

2014 Deaf International Short Course Swimming Championships



January 14 - 18, 2014

*Hale Aquatic recreational Center
hale andrews student life center
Rochester Institute of Technology
1 Lomb memorial drive
Rochester, NY 14623-5603, USA*

*MEET HOST: FAIRPORT AREA SWIM TEAM
HELD UNDER THE SANCTION OF USA swimming, INC.
Sanctioned by Niagara Swimming, inc
Sanction number NI-1314-121*

Official Event Information & Competition Handbook



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Basic Facts about the Deaf International Short Course Swimming Championships

- **Competition Rules**
The Deaf International Short Course Swimming Championships (i.e. "DISCSC") competition will be conducted in accordance with FINA (version 2009-13) Technical Rules for Swimming Competitions. All equipment and implements used during competition will comply with FINA Rules and Regulations.
- **Athlete Eligibility**
Eligible participants include athletes who comply with the International Committee of Sports for the Deaf (ICSD) regulations, properly registered USA Swimming (USA-S) Athlete members, and/or members of FINA. There are no age restrictions for participation in this meet.
- **Athlete Entry Limitations**
United States Deaf Swimming (USDS) has established qualification times for each individual event at the DISCSC. There are no qualification times for relay events. Qualification Times appear with the Order of Events later in this handbook. The qualification times must be obtained in the period from January 1, 2013 to October 31, 2013. All National Federations having no qualified swimmers may enter one male and one female regardless of time standards in the event(s) of their choice with evidence of participation in national and international competition. Meet capacity is limited to 275 Athletes.
- **Entry Deadline**
December 15, 2013

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Order of Events & Qualifying Time Standards

Qualification times must be obtained in the period from 01/01/13 to 10/01/13.

Day 1 Prelims			Tuesday, January 14, 2014	5:00 pm
SCY	SCM	LC	Event Description	Event #
14:59.34	---	---	Prelims, Women's 800m Free See note under "Meet Schedule & Format" page 6	1
21:36.64	21:20.00	21:50.13	Prelims, Men's 1500m Free	2
6:43.60	7:28.00	7:28.90	Women's 400m IM	3
5:29.44	6:06.00	6:13.09	Men's 400m IM	4
Day 2 Prelims Day 2 Finals			Wednesday, January 15, 2014	10:00am 6:00 pm
---	---	---	Women's 200m Free Relay	5
---	---	---	Men's 200m Free Relay	6
41.37	46.00	46.89	Women's 50m Breast	7
35.14	39.00	40.00	Men's 50m Breast	8
3:07.22	3:28.00	3:26.35	Women's 200m Back	9
2:42.02	3:00.00	3:01.63	Men's 200m Back	10
36.00	40.00	39.88	Women's 50m Fly	11
30.52	34.00	34.07	Men's 50m Fly	12
2:42.45	3:00.00	3:00.36	Women's 200m Free	13
2:13.57	2:28.00	2:29.95	Men's 200m Free	14
---	---	---	Women's 400m Medley Relay	15
---	---	---	Men's 400m Medley Relay	16
Day 3 Prelims Day 3 Finals			Thursday, January 16, 2014	10:00 am 6:00 pm
---	---	---	Women's 400m Free Relay	17
---	---	---	Men's 400m Free Relay	18
7:08.92	6:12.00	6:15.76	Women's 400m Free	19
5:59.92	5:16.00	5:23.44	Men's 400m Free	20
37.80	42.00	41.67	Women's 50m Back	21
34.20	38.00	38.35	Men's 50m Back	22
3:08.12	3:29.00	3:28.37	Women's 200m Fly	23
2:38.00	2:56.00	2:57.42	Men's 200m Fly	24
2:14.9	2:30.00	---	Women's 100m IM	25
1:48.11	2:00.00	---	Men's 100m IM	26
1:34.43	1:45.00	1:47.03	Women's 100m Breast	27
1:17.48	1:26.00	1:28.21	Men's 100m Breast	28
1:11.94	1:20.00	1:20.65	Women's 100m Free	29
57.61	1:04.00	1:05.24	Men's 100m Free	30
---	---	---	Women's 200m Medley Relay	31
---	---	---	Men's 20m Medley Relay	32



