|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **WOMEN** | | |  | **MEN** | | |
| **LCM** | **SCM** | **SCY** | **Events** | **SCY** | **SCM** | **LCM** |
| **28.29** | **27.09** | **24.79** | **50 Freestyle** | **22.39** | **24.69** | **25.49** |
| **1:00.69** | **58.89** | **53.09** | **100 Freestyle** | **48.49** | **53.89** | **55.49** |
| **2:10.89** | **2:07.69** | **1:54.99** | **200 Freestyle** | **1:46.29** | **1:57.99** | **2:01.29** |
| **4:37.69** | **4:29.29** | **5:08.79** | **400 / 500 Freestyle** | **4:47.39** | **4:09.89** | **4:17.59** |
| **9:29.99** | **9:19.99** | **10.38.99** | **800 / 1000 Freestyle** | **9:59.49** | **8:43.49** | **8:58.39** |
| **18:16.79** | **17:43.29** | **17.49.39** | **1500 / 1650 Freestyle** | **16.43.99** | **16:35.19** | **17:18.99** |
| **1:07.89** | **1:05.79** | **59.29** | **100 Backstroke** | **54.49** | **59.99** | **1:01.99** |
| **2:26.19** | **2:23.29** | **2:08.89** | **200 Backstroke** | **1:58.59** | **2:11.79** | **2:14.79** |
| **1:17.89** | **1:15.49** | **1:08.19** | **100 Breaststroke** | **1:01.49** | **1:08.99** | **1:09.69** |
| **2:49.39** | **2:44.79** | **2:29.39** | **200 Breaststroke** | **2:14.99** | **2:29.89** | **2:32.59** |
| **1:06.29** | **1:04.99** | **58.49** | **100 Butterfly** | **53.19** | **58.99** | **1:00.19** |
| **2:29.09** | **2:25.59** | **2:12.09** | **200 Butterfly** | **2:01.19** | **2:14.19** | **2:16.29** |
| **2:28.39** | **2:24.49** | **2:10.69** | **200 Individual Medley** | **1:59.39** | **2:12.59** | **2:16.19** |
| **5:20.49** | **5:07.29** | **4:38.39** | **400 Individual Medley** | **4:15.09** | **4:43.19** | **4:49.89** |
| **­­1:57.79** | **1:56.19** | **1:44.59** | **4 X 50 Freestyle Relay** | **1:32.69** | **1:42.19** | **1:45.49** |
| **4:14.99** | **4:10.89** | **3:45.79** | **4 X 100 Freestyle Relay** | **3:21.89** | **3:44.09** | **3:48.69** |
| **9:06.29** | **8:58.89** | **8:05.39** | **4 X 200 Freestyle Relay** | **7:22.39** | **8:06.69** | **8:14.79** |
| **4:42.09** | **4:28.29** | **4:10.29** | **4 X 100 Medley Relay** | **3:45.99** | **4:14.59** | **4:18.69** |

Qualifying times must be achieved after 1/1/2021