's 50 m freestyle	1	1	1	3
Men's 100 m freestyle	1	1	1	3
Men's 200 m freestyle	1	1	1	3
Men's 400 m freestyle	1	1	1	3
Men's 800 m freestyle	1	1	1	3
Men's 1500 m freestyle	1	1	1	3
Men's 100 m backstroke	1	1	1	3
Men's 200 m backstroke	1	1	1	3
Men's 100 m breaststroke	1	1	1	3
Men's 200 m breaststroke	1	1	1	3
Men's 100 m butterfly	1	1	1	3
Men's 200 m butterfly	1	1	1	3
Men's 200 m individual medley	1	1	1	3
Men's 400 m individual medley	1	1	1	3
Men's 4 x 100 m freestyle relay	1	1	1	3

Men's 4 x 200 m freestyle relay	1	1	1	3
Men's 4 x 100 m medley relay	1	1	1	3
Women's 50 m freestyle	1	1	1	3
Women's 100 m freestyle	1	1	1	3
Women's 200 m freestyle	1	1	1	3
Women's 400 m freestyle	1	1	1	3
Women's 800 m freestyle	1	1	1	3
Women's 1500 m freestyle	1	1	1	3
Women's 100 m backstroke	1	1	1	3
Women's 200 m backstroke	1	1	1	3
Women's 100 m breaststroke	1	1	1	3
Women's 200 m breaststroke	1	1	1	3
Women's 100 m butterfly	1	1	1	3
Women's 200 m butterfly	1	1	1	3
Women's 200 m individual medley	1	1	1	3
Women's 400 m individual medley	1	1	1	3
Women's 4 x 100 m freestyle relay	1	1	1	3
Women's 4 x 200 m freestyle relay	1	1	1	3
Women's 4 x 100 m medley relay	1	1	1	3
Mixed 4 x 100 m medley relay	1	1	1	3
Mixed 4 x 100 m freestyle relay	1	1	1	3
TOTAL	36	36	36	108

5.11 Late Replacement Policy for the Lima 2019 Pan American Games

Entry information for all sports must be ready and must be received by the Sport Entries Department of the Lima 2019 Organizing Committee before midnight (Eastern time) on June 26, 2019.

In exceptional cases, when urgent medical problems or other issues arise, and based on a case-by-case assessment, Panam Sports, the International Federations (IFs) and Pan American Sports Confederations may allow an athlete to be replaced by another in the same sport, discipline and event, even after the aforementioned date. According to Pan American Games regulations, an athlete can replace another registered athlete if the following conditions are met:

- The National Olympic Committee (NOC) of the replacement athlete has requested the athlete's accreditation prior to the accreditation application deadline.
- There are no pending cases of doping offenses involving the replacement athlete.
- The replacement athlete has the right and is qualified to participate in the Games as stipulated in the Qualification System of the corresponding sport.
- The Panam Sports Executive Committee approves the replacement request.

When and if these conditions are met, the following actions shall be undertaken:

- The NOC member must fill out a Replacement Athlete Form for the athlete being replaced and the replacement athlete, signed by the Chef de Mission or the Deputy Chef the Mission.¹
- The replacement athlete and the relevant NOC member must fill out the Eligibility Conditions Form and, if required, a Sport Entry Form.
- The accreditation card of the athlete being replaced must be delivered to the Accreditation Center and canceled, so that the accreditation rights can be transferred to the replacement (subject to the approval of the Panam Sports Executive Committee, as previously stated).

Note: Athlete replacements may normally be considered up to 24 hours prior to the technical meeting of the corresponding sport or later, as determined by Panam Sports and the corresponding IF/CP.

All documents ² and questions regarding the policy must be emailed to the Lima 2019 Sports Entries Department at sportentries@lima2019.pe, or delivered in person to the Pan American Village (during the Games).

The Sport Entry Department will send a copy of the documentation to the Accreditation team and Panam Sports. In exceptional cases, this policy will be subject to the review of Panam Sports.

[1] A printed copy of the Sport Entry Form must be requested from the Sport Entries Department.

[2] Include documentation that supports the replacement request (e.g. medical certificates) in English and Spanish.

5.12 Sports Equipment

The complete list of sports equipment that will be used in each discipline will be published in 2019 on the Lima 2019 Extranet.

5.13 Food and Refreshments

Catering service for athletes and personnel will be available at venues only during training and competition days, while service for technical officials will only be available during competition days.

Refreshment stations will be available for athletes and personnel, with cold beverages, fruits and snacks in the athlete rest area at all training and competition venues. Similarly, refreshment stations will be provided for Technical Officials with beverages (cold and hot), fruits and snacks at the technical official rest area. Both services will be available one hour before and up to one hour after the day's training session or competition ends.

5.13.1 Meals at Competition Venues

This service will be available for athletes, staff and technical officials that are not at the Pan American Village due to extended competition times. It must be requested in advance.

5.13.2 Box Lunch

This service will only be available for athletes and staff that are not at the Pan American Village during competition days. It must be requested 24 hours in advance and delivered to the Pan American Village. Box Lunch service includes sandwiches, cold beverages and fruits. A vegetarian option will also be available.

5.14 Medal Ceremonies

Medal ceremonies will be held at the venue, immediately after the final competition ends, when applicable. Bronze, silver and gold medals for the athletes in third, second and first place, respectively, will be awarded at the medal ceremony. Ceremonies will include hoisting the corresponding flags and playing the national anthem of each gold medal winner.

Medal ceremonies will be held in English and Spanish. The Panam Sports Executive Committee, International Olympic Committee members, presidents of the International Federation and the Continental Federation, or government dignitaries will be in charge of awarding medals.

In compliance with Panam Sports regulations, all athletes will attend the medal ceremonies in the NOC's sports uniform or in the uniforms approved for competitions. Athletes will not be allowed to stand on the podium if they are carrying flags, posters, unauthorized brands, or commercial slogans of any kind.

All medalists and the athletes that place fourth to eighth place will receive a diploma, which will be distributed at the NOC Services Center in the Pan American Village.

Athletes and team officials that participate in the Lima 2019 Pan American Games will receive a commemorative medal and a certificate of participation, which will be distributed at the NOC Services Center in the Pan American Village. Medal ceremonies will be conducted in Spanish and English.

5.14.1 Anthems

Each NOC confirmed the version of their anthem at the Chefs de Mission Seminar in January 2019. These versions will be used for each of the anthems played during medal ceremonies.

5.14.2 Flags

Each NOC sent their flag approval to the NOC Relations and Services team. Medal ceremony flags will be manufactured in accordance with their approved version. They will be displayed on either movable poles, flag poles or trapeze systems, depending on the venue.

