



2021 Olympus Aquatics IMR IV
Hosted by
Olympus Aquatics
 Held under the sanction of USA Swimming

Sanction# UT21-01
January 7, 2021

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. It is further understood that Utah Swimming LSC and Olympus Aquatics Club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

We have taken enhanced health and safety measures – for you, coaches, officials, and swimmers. You must follow all posted instructions while attending or participating in this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

Location:	Olympus High School Aquatic Center 4055 South 2300 East, Holladay, UT 84124 Emergency calls the day(s) of the meet: 801-918-5021		
Session Dates and Times:	Session	Warm Up	Meet Starts
	Thursday January 7, 2020	6:00PM	6:30PM
Facility:	Pool Specifications: 25 Yard pool with eight (8) lanes Start End Water Depth: 9.0 feet @ 1 meter from wall; 7.25 feet @ 5 meters from wall Turn End Water Depth: 7 feet @ 1 meter from wall; 7.1 feet @ 5 meters from the wall Timing: Colorado Timing System and pads with a horn/strobe start Pool Certification: The competition course has not been certified in accordance with 104.2.2C(4).		
Meet Director:	Shawn Stringham, (801) 918-5021 Email: shawn@olympusaquatics.com		
Meet Referee:	Richard Jorgensen, (801) 510-7828 Email: ricky_jorg@msn.com		
Meet Starter:	Susan Astle, (801) 674-2174 Email: suezastle@gmail.com		

Meet Admin. Official:	Leslie Morton , (801) 450-3507 Email: lesliefmorton@gmail.com
Eligibility:	This meet is open to all USA Swimming 2021 registered USA Swimming athletes. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. This meet will be run according to current USA Swimming rules and regulations. Swimmer's age on the first day of the meet determines age group for the entire competition.
Deck Registration:	No deck registration will be accepted; swimmers must be registered at time of entry.
Entry Limits, Fees and Deadlines:	<p>This meet will be limited to the number of swimmers required to comply with the 4-hour rule. Teams will not be split. Individual swimmers may enter up to FOUR (4) individual events. No Times (NT's) are accepted.</p> <p>The meet referee reserves the right to limit the number of 400 IM swimmers to the fastest 24 female and the fastest 24 male entrants. More entries may be accepted as time permits.</p> <p>Surcharge per participating swimmer: \$12.00 Individual Event Entry: \$5.00</p> <p>All fees must accompany entries and are nonrefundable. One team check is recommended. Make checks payable to Olympus Aquatics. All entries must be received (in the hands of the below designated person) by 5:00 PM, Tuesday January 5th, 2021. Late entries will be accepted within the above limits until 10:00 a.m. the day of the meet. No deck entries will be accepted, and the meet will be pre-seeded.</p> <p>Mail or deliver entries to: Shawn Stringham 1917 East 3780 South Salt Lake City, UT 84106 (801) 918-5021</p> <p>Or e-mail entries to: shawn@olympusaquatics.com</p> <ul style="list-style-type: none"> • Please submit all entries using electronic meet entry software (Hytek, TeamUnify, etc.), including proof of time verification. Individuals/Teams mailing the USI Official Entry form found on the sanctions page of the Utah Swimming website (www.swimutah.com) must make sure that each form is signed and provide time verification for each entry. Entries are not accepted without said verification. • Entries are not considered confirmed until the team entry representative receives official confirmation from the meet entry contact. If the team entry representative does not receive an email confirmation regarding your entries within 24 hours of the entry deadline, please contact the meet entry contact immediately. A printed copy of submitted entries will be used to resolve any entry issues. • The person submitting a team's entries is the team entry representative and the received email implies the official signature of the team entry representative. Said person will be the only person to make changes and will be responsible for all fines and

