

HAST LOCKER ROOM POLICY

Misconduct of any of these policies, will immediately be dealt with by the HAST Head Coach and the AFFC Director, Derric Rykert

1. The use of the AFFC locker rooms or any locker rooms HAST uses is a privilege granted to all swimmers, parents, and coaches associated with our team during normal practice hours. Due to the fact that we train at a public facility, **these changing areas are shared with the general public**. As such, there are likely to be people who are not associated with Hilltop Aquatic Swim Team in the changing areas around the time of practice, because public swim is permitted while our team is in the water.
2. AFFC Locker Room privileges may be revoked at any time, for any reason, based on the AFFC Director or the Coach's discretion.
3. Locker Rooms are to be used for changing, showering, and using the restrooms only. **There is to be NO LOITERING in the locker rooms.** Once an athlete is dressed (for practice, class, or home), they need to exit the locker room immediately. This pertains to before, during, and after practices.
4. Food/Eating in the locker rooms, and on the pool deck is prohibited.
5. To help with the air quality in the AFFC bubble, **HAST requires all swimmers to shower before entering the water.**
6. Coaches and staff members make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition. If they do not return in a timely fashion, we will check on the athlete's whereabouts to ensure their safety.
7. Horseplay and misbehavior in the locker rooms will NOT be tolerated and will lead to disciplinary actions if needed by our HAST Coaches.
8. Theft or vandalism will result in disciplinary action and/or dismissal from the team. Swimmers are encouraged NOT to leave items/bags/etc. in the locker rooms unless locked in a locker with your own lock during practice hours. AFFC and/or HAST will not be held responsible for lost, stolen or damaged items left in the locker rooms (or in the bleacher areas).
9. **Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas.**

The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area:

305.3 Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.

Please Report the Use of Any Cell Phones or Recording Devices to the an AFFC Staff Member or HAST coaching staff

- 10.** Taunting, Bullying, or Harassment of ANY nature will not be tolerated in the locker rooms and will result in disciplinary actions and possible dismissal from the team.
- 11.** Coaches have the right to restrict/limit and deny locker room privileges for any individual and/or groups of individuals if locker room privileges are abused or disciplinary problems persist.
- 12. In accordance with USA Swimming's SafeSport guidelines, We discourage parents from entering locker rooms and changing areas unless it is truly necessary.** If an athlete needs assistance with his or her uniform or gear (for example, a child under the age of eight), or an athlete's disability warrants assistance, then we ask that parents let the coach or an administrator know beforehand that he or she will be helping the athlete.
- 13.** Since our facility is a public venue, we will conduct a sweep of the locker rooms and changing areas during swim meets. Our coaches do their best to monitor these areas during periods of use. Coaches and AFFC staff conduct regular sweeps inside locker rooms as well, with women checking on female locker rooms, and men checking on male locker rooms.
- 14. As HAST Team Members, if you SEE or HEAR any of the above prohibited behavior, please report these concerns directly to our HAST Coaching Staff immediately.**

IF YOU HEAR SOMETHING OR SEE SOMETHING... SAY SOMETHING!

Thank you for helping to keep our changing areas safe and protected.

~HAST Coaching Staff