5.15 Sports Information Desks at Competition Venues

Sport information desks will be located at the various venues, where they will distribute key details about the Lima 2019 sports program, such as:

- Distribution of event start lists/tables, results and other information, including schedule updates when required.
- Information regarding training schedules and help with booking and modification of training sessions for selected sports.
- Communication with sports information centers in all competition venues.

The sports information desks' hours of operation will be based on the schedule of the competitions taking place in each venue.

6 NOC RELATIONS AND SERVICES

6.1 The Team

The NOC Relations and Services team is responsible for building flexible relations with each National Olympic Committee (NOC) in order to ensure that participating delegations receive the highest quality service possible during the Lima 2019 Pan American Games.

The team's main responsibility is to look after the interests and needs of the participating countries, and to represent them during the Games. As the main and only liaison, they are in charge of exchanging information between NOCs and the functional areas of the Organizing Committee in a timely manner. This feedback is crucial for the operational planning stage of the Games in order to guarantee athletes and officials will have a great experience at Lima 2019.

6.2 Communicating with NOCs

The Lima 2019 extranet (<https://extranet.lima2019.pe>) is a virtual platform for sharing up-to-date information, key dates and publications with NOCs.

Official communications will be uploaded to the extranet and updates will be sent to the main contact person registered by the NOC. We recommend that NOCs check the extranet frequently.

Official communications will also be sent via email and, if you require personalized assistance, you may always contact the regional coordinator assigned to your NOC via email at noc@Lima2019.pe.

During the Games, information will be constantly updated on the extranet and communicated via email to the addresses confirmed by your NOC during the registration meeting (DRM).

7 ARRIVALS AND DEPARTURES

7.1 GMS Arrivals and Departures Module

Arrival and departure information of NOC delegation members will be registered and managed on the Games Management System (GMS).

NOCs will have access to the GMS to load flight, regular baggage, special baggage information, etc., or they can send the information to airtickets@lima2019.pe.

All services provided by the Special Project such as transportation, accommodations, etc., will be downloaded from the GMS, therefore it is important for NOCs to upload all the itinerary information in a timely manner.

Any changes during Games-time must be informed to the NOC Services Center, where AAD will have a customer service desk at the Pan American Village, and/or sent to airtickets@lima2019.pe.

7.2 Jorge Chávez International Airport

The Jorge Chávez International Airport, located in the Province of Callao, is Peru's main port of entry and exit. Due to its location, it services the city of Lima and will also be the only official port of entry and exit for Lima 2019 Pan American Games participants.

Strategically located in the middle of South America's west coast, it represents an important international connection point inside the continent, with direct flights to the main cities of the world. It is for this reason that it serves more than 22 million passengers a year. However, it has a smaller surface area than other airports that receive a similar passenger flow. NOCs are advised to take this into consideration when planning their arrival and departure operations.

Representatives of the Lima 2019 Arrivals and Departures team will be at the airport to assist Games participants with the following processes:

Entry control and immigration control

- Personal and sports baggage pick-up
- Customs control
- Animal control
- Weapons control at arrival and departure
- Departure check-in with all airlines
- Security control and exit immigration control

Additionally, the Organizing Committee will offer the following services at the official airport:

- Tracking assistance for lost baggage or baggage with an issue
- Information desk
- Guides to Pan American Village and Satellite Accommodation transfer areas

7.3 Arrivals

Services will be available from July 16 to August 11 for all accredited participants. However, personnel will be at the airport as of July 8 to provide assistance and directions. This service will not include transportation from the airport, as that will be available starting on July 16. Participants with a port of entry (or exit) other than Jorge Chávez Airport will not have access to these services.

The deadline to send itinerary information will be June 30, 2019.

7.4 Baggage and Sports Equipment

The Lima 2019 team will be present at the baggage claim area to assist and guide you to the arrival terminal exit and to the transportation zone.

7.4.1 Tags

Upon arriving at the airport, all baggage and sports equipment must be duly identified with the tags sent with the PVC to each NOC. This way, the baggage can be separated by delegation and it will facilitate the control procedures of the entities involved in airport processes.

7.4.2 Misplaced, Lost and Damaged Baggage

In the event that checked baggage does not arrive or is damaged, the owner must file a claim with the airline before leaving the airport baggage claim area. The Arrivals and Departures team will take note of the claim number and will assist in the corresponding follow-up with the airline until the claim is resolved, for the duration of the Games.

7.4.3 NOC Support Delegates' Access to Baggage Claim Area

Access to the baggage claim area will only be available for delegates previously accredited by their respective NOC.

Upon arriving at the airport, the assigned delegates must go to the Lima 2019 information desk, located in the international arrivals hall. There they will be able to contact our team, who will help them collect their credentials and guide them to the baggage claim area.

7.5 Entry of Firearms and Ammunition

In order to enter firearms and ammunition into the country, participants must go to the firearms control area after claiming their baggage, where SUCAMEC (National Superintendence for the Control of Security Services, Arms, Ammunition and Explosives for Civilian Use) specialists will verify the weapons, checking against the information sent by each NOC, which was previously authorized by the Peruvian Government, according to the Customs Manual.

SUCAMEC will then issue the corresponding entry certificate, together with Customs and, afterwards, athletes will hand over their firearms to the Lima 2019 logistics operator who is in charge of transferring them to the competition venue.

7.6 Restrictions and Prohibitions on the Temporary Import of Goods

Lima 2019 participants may go through the customs control green circuit. This includes less frequent random checks. However, the customs officer may need to check the baggage of a member of your delegation. The check consists of placing baggage on a scanner conveyor belt. If necessary, the customs officer may request a second manual screening control.

If there are no items in your baggage you need to declare, you may go directly to the exit. If you have prohibited or restricted items with you, you must declare them on the "Sworn Baggage Declaration" and submit it to the customs specialist.

The Sworn Baggage Declaration may be downloaded at the following link:

<http://www.sunat.gob.pe/orientacionaduanera/viajeros/formatos/DDJJ-Espanol.pdf>
<http://www.sunat.gob.pe/orientacionaduanera/viajeros/formatos/DDJJ-Ingles.pdf>

For special entries such as weapons, ammunition, medicines, equines, bicycles and other sports equipment.

7.7 Arrivals Information Desk

There will be an information desk located in the international arrivals hall. It will provide information on:

- Games basics
- Transportation schedules
- Addresses
- Accreditation (basic information) for delegation support personnel.

- Meals (airport establishments)
- Other relevant information

The desk will be available 24 hours a day, from July 16 to August 13.

7.8 Transportation Upon Arrival

After going through customs, delegations must go to the transportation area to transfer to their corresponding destination. The Lima 2019 team will guide delegations to the pick-up area.

The official logistic operator of the Lima 2019 Customs Department will transfer competition boats for sailing, canoe and rowing, as well as all related sports equipment, from the country of origin to the competition venue.

