

# Emory Community Swimming

## 2019 Summer Swim Lessons

Registration Opens on March 1, 2019

QUESTIONS? John at 404-727-5302

### Indoor Swim Lessons

Woodruff PE Center on the Emory University Campus

<b>May 20 - 30, 2019</b>	<b>Open to ALL</b>
Monday-Thursday, 4 Classes Wk1 and 3 Classes Wk2 (No class on Memorial Day, May 27) Classes offered at 5:00, 5:40, 6:20, and 7:00 PM Groups Offered - Starfish 1, Starfish 2, Tadpole, and Guppy	7 Total Lessons Classes are 30 min. in length Cost \$98.00
<b>June 3 - 30, 2019</b>	<b>Open to ALL</b>
Monday/Wednesday <u>or</u> Tuesday/Thursday, 2 Classes per Week for 4 Weeks Classes offered at 5:00, 5:40, 6:20, and 7:00 PM Groups Offered - Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00
<b>June 3 - 13, 2019</b>	<b>Open to ALL</b>
Monday-Thursday, 4 Classes per Week for 2 Weeks Classes offered at 5:00, 5:40, 6:20, and 7:00 PM Groups Offered - Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00
<b>June 17 - 27, 2019</b>	<b>Open to ALL</b>
Monday-Thursday, 4 Classes per Week for 2 Weeks Classes offered at 5:00, 5:40, 6:20, and 7:00 PM Groups Offered - Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00
<b>July 8 - August 1, 2019</b>	<b>Open to ALL</b>
Monday/Wednesday <u>or</u> Tuesday/Thursday, 2 Classes per Week for 4 Weeks Classes offered at 5:00, 5:40, 6:20, and 7:00 PM Groups Offered - Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00
<b>July 8 - 18, 2019</b>	<b>Open to ALL</b>
Monday-Thursday, 4 Classes per Week for 2 Weeks Classes offered at 5:00, 5:40, 6:20, and 7:00 PM Groups Offered - Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00
<b>July 22 - August 1, 2019</b>	<b>Open to ALL</b>
Monday-Thursday, 4 Classes per Week for 2 Weeks Classes offered at 5:00, 5:40, 6:20, and 7:00 PM Groups Offered - Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00

### Weekend Outdoor Swim Lessons

Student Activity & Academic Center (SAAC) on the Emory U. Campus

<b>June 8, 15, 22, 29, July 13, 20, 27, Aug 3</b>	<b>Open to ALL</b>
Saturday, 1 Class per Week for 8 Weeks (July 6 OFF) Classes offered at 9:15, 10:00 or 10:45 AM Groups Offered - Seahorse, Clownfish, Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00
<b>June 9, 16, 23, 30, July 14, 21, 28, Aug 4</b>	<b>Open to ALL</b>
Sunday, 1 Class per Week for 8 Weeks (July 7 OFF) Classes offered at 9:15, 10:00 or 10:45 AM Groups Offered - Seahorse, Clownfish, Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00
<b>June 8, 9, 15, 16, 22, 23, 29, 30</b>	<b>Open to ALL</b>
Saturday and Sunday, 2 Classes per Week for 4 Weeks Classes offered at 9:15, 10:00 or 10:45 AM Groups Offered - Seahorse, Clownfish, Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00
<b>July 13, 14, 20, 21, 27, 28, Aug 3, 4</b>	<b>Open to ALL</b>
Saturday and Sunday, 2 Classes per Week for 4 Weeks Classes offered at 9:15, 10:00 or 10:45 AM Groups Offered - Seahorse, Clownfish, Starfish 1, Starfish 2, Tadpole, and Guppy	8 Total Lessons Classes are 30 min. in length Cost \$112.00

# Outdoor Swim Lessons

Student Activity & Academic Center (SAAC) on the Emory U. Campus

These swim lessons are only open to SAAC Pool Members. You must have a valid ID to enter the facility for lessons.

