



Short Course Records

Girls	Time	Year	8 & Under	Boys	Time	Year
Valerie Guzman-Delahoz	32.29	2017	50 Free	Justin Jager	37.75	2011
Valerie Guzman-Delahoz	1:13.89	2017	100 Free	Jose Zagal	1:25.56	2003
Valerie Guzman-Delahoz	2:49.04	2017	200 Free	Jose Zagal	3:10.13	2003
Valerie Guzman-Delahoz	40.14	2017	50 Back	Dutch Allen	46.92	2010
Valerie Guzman-Delahoz	1:28.07	2017	100 Back	Jose Zagal	1:41.35	2003
Kelle Baer	50.12	2010	50 Breast	Tyler Gardner	44.61	2010
Valerie Guzman-Delahoz	1:50.84	2016	100 Breast	Tyler Gardner	1:42.48	2010
Valerie Guzman-Delahoz	43.56	2016	50 Fly	Justin Jager	50.15	2011
Valerie Guzman-Delahoz	1:22.75	2017	100 Fly	Justin Jager	1:55.86	2011
Valerie Guzman-Delahoz	1:21.20	2017	100 IM	Jose Zagal	1:41.48	2003
Valerie Guzman-Delahoz	3:01.20	2017	200 IM	***		

Girls	Time	Year	9-10	Boys	Time	Year
Kelle Baer	31.02	2013	50 Free	Hayden Green	31.15	2004
Rebecca Smith	1:08.62	2010	100 Free	Hayden Green	1:08.12	2004
Christina McBride	2:38.58	2003	200 Free	Hayden Green	2:27.56	2004
Valerie Guzman-Delahoz	6:54.14	2018	500 Free	Hayden Green	6:30.18	2004
Valerie Guzman-Delahoz	36.65	2018	50 Back	Koji Aoki	35.89	2006
Stephanie Guzman-Delahoz	1:22.05	2016	100 Back	Koji Aoki	1:18.76	2006
Stephanie Guzman-Delahoz	41.10	2016	50 Breast	Parker Gardner	40.23	2010
Stephanie Guzman-Delahoz	1:28.73	2016	100 Breast	Parker Gardner	1:28.95	2010
Valerie Guzman-Delahoz	33.35	2018	50 Fly	Hayden Green	35.16	2004
Maria De La Cruz	1:16.85	2009	100 Fly	Hayden Green	1:20.29	2004
Stephanie Guzman-Delahoz	1:15.03	2016	100 IM	Hayden Green	1:18.78	2004
Valerie Guzman-Delahoz	2:47.04	2018	200 IM	Hayden Green	2:44.62	2004

Girls	Time	Year	11-12	Boys	Time	Year
Christina McBride	27.39	2005	50 Free	Tyler Nielsen	25.70	2009
Christina McBride	1:00.28	2005	100 Free	Tyler Nielsen	56.31	2009
Christina McBride	2:17.29	2005	200 Free	Tyler Nielsen	2:08.53	2009
Christina McBride	6:03.79	2005	500 Free	Marcos Sanchez-Gonzalez	5:45.60	2017
***			1650 Free	Brock Mitchell	22:31.58	2005
Micall Johnson	31.24	2010	50 Back	Andrew Brinker	30.97	2004
Micall Johnson	1:07.89	2010	100 Back	Tyler Nielsen	1:07.40	2009
Micall Johnson	2:30.19	2010	200 Back	Koji Aoki	2:27.54	2008
Chante Lundskog	34.66	2004	50 Breast	Andrew Brinker	35.88	2004
Chante Lundskog	1:17.26	2004	100 Breast	Koji Aoki	1:20.58	2008
Stephanie Guzman-Delahoz	2:47.00	2018	200 Breast	Hayden Green	2:51.22	2006
Christina McBride	30.17	2005	50 Fly	Hayden Green	28.91	2006
Stephanie Guzman-Delahoz	1:07.44	2018	100 Fly	Hayden Green	1:05.08	2006
Stephanie Guzman-Delahoz	2:36.55	2018	200 Fly	Hayden Green	2:29.37	2006
Christina McBride	1:09.27	2005	100 IM	Jose Zagal	1:07.87	2007
Stephanie Guzman-Delahoz	2:28.05	2018	200 IM	Hayden Green	2:27.41	2006
Stephanie Guzman-Delahoz	5:16.20	2018	400 IM	Hayden Green	5:18.92	2006