Upon arrival at the Pan American Village, the security protocol for access control will be activated, including baggage identification and screening.

7.9 Exit of Baggage and Sports Equipment

7.9.1 Remote Baggage Check-in

The Arrivals and Departures department will be in charge of the remote check-in service for athletes with their baggage. This service will be only available at the Pan American Village, located in Villa El Salvador.

The main goal of this process is to facilitate the departure of athletes and team officials so each delegation arriving at the Jorge Chávez International Airport can go directly through security and immigration control before going to the boarding areas, avoiding delays and overcrowding at airlines desks.

Airlines will be in charge of each athlete's documentation process at the Welcome Center of the Pan American Village, which will be equipped for such process.

Remote check-in will only be provided for departing athletes after the Closing Ceremony. That is, on August 10, 11 and 12 for departures on August 12 and 13.

It should be noted that the availability of the remote check-in service will be subject to the agreements reached with each NOC at the DRM.

Athletes and team officials will be responsible for taking both their personal and sports baggage to the Welcome Center. Airlines will carry out the athlete's documentation process with their personal and sports equipment. Once they have their documents,

each athlete will take their baggage to the transport mall and hand them over to the assigned trucks. At the end of the process, trucks will be closed and sealed for their trip to the airport.

The Lima 2019 Logistics department will be in charge of baggage transfer to the airport, under the surveillance of the Peruvian National Police along the route.

Upon arrival at the airport, Lima 2019 will deliver the baggage to each airline for their screening. The baggage will then be stored in a special conditioned area until the day of departure, guarded by Lima 2019 and airline security personnel.

The airline is in charge of separating baggage so they can be correctly loaded onto the corresponding airplanes.

7.9.2 Departure Transportation to the Airport

Departure transportation service from the Pan American Village and Satellite Accommodations to the Jorge Chávez International Airport will be pre-planned based on the information entered in the GMS and reconfirmed in advance at the NOC Services Center.

Departure from the Pan American Village to the airport must be carried out six hours in advance to each delegation's departure flights, taking into account the procedures established by airport security and immigrations that must be completed.

7.9.3 Departure Information Desk

Lima 2019 has an information desk located at the Jorge Chávez International Airport's arrivals hall. The desk will be open 24 hours a day, from July 16 to August 13, and will provide information and support to delegations in case any issues arise.

Additionally, information on the following topics will be provided:

- Games basics
- Transportation schedules
- Other relevant departure information

8 PAN AMERICAN VILLAGE

The Pan American Village is located south of Lima, in the Villa El Salvador district. Once the Games have concluded, the Village will remain as the Games' permanent legacy, including residential towers, a recreation center and communal parks for families.

8.1 Dates of Operation

DATE	EVENT
July 16 to 20, 2019	Pan American Village pre-opening
July 21, 2019	Official opening of the Pan American Village
July 26, 2019	Opening Ceremony of the Lima 2019 Pan American Games
August 11, 2019	Closing Ceremony of the Lima 2019 Pan American Games
August 13, 2019	Pan American Village official closure

8.2 Zones and Access

The Pan American Village will have two different zones: International Zone and Residential Zone. The International Zone will have a retail area and will be the venue of the Welcome Ceremonies for NOCs. The Residential Zone will be a restricted area for residents with an "R" on their Accreditation Card and guests with a pass. There will be seven accommodation buildings, recreation areas, a dining hall, NOC storage spaces, the Polyclinic, green areas and transportation connections to competition and training venues.

The International Zone and the Residential Zone will be separated by an internal security fence and an access control point. Accreditation and security checks will be conducted at all the Village's access control points.

The Pan American Village will have two entry/exit points for residents: one through the Welcome Center and the other one adjacent to the NOC parking lot, located on Calle C.

8.3 Residences

NOC athletes and team officials will stay in permanent recently built 19- to 20-story apartment buildings. Each building will have six-bed apartments. Double occupancy bedrooms will have an average area of 12 m². In general, Lima 2019 has set a limit of three athletes per bathroom.

8.4 Residential Zone Services

8.4.1 Resident Center

There will be four resident centers located strategically near the residential towers of the Pan American Village. Two centers will operate from 07:00 to 23:00 and the remaining two will operate on a 24-hour basis. Resident centers will cater to all the accommodation needs of the NOCs and Village residents. Each resident center will provide a hotel-like front desk service, which will assist with the resolution of issues relating to Village accommodation services, as described below:

Accommodation-related Requests	Cleaning requests and maintenance issues are to be received by resident centers and managed by the trained Lima 2019 personnel.
Concierge Service	Each resident center will also serve as a concierge service desk. Resident center personnel and volunteers will be trained to provide useful information to residents about the Village, the city of Lima and other areas of interest.
Lost Keys	If the resident requests assistance to access their room due to a lost key or a door lock problem, resident center personnel will solve the problem once the pertinent NOC Chef de Mission or proxy has granted their authorization.
Internet Access	Wi-Fi access will be available in all rooms and common areas.
Printing/Photocopying	Printing and photocopying services will be available for residents free of charge.
Beverages	Residents will have bottled water at their disposal in the dining hall.
Bed Linen/Towel Exchange	Bed linen will be exchanged every four days and towels will be exchanged every two days. However, residents can exchange used towels and sheets for clean ones.

8.4.2 NOC Services Center

The NOC Services team will run the NOC Services Center, which will have representatives from various functional areas who will support NOC operations. It will be operational as of the pre-opening period during the following hours:

PERIOD	HOURS OF OPERATION
Pre-opening period (from July 16 to 20, 2019)	From 08:00 to 20:00
Official opening period (from July 21 to August 12, 2019)	From 07:30 to 22:00
Official closure of the Village (August 13, 2019)	From 07:30 to 18:00

In case of out-of-hours emergencies, the NOC Services team will be available via telephone.

The following services will be offered:

Reception Desk	<ul style="list-style-type: none"> • General information • Mail and information distribution • Room reservations • Distribution of participation certificates and medals • Distribution of complimentary tickets
Arrivals and Departures Desk	<ul style="list-style-type: none"> • Arrivals and departures information • Assistance with missing or delayed baggage
Transportation Desk	<ul style="list-style-type: none"> • Schedule and service information • NOC dedicated vehicles issue resolution • Reservation of T3 vehicles • Public transportation information • Issue resolution • Team buses
Logistics Desk	<ul style="list-style-type: none"> • Transportation schedule for athlete equipment between the Village and competition and training venues • Issue resolution
Panam Sports Lounge	<ul style="list-style-type: none"> • Point of contact with NOCs at the Pan American Village
Catering Desk	<ul style="list-style-type: none"> • Purchase of vouchers for the main dining hall • Issue resolution

Resident centers in satellite accommodations will tend to the needs of NOCs and, in cases of greater concern, they will coordinate with the NOC Services Center of Pan American Village.

