



8 & Y DISTRICT CHAMPIONSHIP PENINSULA TEAMS

February 6-7, 2021
SANCTION NO. VS-21-122

Hosted by:
757swim

We have taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting WISC Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.

SANCTION:	<ul style="list-style-type: none"> • Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-21-122 . • USA Swimming, Inc., Virginia Swimming, Inc., and WISC Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. • USA Swimming, Inc., Virginia Swimming, Inc., and 757swim cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Virginia Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Virginia Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. • BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND VIRGINIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION THEREWITH.
LOCATION:	WISC Aquatic Center, 5700 Warhill Trail, Williamsburg, VA 23188, 757.253.1947
FACILITY:	<ul style="list-style-type: none"> • The ten lane 25-meter by 25-yard indoor competition pool offers one 25 yard competition pool with a depth of six feet 7 inches. Also, offers a 20 x 40 feet small therapy pool. • Competition lanes are a minimum of 9 feet wide swum wall to bulkhead. • Up to 10 lanes will be used for competition. • Non-Turbulent Lane Markers • Spectrum Starting Blocks, Colorado Timing System • The WISC provides 1 indoor pool and wireless internet • The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C (4). A copy of the certification is on file with USA Swimming. • In order to provide parents/guardians who are outside of the facility the ability to view their athletes' events, this meet may be video-streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming.
MEET DIRECTOR:	Name: Erin Roehrl Phone: 757.377.1532 Email: meetdirector@757swim.com
ELIGIBILITY:	<ul style="list-style-type: none"> • Open to all Virginia Swimming registered athletes 8 years old and younger prior to the first day of the meet in the Southeast District Peninsula teams which include 757swim, CGBD, WAC. • Unattached athletes in the same geographical district are also eligible to attend. • No on deck Virginia Swimming athlete registration will be permitted. • Athletes may compete in any event offered regardless of classification. • Age on February 6, 2021 will determine age for the entire meet.
DISABILITY	<ul style="list-style-type: none"> • Athletes with a disability are welcome and shall provide advance notice of desired

SWIMMERS:	<p>accommodations to the Meet Director.</p> <ul style="list-style-type: none"> The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> All events will be timed finals. Events will be swum in two sessions. Girls will swim in session one. Boys will swim in session two. No relays will be swum. After the entry deadline, breaks may be added during the sessions and clubs will be notified when receiving their lane assignments and warm-up times as referenced under warm-up. Sessions may be adjusted/combined after entries have been received depending on the number of swimmers and in order to follow COVID-19 procedures.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS FRIDAY, JANUARY 29, 2021.</p> <ul style="list-style-type: none"> Entries must be submitted in Short Course Yards times using Commlink-2 software. Teams submit entries via e-mail. A printout of entries must be included with the name, email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. "No Time" (NT) entries will be accepted. Coach Times (CT) are not allowed for any event. All entry times must have been achieved in a sanctioned, approved, or observed meet. Swimmers may enter a maximum of 8 individual events for the meet, no more than 4 per day. The Meet Director reserves the right to combine heats and events, which may require reseeding. Email entries to: calamerdin@gmail.com Late entries will be accepted. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, he/she will go in the slowest heat in an empty lane. If needed, a heat will be added.
FEES:	<p>Individual Events: \$8.25 Swimmer Fee: \$2.50 per person (entered in the meet in any capacity) COVID facility surcharge: \$2.50 per person (entered in the meet in any capacity) Late Fees: In addition to the regular entry fee, a fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged for any entry received after the entry deadline.</p> <ul style="list-style-type: none"> Checks should be made payable to: 757swim Mail payment to: 757swim P.O. Box 6641 Williamsburg, VA 23188 Payment must be received by Tuesday, February 2, 2021 for all entries. Failure to pay entry fees by this deadline will result in teams being barred from the meet. Swimmers will be permitted to enter the meet as unattached providing they pay the appropriate entry fees. IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery.
SEEDING:	<ul style="list-style-type: none"> All events will be pre-seeded. Swimmers will be called to the blocks after the start of each heat. Swimmers will report to Clerk of Course prior to swimming their event by heat.
WARM-UP:	<ul style="list-style-type: none"> Saturday session: Warm-ups not before 12:00 pm; competition starts not before 1:00 pm. Sunday Morning session: Warm-ups not before 8:00 am; competition starts not before 9:00 am. Subsequent Sessions each day: Warm-up and competition start times will be announced after entries have been received to allow for disinfection and cleaning between sessions. Lane assignments and warm-up times for individual clubs will be posted on the 757swim website no later than Tuesday, February 2, 2021 and will also be emailed to the contact person of the participating clubs.
AWARDS:	<ul style="list-style-type: none"> Individual events will be scored and awarded medals for first through third place, and ribbons fourth through sixteenth place.

