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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  |  | **2** Purple 7:30-10:00Orange 8:30-10:00 |
| **3** | 4S/O 4-5P 4:45-7:00 | 5*P 6-7a*W 3:45-4:30P 4:45-6:30 | 6W 3:45-4:30S/O 4-5P 4:45-6:30 | 7W 3:45-4:30S/O 4-5*P 4:45-6:30* | 8S/O 4-5*P 4:45-6:15* | 9P *7:30-9:30*O 8:30-10 |
| **10** | 11S/O 4-5*P 4:45-6:15* | 12W 3:45-4:30*PARTY @ LSUS**4:30-6:00p**\*State Team Only* | 13W 3:45-4:30S/O 4-5*P 4:45-6* | **14****State****Sulphur**W 3:45-4:30S/O 4-5 | **15****State****Sulphur**S/O 4-5 | **16****State****Sulphur***O 8:30-9:30* |
| **17****State Sulphur** | 18S/O 4-5ST 4:45-6:30P 4:45-6:30 | 19W 3:45-4:30S/O State 4-5ST 4:45-6:30P 4:45-6:30 | 20W 3:45-4:30S/O 4-5ST 4:45-6:15P 4:45-6:30 | 21W 3:45-4:30S/O 4-5ST 4:45-6:30P 4:45-6:30 | **22****State BR**S/O 4-5ST 4:45-6:15P 4:45-6:15 | **23****State BR**ST 8-9:30P 8-10 |
| **24****State BR** | 25W 3:45-4:30S/O 4-5ST 4:45-6:00 | 26W 3:45-4:30ST 4:45-5:45 | 27W 3:45-4:30S/O 4-5ST 4:45-5:45 | **28****Sectionals**W 3:45-4:30S/O 4-5 | **March 1****Sectionals**S/O 4-5 | **2****Sectionals**O 9-10 |

**FEBRUARY PRACTICE SCHEDULE**

P: Purple Group, S/O: Silver/Orange Groups, ST: Sectional Team
WHITE swims at CHRISTUS Louisiana Athletic Club – Shreveport
ALL other groups swim at LSUS

OFF: Purple (February 25-March 2)
OFF: Silver/Orange STATE (optional – February 25- March 2)
OFF: Sectional Team (March 4-9)