8.4.3 Sports Information Desk

The sports information desk will be located in the Residential Zone of the Pan American Village, next to the NOC Services Center.

The hours of operation are the following:

DATE	HOURS OF OPERATION
July 16 to 20, 2019	From 08:00 to 20:00
July 21 to August 13, 2019	From 07:00 to 23:00

8.4.4 Polyclinic

Polyclinic services will be located in the Village Residential Zone and will be open from July 16 to August 13, 2019, from 07:00 to 23:00. Emergency medical services will be available 24 hours a day. The Village Polyclinic will offer the following services:

- General medical consultation
- Sports medicine and rehabilitation
- Diagnostic imaging*
- Laboratory
- Pharmacy
- Specialized services
- Dental and ophthalmologic consultations

*Patients will be referred to hospitals for MRI services.

The meeting of chief physicians with the Panam Sports Medical Commission will be held on July 25.

8.4.5 Gymnasium and Physical Conditioning Facilities

The Pan American Village will have an all-purpose recreational sports facility. It should be noted that all training facilities for specific sports will be located outside the Village, except bodybuilding, which will have a specific training schedule. Village recreational facilities will include a 1-km indoor jogging track, saunas and a heated swimming pool designed to adjust to general physical conditioning activities. Additionally, the Village will have a gymnasium, with a wide array of cardiovascular equipment and weights, space for stretching, warm-up and relaxation. The gymnasium will be open 24 hours a day, but will only be supervised between 06:00 and 22:00, except when it is temporarily closed for cleaning and maintenance.

8.4.6 Entertainment and Recreation Zone

The Entertainment Center at the Pan American Village will have the following relaxing areas available for residents:

- Athletes' lounge
- Music area
- Video game room
- Board game area
- Outdoor activity area
- TV rooms

There will be various cultural and musical activities at the Pan American Village and satellite accommodations. All entertainment areas will have free Internet access for athletes. The room will have properly trained staff that will assist and guide athletes, so that they can properly use all the resources available in this area.

From July 21 to August 13, 2019, all recreational facilities will be open from 09:00 to 22:00.

8.4.7 Multi-faith Center

Lima 2019 will provide a Multi-faith Center for worship and meditation for all faiths. This center will be managed by Lima 2019 from 09:00 to 23:00.

8.4.8 Laundry Service

Laundry service for personal clothing will be provided free of charge to all residents of the Pan American Village. The laundry center will be open from 07:00 to 23:00. It will be located between the dining hall and residences. Laundry service includes clothing drop-off and pick-up. All athletes will be given two laundry bags, one for white clothes and one for colored clothes.

Teams that need to wash, dry clean and press team uniforms, and other similar non-everyday items, will be able to use the drop-off and pick-up service in the International Zone.

8.4.9 Ice Supply

There is free ice available for NOCs at each resident center and in the lobbies of the residential towers. The chef de mission or technical officials may request it.

8.5 Catering

8.5.1 Catering

Athletes, chefs de mission and team officials will have unlimited access to the dining hall.

8.5.2 Main Dining Hall

The dining hall will be located adjacent to the transport mall in the Residential Zone and will be operational from 05:00 to 03:00. General cleaning will be done from 03:00 to 05:00.

8.6 The International Zone

The International Zone will have diverse services and retail stores. Lima 2019 will design this area as a significant Village focal point to attract both residents and visitors alike. The Plaza will connect athletes, guests and the media, and will allow them to interact without needing to enter the Residential Zone.

All Team Welcome Ceremonies will take place in the International Zone.

Retailers will be located in the International Zone for the convenience of Pan American Village residents and guests. The services provided will be on a user-pay basis, in cash or by credit card.

RETAIL SERVICE	DETAILS
Financial Center	Currency exchange, card transactions and ATMs
Information Booth	Assist residents and guests with general inquiries, provide information regarding how to access attractions, theaters and restaurants in Lima, and serve as a city guide
Dry Cleaning	Laundry, dry cleaning and team clothing and uniform repair
Convenience Store	Includes everyday items with a newspaper and magazine stand
Lima 2019 Gift Shop	Official Lima 2019 merchandise store
Ticket office	Lima 2019 Pan American Games ticket sale
Coffee Shop	Plaza cafe
Peruvian Restaurant	Restaurant that offers Peruvian food and beverages

Furthermore, as of July 21, 2019, activities will take place in the International Zone so residents can enjoy themselves and interact. There will be live magic shows, folkloric dance, rock concerts, among others.

9 MEDICAL SERVICES

Medical services during the Games will be provided at all training and competition facilities and at non-competition venues, such as the Pan American Village, the Naval Academy Satellite Village and satellite accommodations.

Medical services will be available for athletes, officials, judges, Games Family members and accredited persons. It should be noted that medical insurance will cover severe and aggravated conditions that require diagnosis and treatment.

9.1 Medical Insurance

Lima 2019 will provide insurance that covers all athletes, delegation members, Games Family members and members of participating International Federations during the Games, while in Peru, in the following regions: Lima, Ica y Callao.

Hospitalization, emergencies, diagnostic tests, emergency transportation, accidental death and repatriation will be fully covered by the insurance. While treatment for pre-existing conditions will not be included, it will be included for aggravated pre-existing conditions until the patient returns to a normal or stable condition.

Referrals to clinics/hospitals will be made with the approval of the polyclinic staff or the Lima 2019 emergency coordinator.

Coverage during the Pan American Games will be in force from July 15, 2019 at 00:00 (Peru) until August 13, 2019 at 23:59 (Peru).

A detailed list of insurance benefits is available in the Lima 2019 Medical Care Guide.

9.2 Medical Services at Competition and Training Venues

There will be a team consisting of a physician and a paramedic that will assist accredited personnel at the training venue. Ambulances will be available at some training venues. At other venues where ambulance service is not available, there will be competition medical units nearby (less than 10 minutes away) for athletes and spectators.

9.3 Medical Services at Competition Venues

Medical services will be available for athletes, delegation members, the Games Family and members of participating International Federations at competition venues. This service will also be available for spectators.

9.3.1 Athlete Services

Ambulance, field medical team and athlete first-aid station medical team services are available. The ambulance service will have qualified personnel for emergency care and critical patient transportation (doctor, nurse and driver).

The field medical team consist of a physician and a paramedic, both qualified to provide primary care to competitors. Finally, the first-aid station medical team will consist of a specialist and a physical therapist, who will provide primary and specialized care, and physical therapy.

This service will also be available for all accredited personnel.

9.3.2 Spectator Services

Spectator services include ambulances and first-aid station medical team. The ambulance service will have qualified personnel for emergency care and critical patient transportation (doctor, nurse and driver). The first-aid station medical team will consist of a physician and a nurse. The first-aid station will provide primary care.