<b>June 3 - 30, 2019</b>	<b>OUTDOOR Swim lessons</b>	<b>SAAC, Emory U.</b>	<b>Open ONLY to SAAC Pool Members</b>
Monday/Wednesday <u>or</u> Tuesday/Thursday, 2 Classes per Week for 4 Weeks			8 Total Lessons
Classes offered at 4:15, 5:00, and 5:45 PM			Classes are 30 min. in length
Groups Offered - Starfish 1, Starfish 2, and Tadpole			Cost \$112.00
<b>July 8 - August 1, 2019</b>	<b>OUTDOOR Swim lessons</b>	<b>SAAC, Emory U.</b>	<b>Open ONLY to SAAC Pool Members</b>
Monday/Wednesday <u>or</u> Tuesday/Thursday, 2 Classes per Week for 4 Weeks			8 Total Lessons
Classes offered at 4:15, 5:00, and 5:45 PM			Classes are 30 min. in length
Groups Offered - Starfish 1, Starfish 2, and Tadpole			Cost \$112.00

GROUP DESCRIPTIONS	
<b>SEAHORSES</b>	Infants and Toddlers 6 mos. – 18 mos. Classes are for both parent and child. Lessons will focus on water adjustment, kicking motion and strength, floating, breath holding and submersion, blowing bubbles and an introduction to water safety skills.
<b>CLOWNFISH</b>	New beginning swimmers. Ages 18 mos. to 3 years old. Clownfish is a bridge class between Seahorses and Starfish 1, where parents are in the water with the children. It is designed for swimmers who are new to lessons or have had lessons but are not yet comfortable in the water without a parent. A beginning swimmer needs assistance in the water. Lessons will focus on becoming comfortable working with an instructor and include skills such as putting face in the water, blowing bubbles, front and back floating, kicking, introduction to front and back swimming, and water safety. No ability requirement.
<b>STARFISH 1</b>	New beginning swimmers. Ages 2.5 to 4 years old. Starfish 1 is designed for swimmers who are new to swim lessons or have had lessons but are not yet comfortable in the water. A beginning swimmer is a child who needs assistance in the water. Lessons will focus on putting face in the water, blowing bubbles, front and back floating, kicking, and introduction to front and back swimming, and water safety. No ability requirement.
<b>STARFISH 2</b>	Beginning swimmers. Ages 3 to 7+ years old. Starfish 2 is designed for swimmers who are comfortable in the water and with swim lessons. A beginning swimmer is a child who needs assistance in the water. Lessons will focus on breathing, front and back floating, kicking, introduction to front and back swimming, and water safety. No ability requirement.
<b>TADPOLES</b>	Advanced Beginners. Ages 3-8+. New swimmers who still need some assistance in the water and who can swim a minimum of 5 yards of the pool unassisted, but are still learning to master the fundamentals of freestyle and backstroke. Lessons will develop freestyle and backstroke and focus on side breathing, body position, kicking strength, head first diving and water safety.
<b>GUPPIES</b>	Intermediate swimmers. Swimmers who DO NOT need assistance in the water and can swim a length of the pool unassisted, but are still learning to master the fundamentals of swimming. Lessons will continue to develop freestyle and backstroke technique, head first diving, water safety, as well as introducing breaststroke and butterfly.

Student-Teacher Ratios		
Seahorse	10:1	Minimum class size=3
Clownfish	6:1	Minimum class size=3
Starfish1	4:1	Minimum class size=2
Starfish2	4:1	Minimum class size=2
Tadpole	5:1	Minimum class size=2
Guppy	6:1	Minimum class size=2
Classes may be cancelled if minimum is not met		

[WWW.EMORYCOMMUNITYSWIMMING.COM](http://WWW.EMORYCOMMUNITYSWIMMING.COM)

GENERAL INFORMATION
<b>Lesson Cost: \$14.00 per class (8 class session - \$112)</b>
Classes are reserved on a first-come, first served basis
Payment is due at registration / spots are not held without payment
<b>NO REFUNDS</b> - Instructors are hired based on registrations
<b>NO MAKE-UP CLASSES</b> for missed classes
No minimum requirement for participation
Outdoor evening lessons are open ONLY to SAAC Pool members