

HAST Policy for Parent Involvement & Check-In at Meets...

HOME MEETS...

Hosting a meet at our pool takes everyone's help to make it run smoothly. To achieve this, our team has set policies for parent involvement at home meets. If you sign up your swimmer for a **HOME MEET**, you—as a parent— **are EXPECTED** to help at that meet for the **ENTIRE LENGTH OF THE MEET**. In most meets, we have enough swimmers attending that we can do split shifts (2 hours shifts), but be prepared to help for the entire meet. There are many positions that need to be filled for a home meet to run successfully. As all of you know that have “worked” at a meet, the meet goes by much faster when you are involved and helping! We realize that problems may arise in which you would be unable to help at the meet. For that reason we have given you the option to hire someone in your place. You can sign up for an extra fee (that will be listed in the meet information) which will be billed to your account. This will hire someone to take your place at the meet for 4 hours, which is usually the time involved for a home meet. Most families have small children, but we still need your help at the meet. Please make prior arrangements for their care so that one parent or an older sibling (14 & older) is available to fill a position at the meet.

JOB SIGN-UPS

We now have a system in which you can **sign-up online** for the shift and position you would like to do at the meet. You will need to go to our website www.hilltopaquatics.org and find the specific home meet on the HOME PAGE, then follow the link for “Parent Volunteer Sign-up”. Signing up online allows you to sign up before the meet and get the time and position you would like. **We do not offer the opportunity to sign up ‘at the meet’.** Your account will be charged the fee listed in the meet information for us to hire someone in your place.

- **JOB SIGN-UP DUE DATE** is the late day job assignments will be open for signups. After that, parent's with swimmers attending a meet will be automatically signed up for us to “Hire Someone for you” (for a fee). We need to be able to get all spots filled before a meet begins. You will not be able to change assignments after we have filled your assignment.

We all would like to leave when our swimmer finishes their event, **BUT at HOME MEETS we need EVERYONE TO STAY UNTIL THE END OF THEIR SHIFT - whether your swimmer is through or not, so please don't ask to be replaced!**

If you do not show up for a shift, **you will be billed the fee listed in the meet information.** If you do not show up, someone else has had to take your place and we are left short-handed, so please understand this is our only way to make sure we have enough parents or hired help, to help us run our home meets. This fee will be automatically invoiced to your account and paid in full, before your swimmer can continue their workouts.

EVERY PARENT MUST CHECK-IN

We will have a HAST PARENT CHECK-IN table at home meets. This is the table where you will check-in as you **arrive** at the meet (**at the beginning of warm-ups**) so that we are aware that you are here to fill your position. You will also receive a FREE meet program as you check in. **SWIMMERS CANNOT CHECK IN FOR THEIR PARENTS.**

- ***Extra \$#!.... This is the time to also let the check-in people know that you are willing to “FILL IN” for someone that does not show up, and get \$10 an hour CREDIT in your account to take someone's shift!***

All HOME MEETS will usually last 4 full hours. If it gets through earlier, then we all have a pleasant surprise! Also, **IF** we have enough swimmers—and parent help— sign up for the meet, we will try to split the shifts into two sessions, but don't

rely on this happening. **IF** we do split the work session, an email will be sent out to the team, and those that have signed up online will automatically be placed as the first shift. If you would like to change to the second shift, just go online again and change your work session.

AWAY MEETS...

All AWAY MEETS require that we provide timers to help at their meet. We need all parents to sign up to time at the away meets also. This is on a first come basis, and done online as well. You will need to check-in with the CHECK-IN Coordinator on deck at the BEGINNING of warmups. If you have not checked-in with the check-in coordinator at the away meet, you will be replaced and charged the fee for the team to hire someone in your place.

The **JOB SIGN-UP DUE DATE** applies to an away meet also.

STATE MEETS...

THIS INCLUDES:

SENIOR STATE (FEBRUARY) ~

SHORT COURSE JUNIOR OLYMPICS (MARCH) ~ SHORT COURSE BEEHIVE FINALE (MARCH) ~

LONG COURSE STATE CHAMPIONSHIPS (JULY) ~ LONG COURSE BEEHIVE FINALE (JULY)

Our team is one of the biggest in the state so naturally at these state meets we are **required** by Utah Swimming to provide volunteer help **by our parents** in numerous positions so that these meets will also run extremely efficiently. ***All State Swimmers must have a parent provide this help.*** The online sign-ups will be available for these meets as well. It is YOUR responsibility as the parent of a “State Swimmer” to sign up **BEFORE TURNING IN YOUR ENTRY FORM** and select a shift to time. Usually these shifts are 3-5 hours long-sometimes more, sometimes less – BE PREPARED!! It is also your responsibility to check in with **THE HEAD COACH ON DECK AT THE BEGINNING OF WARM-UPS!**

There is an option to pay \$50.00 at the Junior Olympic Meet and the LC State Championship, and \$25.00 at the Senior State and Beehive Finale Meets, to hire someone to take your place at these meets. **You will need to stay through your entire shift, whether your swimmer is through or not – please don’t ask to be replaced.** If you do not show up for your shift, or leave early, and do not fulfill your assignment completely at any of the State Meets, you will be billed \$50.00 and your swimmer will not be allowed to continue with workouts until your account is paid in full.

AND TO OUR WONDERFUL PARENTS....

We have the greatest parent support in the state!!! Other teams have commented on this frequently! For those parents that have helped at all the meets, and have been willing to help wherever needed, at any time, we appreciate your efforts and commitment to the team. Our team is one of the top teams in the state because of parents like you!! We are very privileged to be able to have home meets, thanks to the support of the Fitness Center. Many swimmers throughout the state do not have the many opportunities our swimmers enjoy.

Thanks again for all you do, and for your many hours supporting our team and your swimmer. As always, if you have any questions, or concerns, please let us know.

~HAST Coaching Staff