9.4 Emergency Services and Medical Transportation

Ambulances will be stationed at competition venues, training venues and the Pan American Village Polyclinic during the operational hours of medical services, and the spectator first-aid stations will have permanent ambulance service.

Ambulance services will be provided at satellite accommodations, the Games Family Hotel and non-competition venues as required and according to referral or counter-referral needs.

Air transport with medical support will be provided according to needs and medical insurance coverage.

9.5 Medical Attention at Hospitals and/or Clinics

Athletes and team officials requiring transfers to medical centers for specialized care that are beyond the scope of the Polyclinic or that, for emergency medical reasons, cannot be transferred to the Polyclinic, will be referred to hospitals or clinics near the venue influence zone.

The Organizing Committee will not be liable for services obtained outside the designated hospitals without the assistance of Lima 2019 Medical Services.

10 TRANSPORTATION

10.1 Games Transportation Network

The Lima 2019 Games transportation network is a set of lanes that connect all the official venues, both competition and non-competition. This network will guarantee that Lima 2019 accredited participants can travel in optimal conditions of comfort, security and reliability through Games-dedicated lanes. Furthermore, it will reduce demand for traveling inside the city and ensure traffic management in Lima and Callao

10.2 TA Transportation Services for Athletes and Officials

The bus transportation system designed by Lima 2019 will provide the following transportation services for athletes and team officials with TA privilege on their accreditation:

- Transportation service from the Jorge Chávez International Airport to the Pan American Village and satellite accommodations, and vice versa, according to the arrivals and departures schedule.
- Transportation services will be available from the transport mall in the Pan American Village or satellite accommodations to competition and training venues, and vice versa.
- Round trip transportation services for Opening and Closing Ceremonies.
- A daily scheduled service that communicates satellite accommodations with the Pan American Village (Villa El Salvador). From that point on, they will be able to board the transport vehicles provided to all the sports venues.

Special care must be taken with the scheduled return trip to the satellite accommodation on the same day, as additional services are not provided and the Pan American Village does not have any extra spaces for these occasions.

10.2.1 TA Vehicle Fleet

The TA vehicle fleet consist of buses with a minimum capacity of 35 seated passengers for local transfers and tourist buses for routes outside the city.

10.2.2 Transportation to Training Venues for Individual Sports

TA transportation services to training venues will be active five days prior to the start of each sport's competition until the conclusion of each sport's individual training session. This service will allow athletes to arrive one hour before training starts and leave up to 30 minutes after the session ends.

10.2.3 Transportation to Competition Venues for Individual Sports

Transportation services to competition venues for individual sports will be active from the first day to the last day of competition of each sport. During competition days, TA services will be scheduled so that the first bus arrives at the venue two hours before the competition starts and leaves up to one hour after it ends.

During the competition period, athletes who are competing or training (in the event the training and competition venue is the same), as well as spectating athletes, will have access to these services.

10.2.4 Transportation to Training and Competition Venues for Team Sports

One bus will be provided per team according to the competition calendar schedule. This service will enable athletes to arrive at the venue at the specified training and competition times. This service starts and ends at the transport mall in the Pan American Village.

Transportation to training sessions must be booked, or any schedule changes must be notified, at least one day before the training session at 16:00 at the NOC Services Center.

The bus and driver allocation for team departures and returns will not necessarily be the same one; therefore, we advise teams to not leave personal belongings or sports equipment on board the buses.

If athletes decide to stay and watch the next matches, they must book the service at the NOC Services Center to ensure buses are available for their departure. Otherwise, they must return on the regular buses for individual sports or for spectating athletes.

Exclusive bus service will be available for the following team sports:

- Baseball
- Basketball
- Hockey
- Football
- Handball

- Rugby-7
- Softball
- Volleyball
- Water Polo

Buses will only be available to transfer to Lima 2019 official training or competition venues.

10.2.5 Anti-doping Transfer

After completing the regular TA transportation services, T3 vehicle transportation services will be activated to transfer the athletes that must stay for anti-doping control.

10.2.6 Connection Between the Pan American Village and Satellite Accommodations

A daily scheduled service for spectator athletes or visitors coming from the satellite accommodation will be provided by the Transportation Department. This service will cover the routes between the satellite accommodations of the Naval Academy, Lunahuana, Paracas, Bujama and Huacho. The service will be operational from the opening day of each satellite accommodation up to their closing date. Athletes and team officials who use these services will have to plan their time effectively so as not to miss the return bus to the satellite accommodation. They must keep in mind that there are no additional transportation services nor rooms at the Pan American Village to spend the night.

10.3 Spectating Athletes

10.3.1 Same-discipline Spectating Athletes

Same-discipline spectating athletes may share the existing TA system to travel to competition venues. This does not include competition venues for team sports, in which case buses, not allocated per team, will depart from the transport mall provided there is enough demand. Competing athletes will always have priority in the TA system.

10.3.2 Different-discipline Spectating Athletes

Different-discipline spectating athletes may share the existing TA system to travel to competition venues. This does not include competition venues for team sports. Different-discipline spectating athletes will be required to show their entry tickets to avoid oversaturating services and to help them board the right vehicles. Competing athletes will always have priority in the TA system.

10.4 Games-time Information Service

The NOC Services Center will provide the following transportation information during the Games:

- Schedule and service information
- NOC-dedicated vehicles issue resolution
- Reservation of T3 vehicles
- Public transportation information
- Issue resolution
- Team buses

10.5 Taxi Services

Taxis and vehicles without VAPP will have designated spectator drop-off and pick-up points at competition and non-competition venues outside the venue perimeter; therefore, the client may have to walk approximately 300 meters to reach their destination. Payments for taxis or other rental services are not authorized by Lima 2019 and shall be borne by the client.

11 DOPING CONTROL

11.1 Games-time Control

Panam Sports is in charge of providing the current rules for Lima 2019 Pan American Games. These rules are enforced 24 hours before the opening day of the Pan American Village, on July 21, 2019, and up to 24 hours after the Closing Ceremony, on August 11, 2019.

Panam Sports anti-doping rules do not conflict with any anti-doping international policy issued by the World Anti-Doping Agency (WADA).

All NOCs, athletes and support personnel, including physicians, must review and be familiar with Panam Sports Anti-Doping Rules, which are based on the current World Anti-Doping Code.

Anti-doping controls may be carried out during the Games at any time and in various locations, through urine and blood sample collection. These types of controls for the Games will be IN-COMPETITION and OUT-OF-COMPETITION, as defined in the World Anti-Doping Code, and they shall be analyzed as such in accordance with the WADA Prohibited List in effect in 2019.

The term "in-competition" means the period commencing twelve hours before the participation of an athlete through the end of the sample collection process related to that competition.

For further information on the current Prohibited List go to <https://www.lima2019.pe/programa-antidopaje>.

