

CHRISTUS Louisiana Aquatic Club

TEAM RECORDS (15-18)

GIRLS LCM	SCY	EVENT	SCY	BOYS LCM
28.65 Sophie Wiener 2019	24.88 Sophie Wiener 2019	50 Free	21.70 Nate Epp 2019	24.96 Nate Epp 2018
1:01.72 Sophie Wiener 2019	53.46 Sophie Wiener 2020	100 Free	47.63 Nate Epp 2019	55.46 Nate Epp 2018
2:15.78 Sophie Wiener 2019	1:54.83 Lillie Tichenor 2020	200 Free	1:45.45 Nate Epp 2019	2:06.36 John Wesley Stewart 2018
4:56.23 Sophie Wiener 2019	5:04.05 Lillie Tichenor 2020	400/500 Free	4:58.59 Christian Booth 2020	4:29.28 John Wesley Stewart 2018
10:23.28 Sophie Wiener 2019	10:45.03 Lillie Tichenor 2021	800/1000 Free	10:28.66 Zachary Ponder 2021	
	18:15.61 Lillie Tichenor 2021	1500/1650 Free	18:13.74 Zachary Ponder 2021	17:49.09 John Wesley Stewart 2018
35.65 Grace Carter 2018		50 Back	23.96r Christian Booth 2020	29.86 Christian Booth 2019
1:08.39 Lillie Tichenor 2020	59.96 Lillie Tichenor 2021	100 Back	49.66 Christian Booth 2020	59.02 Christian Booth 2020
2:36.98 Grace Carter 2019	2:05.66 Lillie Tichenor 2021	200 Back	1:49.58 Christian Booth 2020	2:10.31 Christian Booth 2019
40.04 Grace Tichenor 2019		50 Breast		34.51 Benjamin Ponder 2018
1:22.06 Gracie Tichenor 2019	1:07.05 Lillie Tichenor 2021	100 Breast	59.84 Nate Epp 2019	1:10.31 Benjamin Ponder 2019
2:56.04 Gracie Tichenor 2019	2:23.60 Lillie Tichenor 2021	200 Breast	2:10.60 Benjamin Ponder 2020	2:31.73 Benjamin Ponder 2019
32.40 Sophie Wiener 2019		50 Fly		29.02 Zach Carter 2018
1:07.69 Lillie Tichenor 2020	59.13 Lillie Tichenor 2020	100 Fly	51.07 Christian Booth 2020	1:00.73 Christian Booth 2020

2:42.20 Sophie Wiener 2018	2:09.88 Cailyn Bradford 2021	200 Fly	1:58.93 Cameron Bradford 2020	2:19.19 Cameron Bradford 2019
2:36.48 Sophie Wiener 2019	2:06.26 Lillie Tichenor 2020	200 IM	1:57.15 Benjamin Ponder 2019	2:14.93 Benjamin Ponder 2019
	4:27.38 Lillie Tichenor 2021	400 IM	4:13.73 Benjamin Ponder 2019	4:48.02 John Wesley Stewart 2018
1:58.20 Tichenor, Key, Carter, Wiener 2019	1:44.99 Wiener, Key, Tichenor, Carter 2019	200 Free Relay	1:30.34 Epp, Booth, Bradford, Ponder 2019	1:43.68 Epp, Booth, Carter, Stewart 2018
2:14.38 Key, Tichenor, Wiener, Carter 2019	2:03.82 Carter, Key, Wiener, Booth (13) 2019	200 Medley Relay	1:41.07 Booth, Ponder, Bradford, Epp 2019	1:56.09 Stewart, Ponder, Carter, Epp 2018
2:04.20 Booth, Epp, Wiener, L. Tichenor 2019	1:45.17 Booth, Ponder, Wiener, Carter 2020	200 MIXED Medley Relay	1:45.17 Booth, Ponder, Wiener, Carter 2020	2:04.20 Booth, Epp, Wiener, L. Tichenor 2019
4:15.77 Tichenor (13), Tichenor, Bradford (13), Wiener 2019	3:42.62 Tichenor, Booth(14), Bradford, Wiener 2021	400 Free Relay	3:20.21 Epp, Booth, Bradford, Ponder 2019	3:50.62 Stewart, Ponder, Carter, Epp 2018
4:43.61 Tichenor (13), Tichenor, Bradfor (13), Wiener 2019	4:05.65 Booth (14), Tichenor, Bradford, Wiener 2021	400 Medley Relay		4:14.12 Booth, Ponder, Bradford, Epp 2019