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Day 4 Prelims Day 4 Finals			Friday, January 17, 2014	10:00 am 6:00 pm
SCY	SCM	LC	Event Description	Event #
33.19	37.00	37.3	Women's 50m Free* Reflects position of Prelim Heats in morning session & Semi-Final Heats in Evening Session	33
26.81	30.00	30.58	Men's 50m Free* Reflects position of Prelim Heats in morning session & Semi-Final Heats in Evening Session	34
3:22.34	3:45.00	3:46.81	Women's 200m Breast	35
2:49.37	3:08.00	3:12.82	Men's 200m Breast	36
1:28.21	1:38.00	1:37.22	Women's 100m Back	37
1:14.71	1:23.00	1:23.75	Men's 100m Back	38
1:28.21	1:38.00	1:37.71	Women's 100m Fly	39
1:07.33	1:15.00	1:15.15	Men's 100m Fly	40
3:09.19	3:30.00	3:31.69	Women's 200m IM	41
2:36.62	2:54.00	2:58.46	Men's 200m IM	42
Top 8 Deaf & Top 8 Hearing Athletes from Semi-Final advance to Final			Women's 50m Free* Reflects position of Final Heat in Evening Session Only	33
Top 8 Deaf & Top 8 Hearing Athletes from Semi-Final advance to Final			Men's 50m Free* Reflects position of Final Heat in Evening Session Only	34
---	---	---	Women's 800m Free Relay	43
---	---	---	Men's 800m Free Relay	44
Day 5 Finals			Saturday, January 18, 2014	1:00 pm
Top 8 Deaf & Top 8 Hearing Athletes from Tuesday Prelims Advance to Final			Finals, Women's 800m Free	1
Top 8 Deaf & Top 8 Hearing Athletes from Tuesday Prelims Advance to Final			Finals, Men's 1500m Free	2
Top 8 Deaf & Top 8 Hearing Athletes from Tuesday Prelims Advance to Final			Finals, Women's 400m Individual Medley	3
Top 8 Deaf & Top 8 Hearing Athletes from Tuesday Prelims Advance to Final			Finals, Men's 400m Individual Medley	4



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MEET PERSONNEL

Meet Directors:

Doug Matchett: dsmatchett@gmail.com
Marci Callan: mcallan@fairport.org

Meet Referee:

Paul Memont: prmnes@verizon.net
Paul Maker: makerp@comcast.net

Administrative Referee:

Jack Dowling: jdowling@fedex.com

Technical Director: Doug Matchett,
Reed Gershwind - ISCD
Cindy Lu Bailey - Asst. ISCD

Entry Director: Deborah Burke
dburke1@rochester.rr.com

Marshalls: Terry Dillon & Scott Dillon

The Deaf International Short Course Swimming Championships (i.e. "DISCSC") competition will be conducted in accordance with FINA (version 2009-13) Technical Rules for Swimming Competitions. All equipment and implements used during competition will comply with FINA Rules and Regulations. In case of disagreement in the interpretation of FINA Rules and Regulations, the English text shall prevail. Unforeseen incidents not covered by the Rules and Regulations shall be resolved using the USA-S 2013 Rulebook. All unresolved incidents/protests are handled and decided by the DISCSC Meet Director.

It is understood and agreed that USA Swimming, Niagara Swimming, the Fairport Area Swim Team, and the Rochester Institute of Technology shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

United States Deaf Swimming (USDS) and the Fairport Area Swim Team (FAST) are responsible for the technical organization of the 2014 DISCSC.

Competitors must wear swimming costumes complying with the requirements of FINA Rules. Participants must observe the rules contained in the DISCSC Regulations regarding advertisements on clothing, etc. in the pool areas.

