

# 2020 LY SEASON OPENER INTRASQUAD MEET

## PLANS AND PROCEDURES

- ALL CURRENT STATE AND LOCAL REGULATIONS WILL BE STRICTLY ADHERED TO. MASKS WILL BE REQUIRED OF ALL OFFICIALS, VOLUNTEERS, AND COACHES WHO ARE ON DECK. MASKS WILL BE REQUIRED OF ALL SPECTATORS WHO WISH TO ENTER THE POOL AREA TO WATCH THEIR SWIMMERS.
- [STATE GUIDELINES CAN BE FOUND HERE.](#)
- ALL SWIMMERS AND SPECTATORS WILL SIT OUTDOORS IN THE BLOCKED-OFF SIDE PARKING LOT OF THE JAMERSON YMCA.
- SWIMMERS WILL ENTER THE BUILDING ONLY THROUGH THE SIDE DOORS NEAR THE STARTING BLOCKS, ONE HEAT BEFORE THEY ARE TO SWIM. FOR ALL EVENTS EXCEPT 25s, SWIMMERS WILL SWIM TO THE TURN END AFTER COMPLETING THE HEAT AND IMMEDIATELY EXIT THE POOL AREA TO THE OUTSIDE PARKING LOT.
- TO WATCH THEIR SWIMMER'S RACE, ONE SPECTATOR PER ATHLETE MAY ENTER THE POOL AREA VIA SIDE DOORS AT THE SCOREBOARD END AND LINE UP ALONG THE OUTSIDE WALL OF THE POOL. THEY WILL THEN RETURN OUTSIDE AFTER THE RACE. THERE WILL BE NO SEATING ON DECK. SPECTATORS MAY ENTER THE POOL AREA ONLY FOR THEIR SWIMMER'S HEAT.
- COACHES AND OFFICIALS WILL ENTER THE POOL AREA THROUGH THE SIDE DOOR AT EITHER END OF THE POOL.
- SWIMMERS AND SPECTATORS ARE ENCOURAGED TO BRING POP-UP TENTS OR OTHER APPROPRIATE SHELTER FOR THEIR OUTDOOR AREA.
- SWIMMERS AND SPECTATORS NEED TO MAINTAIN SOCIAL DISTANCING PROTOCOLS WHILE IN THE OUTDOOR STAGING AREA.
- DURING THE MEET, THERE WILL BE NO MORE THAN 16 OFFICIALS/VOLUNTEERS, 8 COACHES, 8 SWIMMERS IN THE WATER, 8 SWIMMERS STANDING BEHIND THE BLOCKS, AND 16 SPECTATORS.

- ***In applying for this sanction, Lynchburg YMCA agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia, and Campbell County.***