

2020 Virginia Gators Open Water Eastern Championships Additional Information

Statement

In applying for this approval, ISCA and VA Gators agree to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia, and the Virginia Dept. of Health.

Flow of Ingress and Egress at Meet for Athletes and Spectators

Signage will direct athletes to the start area, as well as egress from the finish area.

Spectators will be on shore or in boats away from the course and staging areas. They will be allowed to set up tents 10 feet apart a designated grassy area.

Coaches will be stationed along the course or shore. Areas where they can watch the races will be marked with lawn flags, 10 feet apart. We will mark flow of traffic with arrows/tape/surveyor flags.

Estimated Numbers at each session for the meet

For each session:

4-6 Safety Personnel (EMTs, Sherriff's Dept, etc.)

6-8 officials

10-12 coaches

10 volunteers (timers, course marshals)

100-125 swimmers

All in estimate: 150 to 200 total people.

Statement of Local Guidelines and Protocols: Mandatory Requirements

OW courses:

- Post signage at the entrance that states that no one with a fever or symptoms of COVID-19 or known exposure to a COVID-19 case in the prior 14 days, is permitted in the establishment.
- Post signage to provide public health reminders regarding physical distancing, gatherings, options for high-risk individuals, and staying home if sick (samples at bottom of this document).
- Seating may be provided with at least ten feet of spacing between persons who are not members of the same household.
- All seating (including first aid stations) must be cleaned and disinfected between uses.
- Volunteers working in race operations areas are required to wear masks or face coverings over their nose and mouth. Lifeguards responding to distressed swimmers are exempt from this requirement.
- Provide hand sanitizing stations, including at the entrance/exit and where shared equipment is utilized.
- Facilities will screen patrons for COVID-19 symptoms prior to admission to the facility. Patrons should be asked if they are currently experiencing fever (100.4 degrees Fahrenheit or higher) or a sense of having a fever, a new cough that cannot be attributed to another health condition, new shortness of breath that cannot be attributed to another health condition, new chills that cannot be attributed to another health condition, a new sore throat that cannot be attributed to another health condition, or new muscle aches that cannot be attributed to another health condition or specific activity

(such as physical exercise). Children should be screened per the CDC guidance for screening children. Anyone experiencing symptoms should not be permitted in the facility. Screenings should be conducted in accordance with applicable privacy and confidentiality laws and regulations.

Sporting events:

- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable.
- The total number of attendees (including both participants and spectators) of recreational sports cannot exceed the lesser of 50% of the occupancy load on the certificate of occupancy, if applicable, or 250 persons. For sports played on a field, attendees are limited to 250 persons per field.
- Ensure anyone who has symptoms of, has tested positive for, or has been exposed to COVID-19 follows appropriate guidelines for quarantine or isolation. Persons with symptoms should stay home until CDC criteria for ending isolation have been met. Persons with severe symptoms may need to be evaluated by a healthcare provider. Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility. If you are calling an ambulance or bringing someone to the hospital, try to call first to alert them that the person may have COVID-19.
- All shared items must be disinfected between each use to the extent practicable.