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Girls	Time	Year	13-14	Boys	Time	Year
Christina McBride	26.63	2006	50 Free	Gage Milligan	23.92	2014
Lizzie Hammond	58.03	2008	100 Free	Jonah Simon	53.05	2012
Lizzie Hammond	2:04.37	2008	200 Free	Brock Mitchell	1:56.70	2007
Lizzie Hammond	5:31.80	2008	500 Free	Brock Mitchell	5:09.23	2007
Heide Bleizeffer	12:20.57	2014	1000 Free	Brock Mitchell	10:37.88	2007
Heide Bleizeffer	20:22.85	2014	1650 Free	Brock Mitchell	17:56.55	2007
Uso Tagoa'i	1:05.02	2017	100 Back	Jonah Black	57.10	2014
Maddison Merrill	2:23.54	2010	200 Back	Gavin Holmberg	2:08.36	2018
Chante Lundskog	1:14.88	2005	100 Breast	Andrew Brinker	1:08.50	2006
Mckenzie Pollei	2:47.42	2009	200 Breast	Andrew Brinker	2:33.25	2006
Lizzie Hammond	1:06.17	2008	100 Fly	Hayden Green	57.21	2008
Christina McBride	2:35.28	2006	200 Fly	Lincoln Yospe	2:10.25	2016
Christina McBride	2:24.20	2006	200 IM	Hayden Green	2:07.44	2008
Christina McBride	5:04.34	2006	400 IM	Hayden Green	4:33.62	2008

Girls	Time	Year	Senior	Boys	Time	Year
Christina McBride	26.54	2009	50 Free	Andrew Brinker	23.72	2008
Uso Tagoa'i	58.51	2018	100 Free	Brock Mitchell	52.14	2008
Kayla Ralph	2:09.75	2018	200 Free	Brock Mitchell	1:54.20	2008
Eden Preston	5:52.06	2017	500 Free	Brock Mitchell	5:05.51	2008
***			1000 Free	Brock Mitchell	10:27.67	2008
***			1650 Free	Brock Mitchell	17:33.57	2008
Uso Tagoa'i	1:02.95	2018	100 Back	Andrew Brinker	55.61	2008
Uso Tagoa'i	2:18.42	2018	200 Back	Andrew Brinker	2:03.41	2008
Alyssa Fenstermaker	1:17.38	2016	100 Breast	Kurt Healy	1:01.25	2014
Eden Preston	2:54.97	2017	200 Breast	Kurt Healy	2:15.51	2014
Mccall Mash	1:05.15	2013	100 Fly	Holden Cheney	56.13	2019
Eden Preston	2:27.31	2018	200 Fly	Holden Cheney	2:05.30	2019
Kayla Ralph	2:28.29	2018	200 IM	Kurt Healy	2:06.63	2014
Eden Preston	5:22.20	2017	400 IM	Kurt Healy	4:27.56	2014



Long Course Records

Girls	Time	Year	8 & Under	Boys	Time	Year
Kelle Baer	44.25	2010	50 Free	Justin Jager	44.39	2011
Mimi Win	1:46.37	2004	100 Free	Dutch Allen	1:36.28	2009
Mccall Mash	4:22.28	2004	200 Free	Tyler Nielsen	4:11.66	2005
Audrey Gale	50.91	2015	50 Back	Cooper Greene	57.11	2008
Kelle Baer	1:53.14	2010	100 Back	Tyler Nielsen	2:05.37	2005
Kelle Baer	59.17	2010	50 Breast	Tyler Gardner	1:02.53	2009
Audrey Gale	2:16.53	2015	100 Breast	Tyler Gardner	2:08.31	2009
Valerie Guzman-Delahoz	55.62	2016	50 Fly	Dutch Allen	1:04.69	2010
***			100 Fly	***		
Audrey Gale	4:53.23	2015	200 IM	Dutch Allen	4:36.18	2010

Girls	Time	Year	9-10	Boys	Time	Year
Christina McBride	34.79	2003	50 Free	Hayden Green	35.11	2004
Stephanie Guzman-Delahoz	1:19.00	2016	100 Free	Hayden Green	1:17.04	2004
Audrey Gale	3:16.02	2017	200 Free	Hayden Green	2:45.91	2004
***			400 Free	Hayden Green	5:57.44	2004
Micall Johnson	41.40	2008	50 Back	Koji Aoki	42.29	2005
Micall Johnson	1:31.69	2008	100 Back	Hayden Green	1:29.47	2004
Stephanie Guzman-Delahoz	45.01	2016	50 Breast	Tyler Gardner	47.28	2011
Stephanie Guzman-Delahoz	1:39.72	2016	100 Breast	Tyler Gardner	1:43.12	2011
Stephanie Guzman-Delahoz	36.97	2016	50 Fly	Hayden Green	39.03	2004
Valerie Guzman-Delahoz	1:23.17	2018	100 Fly	Hayden Green	1:29.79	2004
Valerie Guzman-Delahoz	3:09.57	2018	200 IM	Hayden Green	3:09.35	2004