Referees and starters shall be in possession of a USA- Certification valid for 2014. However, referees and starters with valid FINA or national accreditation may be used.

ATHLETE ENTRY PROCEDURES

Entries are due no later than December 15, 2013, and are accepted on a first come/first served basis. Capacity for this competition is limited to 275 Athletes. Eligible Deaf athletes who are properly entered will have priority over hearing athletes for acceptance into this competition. Eligible participants include deaf athletes who comply with the ISCD regulations, properly registered USA Swimming Athlete Members, and members of FINA. There are no age restrictions for participation in this meet. Late entries, and "Deck" entries will be accepted only if the meet is not at capacity. Once the athlete capacity has been reached, no further entries will be accepted.

International Federations and USA-S Clubs are asked to submit entries using the Hy-Tek Events File that corresponds to this meet. For those Federations who do not have this capacity, please use the attached Entry Grid, and either scan/e-mail or mail to the Entry Chairperson as noted elsewhere in this handbook. E-mailed files are strongly preferred.

Send entries to: Deborah Burke
dburke1@rochester.rr.com

USDS has established standard qualification times for each individual event at the DISCSC. There are no qualification times for relay events. Qualification Times appear with the Order of Events elsewhere in this handbook. Qualification times must be obtained in the



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period from January 1, 2013 to October 31, 2013. National Federations having no qualified swimmers may enter one man and one woman regardless of time standards in the event(s) of their choice with evidence of participation in national and international competition.

Qualification times, and therefore entry times, are accepted in each of the following course formats: (1) Short Course Meter (SCM) times, (2) Long Course Meter (LCM) times, or (3) Short Course Yard (SCY) times. All entries for all events must specify which course type the qualifying time was achieved in. Entry times converted from one course format to another will not be accepted.

For purposes of entries, seeding, awards, & scoring, two divisions will be used: (1) Deaf Athletes, inclusive of all entrants who meet the eligibility criteria as specified by the ISCD, and (2) Hearing Athletes who are properly FINA or USA-S registered athletes and whom meet the time standards as specified in this handbook. Deaf athletes who do not meet the ISCD criteria will be categorized in the Hearing division.

Swimmers can be entered into and compete in up to 3 individual and 1 relay event on each day of competition. There are no "bonus event" entries for this meet. Only swimmers entered in individual events are eligible for relay events. The composition of relay teams must be announced at least one hour before the corresponding session begins. Relay team compositions may be changed between the prelims and finals. Medals will be awarded to those swimmers who swam on relays in the preliminaries and the final race, based on final ranking (1st - 3rd only).

MEET SCHEDULE AND FORMAT

- Day 1, January 14, 2014:
 - Warm-Ups: 4:00 p.m.
 - Preliminary Heats: 5:00 p.m.

- Day 2 through 4, January 15 - 17, 2014:
 - Warm-Ups: 9:00 a.m.
 - Preliminary Heats: 10:00 a.m.

- Warm-Ups: 5:00 p.m.
- Finals Heats: 6:00 p.m.

- Day 5, January 18, 2014:
 - Warm-Ups: 12:00 noon
 - Finals Heats: 1:00 p.m.

Technical Meeting
The first Technical Meeting will be held the afternoon of the first day of competition. A second Technical Meeting may be held at a later time after the first Technical Meeting.

Technical Meeting Attendance
Each participating National Federation and USA-S club may be represented by two officials.

Officials Meetings
All Officials must attend briefings which are scheduled one hour before the start of each session.

Meet Format
The meet will be Pre-Seeded with the exception of the 400 IM, 400 Free and the 800/1500 Free. Positive check-in (i.e. "circle in") will be required for seeding of these events. Positive check-in must be completed at least 1 hour prior to the beginning of the applicable session.