11.2 Athlete Rights and Responsibilities

All athletes participating in the Games will have the following rights and responsibilities in regard to the anti-doping program:

11.2.1 Rights

- To have a representative and, if available, an interpreter.
- To ask for additional information about the sample collection process.
- To request a delay in reporting to the doping control station for valid reasons.
- To request modifications to the sample collection process if they have any type of impairment.

11.2.2 Responsibilities

- To remain within direct observation of the doping control officer/chaperone at all times, from the point initial contact is made by the doping control officer/chaperone until the sample collection has been completed.
- To produce appropriate photo identification, such as accreditation, national identity documentation or passport.
- To comply with sample collection procedures (failure to do so may constitute an anti-doping rule violation).
- To report immediately for doping control, unless there are valid reasons for a delay.

After doping control procedures, when the regular transportation system is not available, Lima 2019 guarantees transfer services for athletes and their representative to the Pan American Village in T3 vehicles.

11.3 Athlete Whereabouts

Athletes who are included in a registered control group (international or national) will be required to continue to provide their whereabouts during the period of the Games via ADAMS. NOCs must notify Panam Sports about the location of athletes staying outside of the Pan American Village or satellite accommodations, and about any athlete/team training that takes place outside of the official period, during the Games.

In addition, they must send the athlete room allocation list before their arrival at the Pan American Village. The chef de mission is responsible for sending whereabouts information.

Detailed requirements regarding the athlete room declaration will be sent to NOCs before June 2019.

11.4 Therapeutic Use Exemption (TUE)

Athletes have the right to apply for a Therapeutic Use Exemption (TUE) for a prohibited substance or method in the treatment of an illness. The TUE approval process for the Lima 2019 Pan American Games begins when athletes send a request to their National Anti-Doping Organization (NADO), Regional Anti-Doping Organization (RADO) or International Federation, if applicable.

Athletes will be able to get information about their TUE process through their IF, National Anti-Doping Organization or Regional Anti-Doping Organization. Information on the TUE process for the Games will be published on the Lima 2019 extranet.

Once the athlete's NADO, RADO or IF has granted them a TUE, the athlete must submit it to the Panam Sports TUE Committee no later than one day before the opening of the Pan American Village, provided it meets the criteria set out in WADA's International Standard for TUE.

During the Games, online TUE application forms and instructions on how to submit a TUE will be available on the Lima 2019 website, and the printed forms will be available at the Pan American Village Polyclinic. TUE applications must include a complete medical history as stated in WADA's International Standard for TUE.

The Panam Sports TUE committee may request additional medical information, as needed, in accordance with WADA standards.

11.5 Pre-Games Education

Anti-doping education and prevention programs for Lima 2019 will be developed in coordination with WADA and the National Anti-Doping Committee (CONAD) of Peru.

The goal is to provide athletes and their entourage with the opportunity to learn more about anti-doping and to associate it with something positive by reminding them that the anti-doping community has the mission to protect the right to play clean.

A specific department for developing educational and promotional activities for all athletes will be implemented. Said activities will include interactive exercises, printed educational and informational material, as well as prizes for athletes that know the most about anti-doping.

Athletes and support personnel will be able to find information on the substance list and about current prohibited methods on the mobile app developed by the National Anti-Doping Organization.

On the Lima 2019 website, athletes and support personnel can find information about the prohibited status of specific medications based on the current WADA Prohibited List, available for athletes and support personnel.

There will be certified anti-doping educational sessions available before and during the Games, for athletes, NOC medical teams and support personnel interested in obtaining a free WADA certificate.

Anti-doping education and prevention programs for Lima 2019 will be developed in coordination with WADA and the National Anti-Doping Committee of Peru. All educational anti-doping initiatives can be found on the Lima 2019 website.

12 ACCREDITATIONS

The accreditation process for athletes and team officials is detailed in the National Olympic Committees Accreditation Manual that can be found on the Lima 2019 extranet: extranet.lima2019.pe

12.1 Accreditation Centers and Services

The Accreditation Center, located in the Welcome Center of the Pan American Village, will be the main accreditation center for athletes and NOC delegation members. Lima 2019 will have the following accreditation centers and services:

Facility	Venue	Location	Population	Service
NOC Accreditation Center	Pan American Village	Lima	Athletes and NOC delegation members	Full service
Venue Accreditation Offices (VAO)	Competition venues	Competition venues	All Games participants	Day pass and card replacement
Uniform and Accreditation Center	UAC	Jockey Club	Games workforce and remaining groups, if necessary	Full service
Validation Counters	Airport	Jorge Chávez International Airport	Games Family	Validation

12.2 Venue, Zone and Access Codes

The accreditation zones are secure and organized areas reserved for accredited persons who have access to the corresponding zones in which they perform their Games-time role.

Access Code	Accessible Areas
BLUE	Field of play, operational areas, general circulation areas
RED	Operational areas, general circulation areas
WHITE	General circulation areas
2	Athlete preparation area
4	Press areas
5	Broadcast areas
6	Games Family area
R	Residential zone (inside the Pan American Village)
ALL	ALL in white letters on a black background grants access to prime events
ALL	ALL in black letters on a grey background does not grant access to prime events
VLP	Athletes' Village (Village Plaza only)
GFH	Games Family Hotel
MPC	Main Press Center
IBC	International Broadcast Center

Zone access privileges are assigned to each accredited person in accordance with the permanent minimum requirements for them to perform their roles.

Although included in the previous zone and venue list, certain areas within the venue may be considered and managed as restricted areas (for example, doping control stations). The PIAC itself does not grant access to these areas. A supplementary access control device may be required (for example, an armband, bibs, stickers).

13 CEREMONIES

13.1 Welcome Ceremonies

Team Welcome Ceremonies for the Lima 2019 Pan American Games will take place at the International Pan American Village Plaza from July 21 to 25, 2019. The ceremony will include the raising of the national flag, the playing of the national anthem, ceremonial gift exchanges between the chef de mission and the Village mayor, as well as a cultural show.

Each ceremony will be approximately 30 minutes long. There will be six sessions of ceremonies during the day, as detailed below:

Session 1	From 14:00 to 14:30
Session 2	15:00 to 15:30
Session 3	16:00 to 16:30
Session 4	17:00 to 17:30
Session 5	18:00 to 18:30
Session 6	19:00 to 19:30

13.2 Opening Ceremony

The Opening Ceremony of the Lima 2019 Pan American Games will be held at the National Stadium on Friday, July 26, 2019 at 19:00 and will last approximately 110 minutes.

The athletes will assemble at "Parque de las Aguas" park, located adjacent to the National Stadium. Here, the athletes may enjoy food, drinks, music and videos about Peru while waiting to enter with the Athletes' Parade.

