

# O'NEAL SWIMMING SCHEDULE

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MAKO</b>	OFF	3:30- 4:30 PM	OFF	OFF	3:30- 4:30 PM	OFF
<b>SWORDFISH</b>	5:00-6:10 PM	OFF	5:00-6:10PM	5:00-6:10PM	4:45-5:45 PM	10:15 - 11:30 AM
<b>GREAT WHITE</b>	OFF	Dryland 5:45-6:15 PM Swim 6:30- 7:45 PM	6:30-7:45 PM	Dryland 5:45-6:15 PM Swim 6:30- 7:45 PM	6:00-7:15 PM	10:15 - 11:30 AM
<b>SENIOR</b>	Dryland 5:45-6:20 PM Swim 6:30- 8:00 PM	6:00- 7:30 AM	Swim 6:00- 7:30 AM Dryland 5:45-6:30 PM	6:00- 7:30 AM	6:00- 7:30 AM	8:00 - 10:00 AM