

2023 Long Course Meet Schedule

Meet	Dates	Location	Groups Attending
SGSA Mother May I Invitational	May 12-13	GAC, Greensboro	ALL
SSS Open Water Champs	June 2-3rd	Seven Lakes, West End	ALL
GCY Sprint and Distance Meet	June 9-11	GAC, Greensboro	ALL
TAC Tri Classic	June 16-18	TAC, Cary	ALL
MOR Long Course Qualifier	July 7-9	Raleigh, NC	ALL
Age Group Champs	July 13-16	TAC, Cary	TBD
Senior Champs	July 20-23	GAC, Greensboro	TBD
Futures	July 26-29		TBD