For the Opening Ceremony, the athletes will enter the stadium in alphabetical order after a brief introduction and after the Peruvian National Anthem is played. Argentina will be the first country to enter and Peru will be the last. The parade route will allow athletes to walk in front of the honor stand and, once they complete their entrance, they will be guided to their reserved seats in the stadium to enjoy the rest of the program.

More details about the Ceremony and services, including the transfer of the various accredited groups, will be published in the Chefs de Mission Manual in June 2019.

13.3 Closing Ceremony

The Lima 2019 Pan American Games Closing Ceremony will be held on Sunday, August 11, 2019, at the National Stadium and will last approximately 90 minutes.

The Ceremony will celebrate the athletes' excellent performances in a first-rate festive and entertaining environment. In addition, the ceremony will serve to pass the baton to Santiago (Chile), the host city of the 2023 Pan American Games.

The creative proposal is based on a unique concept, in which the Opening and Closing Ceremonies will complement each other to highlight the different elements Peru has to offer.

The Balich Worldwide Show company, that has a unique experience staging massive events around the world, will oversee both Ceremonies.

More details about services related to the Ceremony for the various accredited groups will be published in the Chefs de Mission Manual in June 2019.

14 PRESS OPERATIONS

14.1 Mixed zone

The Lima 2019 Press Operations team will oversee the mixed zones in competition venues, where accredited journalists will have the opportunity to interview the athletes (and in some cases, coaches) as soon as they exit the field of play.

All athletes must go through the mixed zone. Athletes will first go through the mixed zone's broadcast area, before they reach the press.

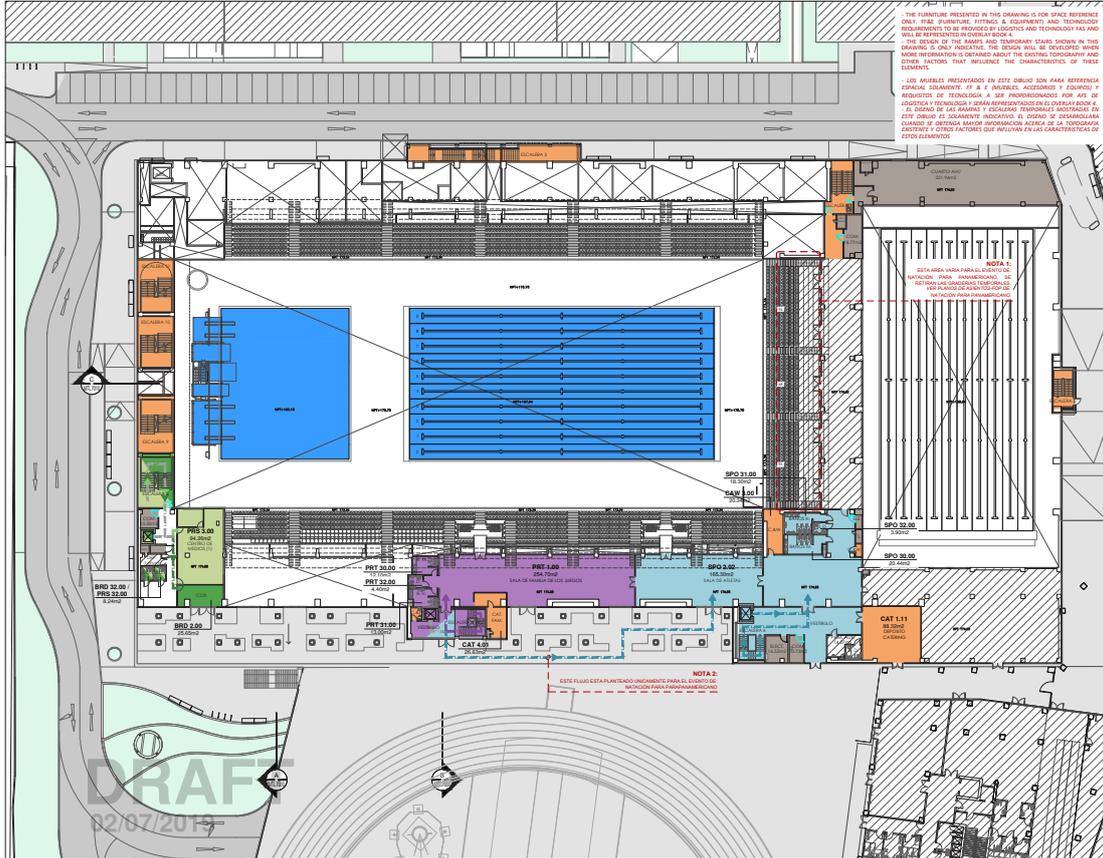
The following people will have access to the mixed zone:

Accredited Press area:

- Rights-holding broadcasters
- "E" category ("E" and "Es" for written press)
- Press Operations personnel, with access accreditation
- Host Broadcaster staff

Athletes' area:

- Competing athletes and their coaches
- Doping control staff with access accreditation and Sports FA
- NOC heads of press working in the mixed zone. The arm bands/bracelets are non-transferable and will be distributed at the briefing session for heads of press at the Main Press Center. These will enable the press to access the athlete's passage through the mixed zone during their country's competitions.



Venue	Sport - Discipline	July							August											
		Wed 24	Thu 25	Fri 26	Sat 27	Sun 28	Mon 29	Tue 30	Wed 31	Thu 01	Fri 02	Sat 03	Sun 04	Mon 05	Tue 06	Wed 07	Thu 08	Fri 09	Sat 10	Sun 11
Villa María del Triunfo Sports Center	Aquatics - Water Polo																			
	Baseball																			
	Hockey (W)																			
	Hockey (M)																			
	Basque Pelota																			
	Rugby-7 (W)																			
	Rugby-7 (M)																			
	Softball (W)																			
	Softball (M)																			
	Archery																			
Morro Solar - Chorrillos	Cycling - Mountain Bike																			
Chorrillos Military School	Bodybuilding																			
	Weightlifting																			
	Modern Pentathlon																			
Chorrillos beach	Triathlon																			
Las Palmas Air Base	Shooting - Shotgun																			
	Shooting - Pistol																			
	Shooting - Rifle																			
Villa El Salvador Sports Center	Gymnastics - Artistic																			
	Gymnastics - Rhythmic																			
	Gymnastics - Trampoline																			
	Karate - Kata																			
	Karate - Kumite																			
Lima Golf Club	Golf																			
Lawn Tennis Club	Tennis																			
Punta Rocas	Surf																			
Bujama Lake	Aquatics - Open Water Swimming																			
	Waterski																			
Cañete River - Lunahuaná	Canoe - Extreme Slalom																			
	Canoe - Slalom																			
Paracas Bay	Sailing																			
Albufera Medio Mundo - Huacho	Rowing																			
	Canoe - Sprint																			
Lima Convention Center	Fencing																			
	Modern Pentathlon																			