Seeding of Non-Conforming Entry Times: As the Competition Venue is a 25m course, entry times in LCM or SCY are non-conforming times. For seeding of all preliminary heats, non-conforming times will be seeded behind entries submitted in SCM, with LCM entries seeded after SCM entries, and with SCY entries seeded last. Within each entry time format, entries will be seeded slowest to fastest for preliminary heats.

Women's 800 Meter Free: Due to the lack of SCM and LCM qualification standards, the fastest 48 entries will be accepted for this event, and seeded according to the seeding of non-conforming entry times noted above.

All events are prelim/final events, except for the 50m Freestyle events, which will be prelim/semi-final/finals format for both Women and Men.



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Deaf and Hearing Athletes will compete in combined prelim heats, circle-seeded (last 3 heats only) by entry time. In all Finals heats, athletes will be seeded according to "Hearing" and "Deaf" athlete designations, with 8 swimmers in each division advancing to the Finals round. The exception is the 50 meter Freestyle, in which 16 Hearing and 16 Deaf Athletes will advance to the Semi-Finals, then 8 per Division to the Finals. In the Semi and Final rounds of each event, the heat(s) for the Hearing Athletes will compete first, followed by the heat(s) for Deaf Athletes.

Scratches/Withdrawal from Semi-Final and Final Rounds:

A swimmer or team not wishing to take part in final shall withdraw within thirty (30) minutes following the prelim heats of the event. The National Federation and USA-S clubs of any swimmer who withdraws from the final more than thirty (30) minutes after the prelim heats of the event shall pay to USDS the sum of \$1000 US dollars). There is no fine for relay withdrawal/scratches.

Scoring will be by Division (i.e. Deaf Division and Hearing Division) through 8th place. Points are awarded to USA-S Teams and National Deaf Federations as shown below:

Place of Finish	Individual Events	Relay Events
1st	9	18
2nd	7	14
3rd	6	12
4th	5	10
5th	4	8
6th	3	6
7th	2	4
8th	1	2

Awards: Individual & Relay Events - Medals, 1st - 3rd place, for each Division.

Individual High Point Trophies, male and female will also be awarded. 1s, 2nd, and 3rd Place Team Trophies will also be awarded.

There are also awards (trophies) in the following categories which will be awarded at the Banquet: Inspirational Award, Coach of the Meet award, and Team Award.

Fees: For USA-S participants, the entry fees are:

- \$10 per Individual Event
- \$15 per Relay Event
- \$10 per Swimmer Surcharge

Make checks payable to:

Fairport Swimming, Inc. - Organizational/Club checks only!

Send payment and waiver to:

Fairport Swimming, Inc.
17 Clinton Place
Fairport, NY 14450

Spectator Admission Fee

\$10 per day, payable at the door. CASH ONLY!

VENUES:

Competition Venue

The DISCSC will take place at the Hale Aquatics Center. The swimming complex is indoor with an 8-lane 25m-competition pool and a separate warm-up/warm-down pool. Water depth 1 - 5 meters from the start end of the competition course is 7 feet, 6 inches., while water depth 1 - 5 meters from the turn end of the competition course is 4 feet, 6 inches. The competition course is not certified with USA Swimming in accordance with 104.2.2c (4). Rooms, showers, and first aid services will be available.

- No diving in shallow end.
- Absolutely **NO** swimming under bulkhead.
- Starting block use is prohibited during training times.

Violation of any pool rules will lead to the individual's disqualification from the meet.

Training Venue

The training venue is the same as the competition venue. Pre-meet training sessions



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will be conducted in the competition venue beginning January 5, 2014. Available times are from 2:00pm - 4:00pm daily up to the beginning of the competition. Those interested in scheduling training time must contact Doug Matchett, Meet Director, for further details.

APPLICABLE RULES & REQUIREMENTS:

Entry requirements differ for Deaf and Hearing Athletes.

Deaf Athletes must be entered by their FINA-recognized National Federation to compete in the Deaf Athlete Division. All entries of Deaf athletes must include their ICSC ID number for processing. Deaf athletes without an ICSD Identification Number shall compete in the Hearing Athlete Division, and must be entered with their USA-S Identification Number.

