



**2020 HOKI
Winter Champs
Invitational
December 11-13, 2020**

SANCTION NO. VS-21-85

Hosted by



We have taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting Christiansburg Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.

SANCTION:	<ul style="list-style-type: none"> • Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-21-85. • USA Swimming, Inc., Virginia Swimming, Inc., HOKI Swim, and Christiansburg Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. • An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. • USA Swimming, Inc., Virginia Swimming, Inc., HOKI Swim, and Christiansburg Aquatic Center cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Virginia Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Virginia Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. • BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND VIRGINIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION THEREWITH.
LOCATION:	Christiansburg Aquatic Center, 595 N. Franklin St. Christiansburg, VA 24073. 540-381-7665
FACILITY:	<ul style="list-style-type: none"> • Indoor 50-meter pool offers two 25-yard competition pools. 7' deep at the shallow end and 17'1" deep at the deep end; the pool has overflow gutters; non-turbulent lane markers; and Paddock starting blocks with backstroke handles and foot wedges. • Colorado Timing System will be used. • The Meet Director reserves the right to seed the sessions up to 10-lanes for competition. • Sessions will be run in the 25-yd competition pool set up in the shallow end. The deep end of the pool will have a maximum of 10-lanes for continuous warm-up and cool down. A marshal or coach will be stationed by the continuous warmup and warm down lanes to ensure that proper social distancing measures are being taken by the athletes. • The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4) The copy of the certification is on file with USA Swimming. • In order to provide parents/guardians who are outside of the facility the ability to view their athletes' events, this meet may be video-streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming.

MEET DIRECTOR:	Scott Baldwin edbaldwi@vt.edu 540-998-2327
ELIGIBILITY:	<ul style="list-style-type: none"> Open to all athletes on HOKI-VA, LY-VA, VABR-VA, Fox-MD, WST-VA and any other Unattached Athletes who are registered with USA Swimming before the first day of the meet. Teams not listed are eligible with Meet Director Approval. Age on December 11, 2020 will determine age for the entire meet. Sessions will be limited to no more than 170 Athletes.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> Friday, December 11: <ul style="list-style-type: none"> Session 1: 13&O Girls and 13&Over Boys Saturday, December 12: <ul style="list-style-type: none"> Session 1: 13&O Girls and 13&Over Boys Session 2: 12&Under Mixed Gender Sunday, December 13: <ul style="list-style-type: none"> Session 1: 13&O Girls and 13&Over Boys Session 2: 12&Under Mixed Gender All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none"> Friday: <ul style="list-style-type: none"> Session 1: Warmups 11-12pm; Competition starts at 12:10pm Saturday: <ul style="list-style-type: none"> Session 1: Warmups 10:15am-11:15am; Competition starts at 11:25am Session 2: Warmups 4pm-4:50pm; Competition starts: 5pm Sunday: <ul style="list-style-type: none"> Session 1: Warm-ups 8am-9am; competition starts at 9:15 am Session 2: Warmups 12:30pm-1:20pm; Competition starts at 1:30pm If any session runs late, warm up for the subsequent session will begin 30 minutes after the session ends to provide for disinfecting and cleaning.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS Thursday, December 3, 2020</p> <ul style="list-style-type: none"> 12 & under athletes may enter a maximum of 4 individual events per session. 13 & over athletes may enter a maximum of 3 individual events per session. Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit or the limits as mandated by current Commonwealth of Virginia guidelines. Deck entries will be accepted for athletes already entered in the meet to the extent that open lanes are available.
FEES:	Individual events: \$7.50 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity) Covid Facility Fee: \$10 per swimmer
SEEDING:	<ul style="list-style-type: none"> Swimmers will report to Clerk of Course prior to swimming their events. All events will be pre-seeded. Coaches will be asked to submit scratches for distance events. At the discretion of the meet referee these events may be reseeded if sufficient scratches are received.
AWARDS:	<ul style="list-style-type: none"> No awards will be given.
PENALTIES:	<ul style="list-style-type: none"> A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> Entries using fraudulent or non-verifiable times.

