***COMPETITION TEAM: What Group Should I Register My Swimmer For?***

**Swimmer is 15 yrs+**

1. **How many practices will he/she commit to doing?**
   1. 3-5 per week = Senior Development
   2. 8-10 per week = National Development
2. **Is your swimmer seasonal (takes regular breaks, like for high school swim or other sports, plays, etc.)?**
   1. Yes = Senior Development
   2. No = National Development
3. **How often can your swimmer attend meets?**
   1. We can commit to one meet per season = Senior Development
   2. We can commit to monthly meets = National Development
   3. If qualified, my swimmer could travel to meets = National Dev

**Swimmer is 13-15 yrs old**

1. **How many practices will he/she commit to doing?**
   1. 3-4 per week = Stingrays 1
   2. 5+ per week = Stingrays 2
2. **Is your swimmer seasonal (takes breaks, like for high school swim or other sports, plays, etc.)?**
   1. Yes = Stingrays 1
   2. No = Stingrays 2
3. **How often can your swimmer attend meets?**
   1. We can commit to one meet per season = Stingrays 1
   2. We can commit to most meets = Stingrays 2
   3. If qualified, my swimmer could travel to meets = Stingrays 2

**Swimmer is 12 yrs or under**

1. **How many practices will he/she commit to doing?**
   1. 3 per week = Royals 1
   2. 4-5 per week = Royals 2
2. **Is your swimmer seasonal (takes breaks, like to participate in other sports or activites)?**
   1. Yes = Royals 1
   2. No = Royals 2
3. **How often can your swimmer attend meets?**
   1. We can commit to one meet per season = Royals 1
   2. We can commit to most meets = Royals 2