Hearing Athletes - No entries will be accepted without a current USA Swimming number. No hearing swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

It is the responsibility of the USA-S Club to have a coach for swimmers entered in the meet. It must be a registered coach and can be assigned from another team. This could be done in advance by contacting another coach attending the meet. Otherwise, swimmers without a coach need to advise the Meet Director in advance.

Any USA-S Club or individual who enters a swimmer that is not USA-Swimming registered or not transferred within the Niagara LSC guidelines will be fined \$100.00. This requirement does not apply to Federations representing Deaf athletes.

Any USA-S athlete member entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks.

Hearing Devices - The use of any hearing aid(s)/amplification or external cochlear implant devices may not be used in the warm-up or competition pools. Their use is not forbidden from the restricted zone area; the restricted zone area is in effect from time athletes enter the call room and throughout the pool deck during the warm-up and competition period.

Only swimmers, coaches, officials and meet personnel are allowed on deck. Coaches must wear their USA-S or FINA Federation ID. Only coaches with registered swimmers participating in the meet will be allowed deck access.

Proper conduct on the part of all swimmers, coaches, and spectators is expected at all times. The meet area is restricted to the pool and adjoining locker rooms, the adjacent hallway and spectator area. Any swimmer found in an area designated out-of-bounds will be barred from participating in the remainder of the meet.

No food or glass containers are allowed in the pool and locker room areas. Misbehavior, vandalism and theft will not be tolerated and may result in being barred from participation in the meet.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

All Niagara LSC policies will be in affect including the warm-up procedures for an 8-lane facility.

Warm-up Procedures for all Sanctioned Meets in 8 Lane Pools

Pre-Meet warm-up period

Control/Supervise - Key words for safe warm-ups. Marshals should be actively supervising the



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warm-ups to ensure that proper procedures are followed.

General warm-up period

The first 30-45 minutes are for general warm-ups in all lanes.

There shall be **NO DIVING** off the blocks or the edge of the pool at this time.

Outside Lanes - Kicking only.

Inside Lanes - Swimming and pulling only; no paddles.

No sprinting or pace work.

Specific warm-up period

Last 30-45 minutes of pre-meet warm-up period.

In an eight lane pool, each lane shall be scheduled as follows:

Lanes 1 & 8 push off one or two lengths & back, beginning at the starting end of the pool. Circle swimming only.

Lanes 2 & 7 racing start only. Swim one length only. All swimmers begin at the starting end of the pool.

Lanes 3 - 6 general warm-up only (as above) **NO DIVING**.

Important Points for Specific Warm-Up Period

No diving in lanes other than those designated for racing dives. The blocks should be marked to remind swimmers that they should not dive.

Start all swimmers in all lanes at the starting end of the pool.

Coaches should stand at the starting end of the pool when verbally starting swimmers on sprint or pace work.

Swimmers should be reminded by coaches that breaststrokes need more lead-time than freestylers or butterfly swimmers.

Backstrokers should be reminded of the danger of leaving simultaneously with someone on the block. No one should be allowed on the starting block until the backstroker has executed his/her start.

The announcer should announce lane changes and/or warm-up changes as per general and specific. The announcer can serve as the reminder of procedures.

Coaches should maintain as much contact with their swimmers as possible - verbal and visual - throughout the warm-up period.

The Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.

Marshals have authority through the Meet Director for the warm-up period. A swimmer and/or Coach may be removed from the deck for interfering with the Marshals.

When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm up sessions should be split to provide a safe and adequate warm-up time for all.

The meet Referee shall have responsibility to establish and enforce rules for safe conduct within the competitive pool during the duration of the swimming competition.

The meet Safety Committee shall have responsibility for safety rules in all other areas during competition and shall assist the meet Referee in the competition pool if necessary.

The meet Safety Committee shall have any person deliberately violating safety rules removed from the meet facility.