	<ul style="list-style-type: none"> ○ Athlete competed in the incorrect age group. ○ Athlete is not registered with USA Swimming prior to the first day of the meet. ● If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. ● Any event in which an athlete participated illegally will be rescored and re-awarded.
COVID 19 RULES	<ul style="list-style-type: none"> ● Athletes should plan to arrive in their suits. Locker rooms will be not be available. ● All individuals entering the facility will be expected to answer Virginia Department of Health screening questions to include temperature screening. ● Coaches, officials, and spectators must wear masks. ● Spectators will NOT be allowed so that each session can run efficiently with the greatest number swimmers and maximize the competitive nature of the meet. Parents and spectators are encouraged to watch the meet on the live stream or follow along on Meet Mobile or Meet Cast.
RULES:	<ul style="list-style-type: none"> ● The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. ● All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. ● Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. ● Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. ● Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. ● Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. ● An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. ● In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: George Zolovick Email: gzolovick@gmail.com Phone: 540-449-5413</p> <ul style="list-style-type: none"> ● Officials will be needed for all positions and all sessions for this meet. ● Contact George Zolovick with interest to officiate. ● Officials meeting will be held in the Hospitality Room one hour before the start of each session.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> ● Timers will be needed and assigned to each team. ● Timers meeting will be held 20 minutes prior to the start of each session. ● Timer lane assignments will be announced during the timers meeting - 1 timer will be required per lane. ● All timers and counters must wear a face mask. ● Counters will be the responsibility of the swimmer for the 500 Free.
GENERAL:	<ul style="list-style-type: none"> ● Heat Sheets will be available through Meet Mobile.
FACILITY RULES:	FOLLOWING RULES ARE TO BE FOLLOWED DURING THE EVENT ALONG WITH THE TOWN OF CHRISTIANBURG AQUATIC CENTER RULES:

- Concessions will be allowed in designated areas only. Drinks are permitted in plastic bottles or covered cups.
- Young children must be supervised by an adult.
- Observers are to stay in designated areas.
- No tape of any kind is to be used inside to hang signs, banners or decorations. Please consult with the Director of Aquatics prior to hanging up any relevant decorations.
- Only Aquatic Staff are permitted in the Aquatic Offices, Equipment Room and First Aid Office unless approved by Aquatic Staff Management.
- Smoking is NOT permitted within the Town of Christiansburg Aquatic Center.
- The Town of Christiansburg Aquatic Center is not responsible for any lost or stolen items. Make sure someone you know is always present supervising individual/team belongings.
- No unauthorized persons are permitted to use the stereo system without the permission of the Aquatic Director.
- No glass containers of any kind are to be brought into the pool complex.
- Parking violators will be subject to fines and/or towing as posted.
- Overflow parking may be pre-arranged with Kroger or Christiansburg High School on weekends.
- The Aquatic Center strongly encourages showering prior to entering the pool.
- All emergency exits and walkways must remain clear.
- Each club is responsible for supervising the conduct of its swimmers/spectators. Swimmers are not permitted in any room not directly associated with the meet.

ORDER OF EVENTS

Friday, December 11, 2020		
Session: Warm-up: 11am; Start: 12:10pm		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	13&Over 50 Free	4
2	13&Over 500 Free	5
3	13&Over 200 IM	6
Saturday, December 12, 2020		
Session: Warm-up: 10:15am; Start: 11:25am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
7	13&Over 100 Fly	12
8	13&O 400 IM	13
9	13&O 200 Free	14
10	13&O 100 Breast	15
11	13&O 100 Back	16
Saturday, December 12, 2020		
12&U Session		
Warm-up:4pm; Start:5pm		
	<u>Events</u>	

17	Mixed 12&U 200 Free	
18	Mixed 12&U 100 Fly	
19	Mixed 12&U 50 Back	
20	Mixed 12&U 100 Breast	
21	Mixed 12&U 50 Free	
22	Mixed 12&U 200 IM	

Sunday, December 13, 2020		
Session #1: Warm-up:8am; Start:9:15am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
23	13&Over 200 Back	27
24	13&Over 200 Breast	28
25	13&Over 100 Free	29
26	13&Over 200 Fly	30

Saturday, December 12, 2020		
Session #3: Warm-up:12:30pm; Start:1:30pm		
	<u>Events</u>	
31	Mixed 12&U100 Free	
32	Mixed 12&U 50 Fly	
33	Mixed 12&U100 Back	
34	Mixed 12&U 50 Breast	
35	Mixed 12&U 100 IM	
36	Mixed 12&U 500 Free	