	<p>penalties resulting from inaccurate times and unregistered swimmers.</p> <p><i>*Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter, whether the swimmer, coach, parent or team representative, certifies that the swimmer is a registered member of USA Swimming and that all times stated in the entry are true and correct.</i></p> <p><i>*The submitter further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming, Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry, upon it being proven that the swimmer was not so registered.</i></p>
<p>Entry Rules:</p>	<p>Entries must be submitted in the course in which they were achieved. Converted times should NOT be used. All times submitted must be the swimmer's best time. Event seeding will be in the following order: Conforming SCY, non-conforming LCM, non-conforming SCM.</p> <p>Swimmers without a valid USA Swimming time in an event must be submitted as a "NT" in that event.</p> <p>A mandatory scratch down may apply to this meet if the timeline exceeds 4 hours for 12-Under swimmers, subject to the provisions of USA Swimming Rules and Regulations 205.3.1F. If a scratch down is necessary, teams will be reimbursed for said scratched events.</p>
<p>Meet Format, Check-in and Scratches</p>	<p>This meet will run as timed finals.</p> <p>All events at this meet will be negative check in.</p> <p>400 IM will be swum fastest to slowest.</p> <p>Scratches are due to the Clerk of Course by 6:00 p.m. on the day of the meet. If a swimmer misses her/his event, s/he will not be allowed to swim that event. However, s/he will not be scratched from subsequent events.</p> <p>Time trials will not be offered.</p>
<p>Warm-up:</p>	<p>USA Swimming and Utah Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:</p> <ul style="list-style-type: none"> • Warm-up: Coaches have the responsibility of ensuring that all their swimmers are instructed in warm-up procedures and that the swimmers follow all Utah Swimming safety procedures. All swimmers will enter the pool from a sitting or 3-point position. No pushing, splashing, running or any other general horseplay. Swimmers engaging in such activities will be asked to leave the pool. • All USA Swimming athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist unaccompanied swimmers in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet. 202.5.3

	During the last 5 minutes of warm-up lanes 2 and 5 will be opened for diving starts in the competition pool only and lanes 1 and 6 will be cleared for pace lanes under coach's supervision.
Dive Certification:	"Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement." 202.4.10D
Concussion:	Any swimmer under the age of 18 entered in the meet must have a current (within the year), athlete and parent signed Concussion Informed Consent Acknowledgement. If affiliated with a member club, it must be on file with the club. If unaffiliated with a member club, it is the responsibility of the swimmer or the swimmer's parent or legal guardian to ensure compliance with this requirement.
Minor Athlete Abuse Protection Policy (MAAPP)	USA Swimming Rules, including the Minor Athlete Abuse Protection Policy (MAAPP) will govern this meet. All athletes age 18 or older must have completed Athlete Protection Training in order to be eligible to compete in this meet.
Restrictions:	Deck changes are prohibited. 202.4.10I Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. 202.4.10H Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. 202.4.10J
Adaptive Swimming	Adaptive swimming: In accordance with USA Swimming rule 202.4.14 & Article 105.1, the Meet Referee has the authority to accommodate swimmers with disabilities in accordance with USI P&P 1.17. The coach or person in charge of team entries must notify the meet referee and meet entry contact of accommodations requests at the time of entry submission.
Awards:	There will be no awards.
Results:	Final Results will be available on the Utah Swimming web site in a (HTML) printable format and in a downloadable Team Manager (Cfile.zip) format. Results will not be mailed. Results will be emailed after the completion of the meet.
Deck access:	Deck access is limited to swimmers, coaches, officials & meet workers. Officials and coaches must wear their USA Swimming ID cards to be allowed on deck. Credentials will be checked.
Officials:	Official's swimmer's entrance fees will be waived. Please let us know who will be available to officiate so the entrance fees can be deducted.
Hospitality:	There will be food and drinks available at all sessions for officials and coaches.
Timers:	Olympus Aquatics will provide all timers.
Parking:	Free parking is available next to the building

Web Site:

For meet info, please visit the Utah Swimming web site at:
<http://www.swimutah.com>

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USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND UTSI AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.



SESSION #1

Thursday– January 7, 2021
(Warm-up 6:00 pm - Start 6:30pm)

Event	Age/Gender	Description
1	Mixed 5 & Over	50 Freestyle
2	Mixed 10 & Under	25 Freestyle
3	Mixed 5 & Over	100 Freestyle
4	Mixed 10 & Under	25 Breaststroke
5	Mixed 5 & Over	50 Butterfly
6	Mixed 5 & Over	200 Breaststroke
7	Mixed 10 & Under	25 Backstroke
8	Mixed 5 & Over	100 Butterfly
9	Mixed 10 & Under	25 Butterfly
10	Mixed 5 & Over	400 IM*

***400 IM will be seeded and swum fastest to slowest**