There shall be at least one Marshal at each end of the pool to ensure the warm-up procedures will be followed.



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Warm-up procedures shall be enforced for any breaks scheduled during the competition.

Discretion and common sense must be used when establishing procedures. The above procedures may be modified by the meet Referee according to the needs of the meet.

LOCAL INFORMATION

Rochester Institute of Technology:

FOUNDED IN 1829, Rochester Institute of Technology is a privately endowed, coeducational university with nine colleges emphasizing career education and experiential learning.

THE CAMPUS occupies 1,300 acres in suburban Rochester, the third-largest city in New York state. RIT also has international campuses in Eastern Europe and Dubai.

THE RIT STUDENT BODY consists of approximately 15,000 undergraduate and 2,900 graduate students. Enrolled students represent all 50 states and more than 100 countries.

RIT is an internationally recognized leader in preparing deaf and hard-of-hearing students for successful careers in professional and technical fields. The university provides unparalleled access and support services for the more than 1,300 deaf and hard-of-hearing students who live, study, and work with hearing students on the RIT campus.

RIT ALUMNI number more than 110,000 worldwide.

National Technical Institute for the Deaf (NTID) at RIT:

As a career-focused university, RIT provides deaf and hard-of-hearing students with the finest career preparation to give them a competitive advantage when they graduate. Opportunities for deaf and hard-of-hearing students at RIT are unmatched by any university in the world.

RIT serves qualified deaf and hard-of-hearing students by providing:

- academic support and access services for students enrolled in bachelor's degree programs throughout the university;
- pre-baccalaureate studies and associate degree programs to prepare students to enter bachelor's degree programs;
- career-focused associate degree programs to prepare graduates for immediate employment in technology-based careers;
- career exploration studies for students who need additional information about careers and majors;
- reduced tuition through special federal support that allows deaf and hard-of-hearing students to pay about one-third of RIT's regular tuition rate.

For more information, visit www.rit.edu.

Directions from Rochester International Airport:

Turn right onto Brooks Avenue, then a quick right onto I-390 South. From 390-S, take the next exit (Scottsville Road) and turn right at the end of the ramp. Drive for approximately three miles, then turn left onto Jefferson Road (Route 252). Proceed east a short distance to campus, RIT's main entrance will be on your right.

Hotels: Please contact:

Laura Dermody
Travel Team USA
Phone: 585 347-4915
email: laura@travelteamusa.com

Banquet:

Saturday Evening, January 18, 2014. All Meet Participants are invited to attend.

For Additional Details contact:

Doug Matchett, Meet Director
email: dsmatchett@gmail.com



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USA-S MEMBER ENTRY SUMMARY
REQUIRED ONLY FOR MEMBERS OF USA SWIMMING
DEAF INTERNATIONAL SHORT COURSE SWIMMING CHAMPIONSHIPS
January 14 - 18, 201
Held under the sanction of Niagara Swimming Sanction #NI-1314-121

Club Name _____ Club Code _____
Coaches Name _____ Phone _____
E-mail _____
Person submitting Entry _____ Phone _____
E-mail _____

Total number of Swimmers _____ X \$10.00 = \$ _____
Total number of Individual Events: _____ X \$5.00 = \$ _____
Total number of Relay Entries: _____ X \$15.00 = \$ _____

Total Due \$ _____

Make checks payable to **Fairport Swimming, Inc.**

Team checks only please !!

Enclosed is payment of the entry fees for all events we have entered. In consideration of the acceptance of this entry, we hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Fairport Swimming, Inc., Meet Management personnel, USA Swimming, Niagara Swimming, Inc. and the Rochester Institute of Technology for injuries and/or expenses incurred by us at this meet or during transit to and from the meet. We are bona-fide amateur athletes eligible to participate in all events entered. **YOUR SIGNATURE BELOW AFIRMS ACCEPTANCE OF THESE CONDITIONS.**

Club Representative/Coach

Date

