

Q&A Report - Session 7 - October 14

#	Question	Answer
1	How long is the key to the eLearning course valid?	The access key for eLearning is valid indefinitely. Hopefully people will take the course(s) sooner rather than later but it can be always be accessed.
2	What system do you recommend to plan trainings?	Use the long term development framework and principles to plan training/development activities (for coach, athlete, officials) appropriate to your context and environment.
4	Can you share in the NCCP 7 steps how you evaluate this in coaches?	Coaching Association of Canada in the NCCP uses a combination of direct and indirect observation and could include submission of a portfolio. Each outcome has key elements that the coach needs to demonstrate abilities. Not all outcomes are evaluated in each
5	How do one go about developing a program like Canada's Karate for life in my Country?	Use LTD framework and principles; review and apply ideas and models from other jurisdictions (ex Karate for Life) and engage key leaders/partners/funders in your country to collaboratively create the program you want.
6	Besides the certifications, on what main competencies are you evaluating coaches on?	This question was answered live
7	What does it mean, depending on working context?	Relates to the stage/level of athlete you work with, the coaching environment, nature of training and competition
8	Do you have coaches who coach more than one sport, or do they generally stay in one sport?	Coaches involved with several sports typically are coaching younger athletes and at lower levels of competition. In the later stages, coaches tend to stay with one sport.
9	Can one Coach be effective coaching all levels at the same time ?	This question was answered live
10	As a national coach, working with high performance athletes and who are mentored from basic skills to their current stage, but when they start spending more and more time abroad (outside the country for training) they tend to distance themselves socially from their club and national team. how to deal with this phenomena	Each country deals with this situation differently. One approach is to maintain regular positive communication that informs and engages the athletes in domestic programs, and encourages them to stay connected.
11	How often are the coaches courses run? How long does it take? what is the cost ? Is the course sport specific ? Do you need to be a candian to take one? where is this information available ?	Good questions. Peter provided several answers during the webinar but for more information please consult the Coaching Association of Canada.
12	How is the relationship between the NCCP and academia or formal education programs at universities?	This question was answered live
13	Where can we see the figures that Carolyn gave?	I am not sure what figures these are.
14	I think that starting to align accreditations for coaches must be hard, from your experience: how did you start?	Peter: I started taking coaching courses when I was 16 as I wanted to help at the canoe club where I was an athlete. My passion was sport and health, so I continued to pursue education in University and did an undergraduate and Masters Kinesiology degree. I also continued taking NCCP courses during this time. With the Coaching Association of Canada - the current system started being developed in 2000. It took us 15 - 20 years to get where we are as a system.
15	Being such a large country, how have they organized the training or the application of the system in a practical way?	We have many different "partners" or organizations in Canada who help in delivering the NCCP. They are provincial or territorial sport organizations. This is the only way to be able to train so many coaches. All of these organizations also have many coach developers, who work to train and evaluate coaches. Lastly, we are also continually exploring the use of technology to educate reach more coaches - such as elearning, and using online education through Zoom, Adobe Connect, etc.
17	How do you ensure that what the certification received from these national coaching programmes are recognised nationally and maybe even internationally?	The National Sport Organizations in Canada must go through an approval process for their coach education programs, which includes the training and certification. Their programs are peer-reviewed, which includes the CAC, another National Sport Organization, a Provincial sport organization and master coach developer. Our certification program is delivered in a couple of othr countries, and the INternational Council for Coaching Excellence, but we are unclear if it is recognized by other federations. We do recognize other coach education for
18	What is the recruitment model for coaches used in Canada?	There are many different ways. We have a large number of volunteer coaches (probably over 70% of our coaches). Quite often they are parents who are helping coach soccer, hockey, basketball, etc. Other ways of recruiting are high performance athletes transitioning to be coaches. We dont really have a large method of recruiting, it is not systematic.
19	The presentations are team based, how can it be applied to individual sports such as bodybuilding	Information contained in the LTD presentations is applicable for all sports, including team and individual.
20	How did you implement the Coach Certification and get coaches with more than 10 years of experience to agree to such a certification?	The National Sport Organizations are responsible for coach education and certification. The CAC approves the programs and our Sport Ministry approves the system. Some National Sport Organizations make it mandatory for coaches to have a certain level of certification, and to coach at certain multisport games, the certification is required. Good coaches will always seek out ways to make themselves better coaches. Yes there was some resistance from some, but most I suspect did what they felt is best for them and the system. They are life long learners.
21	Do we implement the para athletes program in the same manner?	Yes - there are some sport organizations in Canada with specific para athlete programs. The CAC also has an eLearning module called Coaching Athletes with a Disability to help train coaches to develop para programs.
22	Can the Sport Life method be applied to individual sports in countries with few financial and human resources.	Yes, Start slowly with programs, plans and people you believe in and build on successes to create a sustainable system.
23	What role do Sports Federations play in the Canadian national training system?	National Sport federations are central to the delivery of sport in Canada, and provide plans, resources and leadership to programs such as coach/athlete training and development, as they map the national path forward. It is very important in this development of a system to involve expert advisors from the sport (and outside the sport) in all stages ie. those who work with athletes at the local level too.
24	Is efficiency lost in training, when the coach-athlete relationship is diminished by virtual means?	A good question. I would suspect it is difficult, especially in skill acquisition and providing feedback to athletes, for virtual training to replace in-person environments. It is possible that these exchnages take longer, especially if an athlete gets videoed doing something, and then waits for feedback from the coach.
25	Do you think that now is a good time to create a platform for all coaches and administrators to aspire to, now that outdoor training has been significantly reduced or eliminated?	I definitely think that we need to look at new and innovative ways to coach in lieu of the pandemic. There are already some great tools out there to help with either trying to run a live practice virtually - such as Zoom, Google Meet, etc. And then there are many virtual technique analysis Apps or software that is not expensive - Dartfish App, Kinovea, Coaches Eye, etc...

26	in the case of sports shooting just like some other sports. How can the shooter be tracked virtually?	I don't have much of an answer for this as I don't know that sport very well. However, I have heard of coaches doing live workouts virtually, especially for "dryfiring" where rounds are not being discharged. Perhaps there are some Apps out there as well that track shooting percentage, etc. Lastly, i have heard of a tool called "SCATT" as well that can help with this?
27	How is the testing or evaluation system in these courses for coaches?	This question was answered live
28	It is a delicate issue but is it a reality, in terms of being inclusive, does it only refer to women men or does it also refer to sexual diversity? Normally people with different sexual orientation are discriminated, what do they do in Canada when a case of this nature is presented?	Inclusion and diversity of any kind are central focuses of the Canadian sport system at this time. Discrimination in sport is treated seriously and channels have been set up to report and address this issue.