Girls	Time	Year	11-12	Boys	Time	Year
Christina McBride	31.44	2005	50 Free	Tyler Nielsen	29.05	2009
Christina McBride	1:10.13	2005	100 Free	Tyler Nielsen	1:03.54	2009
Christina McBride	2:42.62	2005	200 Free	Tyler Nielsen	2:27.51	2009
Christina McBride	5:37.71	2005	400 Free	Tyler Nielsen	5:31.50	2009
Micall Johnson	36.43	2009	50 Back	Gavin Holmberg	34.81	2016
Micall Johnson	1:18.62	2009	100 Back	Gavin Holmberg	1:16.49	2016
Stephanie Guzman-Delahoz	3:04.46	2018	200 Back	Gavin Holmberg	2:48.34	2016
Stephanie Guzman-Delahoz	40.96	2018	50 Breast	Hayden Green	40.71	2006
Stephanie Guzman-Delahoz	1:29.67	2018	100 Breast	Hayden Green	1:30.90	2006
Brooke Horton	3:38.53	2015	200 Breast	Parker Gardner	3:29.75	2011
Christina McBride	34.67	2005	50 Fly	Hayden Green	31.41	2006
Stephanie Guzman-Delahoz	1:20.26	2018	100 Fly	Tyler Nielsen	1:12.83	2009
Kimberly Nguyen	3:54.34	2004	200 Fly	Tyler Nielsen	2:50.97	2009
Stephanie Guzman-Delahoz	2:50.67	2018	200 IM	Tyler Nielsen	2:47.85	2009
***			400 IM	Hayden Green	5:59.59	2006



Long Course Records

Girls	Time	Year	13-14	Boys	Time	Year
Christina McBride	30.11	2006	50 Free	Andrew Brinker	27.55	2006
Christina McBride	1:06.28	2006	100 Free	Jonah Simon	59.98	2012
Christina McBride	2:28.07	2006	200 Free	Koji Aoki	2:15.09	2009
Christina McBride	5:17.27	2007	400 Free	Brock Mitchell	4:52.09	2006
Heide Bleizeffer	11:32.09	2014	800 Free	Brock Mitchell	10:44.98	2006
Heide Bleizeffer	21:45.27	2014	1500 Free	Brock Mitchell	19:59.58	2006
Kayla Ralph	1:17.78	2016	100 Back	Gavin Holmberg	1:06.43	2018
Kayla Ralph	2:46.21	2016	200 Back	Gavin Holmberg	2:24.58	2018
Chante Lundskog	1:25.31	2005	100 Breast	Andrew Brinker	1:17.84	2006
Chante Lundskog	3:17.99	2005	200 Breast	Andrew Brinker	2:52.23	2006
Christina McBride	1:15.81	2006	100 Fly	Hayden Green	1:05.40	2008
Alex Walker	3:36.96	2009	200 Fly	Brock Mitchell	2:31.08	2006
Christina McBride	2:46.01	2007	200 IM	Hayden Green	2:27.82	2008
Christina McBride	6:03.71	2007	400 IM	Gavin Holmberg	5:21.87	2018

Girls	Time	Year	Senior	Boys	Time	Year
Kayla Ralph	29.73	2018	50 Free	Xavier Barker	25.82	2018
Kayla Ralph	1:05.73	2018	100 Free	Xavier Barker	58.80	2018
Christina McBride	2:24.99	2010	200 Free	Brock Mitchell	2:11.90	2008
Oaklee Greenland	5:21.38	2017	400 Free	Brock Mitchell	4:40.31	2008
***			800 Free	Brock Mitchell	9:40.81	2008
***			1500 Free	Brock Mitchell	18:24.53	2008
Uso Tagoa'i	1:12.84	2018	100 Back	Lincoln Yospe	1:05.59	2018
Kayla Ralph	2:38.90	2018	200 Back	Lincoln Yospe	2:23.61	2018
Uso Tagoa'i	1:34.14	2019	100 Breast	Scott Brass	1:10.72	2003
Eden Preston	3:24.33	2018	200 Breast	Scott Brass	2:42.31	2003
Eden Preston	1:14.46	2017	100 Fly	Holden Cheney	1:02.78	2019
Eden Preston	2:42.54	2018	200 Fly	Holden Cheney	2:22.29	2019
Christina McBride	2:41.78	2010	200 IM	Holden Cheney	2:26.77	2019
Eden Preston	6:02.39	2017	400 IM	Lincoln Yospe	5:18.33	2017