

## **RAYS Swim Team Supplemental Return to Competition Information**

### **RAYS Intrasquad Meet, October 3rd, 2020**

All local and state protocols will be followed per Moving Virginia Forward – Phase 3 Guidance

[HERE](#)

In applying for this sanction, RAYS Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia, and Stafford County.

Facility Considerations / Guidance: Refer to meet invitation

Please see attached Facility Map for enter, exit and seating areas.

Capacity Limits: The following capacity limitations will be in place inside the Jeff Rouse Swim and Sports Center at all times utilizing Phase 3 Moving Virginia Forward guidance of no more than 250 people in the facility.

- During Warm Ups and Competition [206-231 estimate]:
  - o Swimmers: 150-175
  - o Maximum of 10 Coaches will be in the facility.
  - o Maximum of 15 Meet Management
  - o Maximum of 9 Timers (1 per lane plus head timer)
  - o Maximum of 6 Officials
  - o Maximum of 16 “watch and go” Spectators

# Service Road

## Grassy area for swimmers and families