● Opening and closing ceremonies
 ● Preliminaries
 ● Final
 (W) Woman (M) Men

17 VENUE MAP

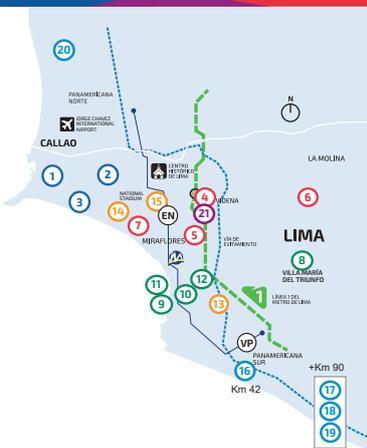


2019
Lima
2019
PAN AMERICAN & PARAPAN AMERICAN GAMES

COMPETITION VENUES
SPORTS AND PARA SPORTS

PAN AMERICAN GAMES
FROM JULY 26
TO AUGUST 11

PARAPAN AMERICAN GAMES
FROM AUGUST 23
TO SEPTEMBER 1



<p>1 CALLAO REGIONAL VILLAGE</p> <p>Miguel Grau Coliseum</p> <ul style="list-style-type: none"> - Boxing - Greco-Roman wrestling - Freestyle wrestling - Football « <p>Callao Sports Center</p> <ul style="list-style-type: none"> - Taekwondo (Poomsae) - Taekwondo (Poomsae) - Volleyball (W) - Volleyball (M) - Para Taekwondo « - Sitting volleyball « <p>Racquetball courts</p> <ul style="list-style-type: none"> - Racquetball <p>2 SAN MARCOS STADIUM - CERCADO</p> <ul style="list-style-type: none"> - Football (W) - Football (M) <p>3 COSTA VERDE SAN MIGUEL</p> <p>San Miguel circuit</p> <ul style="list-style-type: none"> - Road cycling - Para cycling - Road « <p>BMX track</p> <ul style="list-style-type: none"> - BMX racing cycling <p>Beach volleyball areas</p> <ul style="list-style-type: none"> - Beach volleyball <p>Skating rink</p> <ul style="list-style-type: none"> - Speed skating <p>San Miguel track</p> <ul style="list-style-type: none"> - Skateboarding - Freestyle BMX cycling <p>4 NATIONAL SPORTS VILLAGE (VIDENA) - SAN LUIS</p> <p>Athletics Stadium</p> <ul style="list-style-type: none"> - Athletics - Para-athletics « <p>Aquatic Center</p> <ul style="list-style-type: none"> - Swimming - Diving - Artistic swimming - Para swimming « <p>Velodrome</p> <ul style="list-style-type: none"> - Track cycling - Track « 	<p>Sports Center 1</p> <ul style="list-style-type: none"> - Handball (W) - Handball (M) - Judo - Wheelchair basketball « <p>Sports Center 2</p> <ul style="list-style-type: none"> - Para powerlifting « <p>Sports Center 3</p> <ul style="list-style-type: none"> - Badminton - Table tennis - Artistic roller skating - Para badminton « - Para table tennis « <p>Bowling Center</p> <ul style="list-style-type: none"> - Bowling <p>Volleyball VIDENA CAR</p> <ul style="list-style-type: none"> - Squash <p>5 EDUARDO DIBOS COLISEUM - SAN BORJA</p> <ul style="list-style-type: none"> - Basketball (W) - Basketball (M) - 3x3 Basketball <p>6 ARMY EQUESTRIAN SCHOOL - LA MOLINA</p> <ul style="list-style-type: none"> - Equestrian (Jumping) - Equestrian (Dressage) - Equestrian (Eventing) <p>7 KENNEDY PARK - MIRAFLORES</p> <ul style="list-style-type: none"> - Athletics (Race walk) - Athletics (Marathon) <p>8 VILLA MARÍA DEL TRIUNFO SPORTS CENTER</p> <p>Hockey field</p> <ul style="list-style-type: none"> - Hockey (W) - Hockey (M) - Football f7-a-side <p>Rugby field</p> <ul style="list-style-type: none"> - Rugby-7 (W) - Rugby-7 (M) - Archery - Football f7-a-side <p>Baseball Stadium</p> <ul style="list-style-type: none"> - Baseball <p>Softball field</p> <ul style="list-style-type: none"> - Softball (W) - Softball (M) 	<p>Basque pelota courts</p> <ul style="list-style-type: none"> - Basque pelota - Pelota frontón <p>VMT Aquatic Center</p> <ul style="list-style-type: none"> - Water polo <p>9 MORRO SOLAR - CHORRILLOS</p> <ul style="list-style-type: none"> - Mountain bike <p>10 CHORRILLOS MILITARY SCHOOL</p> <ul style="list-style-type: none"> - Modern pentathlon circuit - Modern pentathlon <p>Plariscal Caceres Coliseum</p> <ul style="list-style-type: none"> - Weightlifting - Bodybuilding <p>11 AGUA DULCE BEACH - CHORRILLOS</p> <ul style="list-style-type: none"> - Triathlon <p>12 LAS PALMAS AIR BASE - SURCO</p> <ul style="list-style-type: none"> - Shooting (Rifle) - Shooting (Pistol) - Shooting (Shotgun) - Shooting Para Sport « <p>13 VILLA EL SALVADOR SPORTS CENTER</p> <ul style="list-style-type: none"> - Artistic gymnastics - Rhythmic gymnastics - Trampoline gymnastics - Karate (Kata) - Karate (Kumite) - Wheelchair rugby « - Boccia « <p>14 LIMA GOLF CLUB - SAN ISIDRO</p> <ul style="list-style-type: none"> - Golf <p>15 LANIN TENNIS DE LA EXPOSICIÓN CLUB - JESÚS MARÍA</p> <ul style="list-style-type: none"> - Tennis - Wheelchair tennis « <p>16 PUNTA ROCAS - PUNTA NEGRA</p> <ul style="list-style-type: none"> - Surf <p>17 LAGUNA BUJAMA - MALA</p> <ul style="list-style-type: none"> - Open water swimming - Water ski <p>18 RÍO CAÑETE LUNARHUANA - CAÑETE</p> <ul style="list-style-type: none"> - Canoe slalom - Extreme canoe slalom <p>19 BAHÍA DE PARACAS - PISCO</p> <ul style="list-style-type: none"> - Sailing <p>20 ALBUFERA DE MEDIO HUANDO, VEGUETA - HUAYLURA</p> <ul style="list-style-type: none"> - Rowing - Canoe sprint <p>21 LIMA CONVENTION CENTER - SAN BORJA</p> <ul style="list-style-type: none"> - Egrima - Paratitación moderna
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★ Parapan American sports NS National Stadium VP Pan American and Parapan American Village

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