	<ul style="list-style-type: none"> • Team Awards will be given. Total team points will be combined with scores from 9 - 12 District Championships. Teams placing first through third will receive a plaque. • Scoring will be as follows: <ul style="list-style-type: none"> ○ Individual: 20-17-16-15-14-13-12-11 - 9-7-6-5-4-3-2-1 ○ All events will be scored to 16 places
COVID RULES	<ul style="list-style-type: none"> • Athletes must arrive in their suits. • All individuals entering the facility will be expected to answer Virginia Department of Health screening questions to include temperature screening. • Coaches, officials, and spectators must wear masks. • Programs: Meet Mobile will be available • Swimmers/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates WISC Aquatic Center rules (posted at the pool) will be disqualified from the meet and escorted from the facility. • Deck Access: Access to the pool deck will be strictly controlled. Swimmers, coaches, officials, and event staff only will be permitted access to the deck during warm-ups and competition. Spectators must remain behind the ropes at all times. • Spectator Seating: Spectators will be allowed depending on the number of swimmers entered in the meet for each session. <i>Parents/guardians will enter through the WISC lobby only and exit out the back door of the facility. Spectators will enter the facility, watch their swimmer's heat, and then leave in one direction through the WISC back door. No bleacher seating will be available for spectators. Entry into facility will be limited to 1 parent/guardian per family and NO siblings. Masks must be worn by spectators when in the WISC Aquatic Center at all times.</i>
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations, including the Minor Athlete Abuse Protection Policy, will govern this meet. • All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present without written USA Swimming approval. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. • Any athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
PENALTIES:	<ul style="list-style-type: none"> • A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> ○ Entries using fraudulent or non-verifiable times. ○ Athlete competed in the incorrect age group. ○ Athlete is not registered with USA Swimming prior to the first day of the meet. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. • Any event in which an athlete participated illegally will be rescored and re-awarded.

OFFICIALS:	<p>Meet Referee: Name: Bob Rustin Email: brustin55@gmail.com Phone: (804) 387-8736</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Training for Officials will be offered in accordance with Training Guidelines and Initial Certification, Virginia Swimming Officials Handbook • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Shana Wilkins at officialchair@757swim.com no later than Tuesday, February 2, 2021. • Officials meetings will be held in the hospitality area one hour prior to the start of the meet.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the 757swim website no later than Tuesday, February 2, 2021, and will also be emailed to the contact person of each of the individual clubs. • These assignments will also be posted throughout the venue. • All timers and counters must wear a mask.
GENERAL:	<ul style="list-style-type: none"> • Team Banners: Banners cannot be hung from any pipes that run over the team seating area. • First Aid: A staffed First Aid Station is located at the Front Desk near entrance to locker rooms. • Lost and Found: Lost and Found will be located in the Front Lobby and next to the Announcer's Table. • By signing up for the meet you are agreeing for your swimmer to be live-streamed.
FACILITY RULES:	<ul style="list-style-type: none"> • Parking will be in the main lot out front of the Williamsburg Indoor Sports Complex. Parents and swimmers will walk around outside either side of the WISC to the separate WISC Aquatic Center located behind Williamsburg Indoor Sports Complex. • No glass containers of any kind are permitted in the facility. • No lawn/deck chairs will be permitted in Spectator Seating Area. • No spectators/parents will be allowed on deck unless working the meet. • 1 Parent/guardian per swimmer will enter and exit through the WISC front lobby only and must wear a mask at all times inside the Aquatic Center. • No smoking is allowed on the campus. <p>All rules are posted pool side.</p>

**2021 PENINSULA District
8 & U Championships
Order of Events**

Saturday February 6, 2021

Warm up 12:00 pm; Competition 1:00 pm

Girls	Session 1 (8&U Girls) Warm Up not before 12:00pm Start not before 1:00pm	Boys
1	50 Breaststroke	
3	100 Freestyle	
5	25 Butterfly	
7	100 Individual Medley	
9	25 Freestyle	
11	50 Butterfly	
13	200 Freestyle	
15	100 Backstroke	
	Session 2 (8&U Boys) Warm-up & Start TBA	
	50 Breaststroke	2
	100 Freestyle	4
	25 Butterfly	6
	100 Individual Medley	8
	25 Freestyle	10
	50 Butterfly	12
	200 Freestyle	14
	100 Backstroke	16

ORDER OF EVENTS

Sunday February 7, 2021

Warm up 8:00 am; Competition 9:00 am

Girls	Session 3 (8&U Girls) Warm Up not before 8:00pm Start not before 9:00pm	Boys
17	25 Breaststroke	
19	50 Freestyle	
21	100 Butterfly	
23	25 Backstroke	
25	100 Breaststroke	
27	200 Individual Medley	
29	50 Backstroke	
	Session 4 (8&U Boys) Warm-up & Start TBA	
	25 Breaststroke	18
	50 Freestyle	20
	100 Butterfly	22
	25 Backstroke	24
	100 Breaststroke	26
	200 Individual Medley	28
	50 Backstroke	30