

Supplemental 757swim COVID Info

1) Statement of Protocols

Safer at Home: Phase Three Swimming Pools
Scope: Indoor and Outdoor Swimming Pools.

Phase 3: Establishments must either implement the following mandatory requirements or remain closed.

Mandatory Requirements:

Businesses must strictly adhere to the physical distancing guidelines, enhanced cleaning and disinfection practices, and enhanced workplace safety practices provided in the “Guidelines for All Business Sectors” document. If businesses choose to open, they must adhere to the following additional requirements for outdoor operations:

- ✓ Post signage at the entrance that states that no one with a fever or symptoms of COVID-19, or known exposure to a COVID-19 case in the prior 14 days, is permitted in the establishment.
- ✓ Post signage to provide public health reminders regarding physical distancing, gatherings, options for high-risk individuals, and staying home if sick (samples at bottom of this document).
- ✓ Hot tubs, spas, saunas, splash pads, spray pools, and interactive play features must be closed.
- ✓ Indoor and outdoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household. Free swim is allowed.
- ✓ Swimming instruction and water exercise classes must be limited to allow all participants to maintain ten feet of physical distance where practicable. Parents or guardians may support a participant during class, and instructors may have contact with swimmers when necessary.
- ✓ Seating may be provided on pool decks with at least ten feet of spacing between persons who are not members of the same household.
- ✓ All seating (including lifeguard stations) must be cleaned and disinfected between uses.
- ✓ Employees working in customer-facing areas are required to wear face coverings over their nose and mouth, such as using CDC Use of Cloth Face Coverings guidance. Lifeguards responding to distressed swimmers are exempt from this requirement.
- ✓ Provide hand sanitizing stations, including at the entrance/exit and where shared equipment is utilized.
- ✓ Facilities should screen patrons for COVID-19 symptoms prior to admission to the facility. Patrons should be asked if they are currently experiencing fever (100.4 degrees Fahrenheit or higher) or a sense of having a fever, a new cough that cannot be attributed to another health condition, new shortness of breath that cannot be attributed to another health

condition, new chills that cannot be attributed to another health condition, a new sore throat that cannot be attributed to another health condition, or new muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise). Children should be screened per the CDC guidance for screening children. Anyone experiencing symptoms should not be permitted in the facility. Screenings should be conducted in accordance with applicable privacy and confidentiality laws and regulations.

2) Plan for Athletes, Coaches, and Spectators

There will be NO use of locker rooms. Use of bathroom will be controlled.

- Athletes should arrive and depart in their suits.
- Deck changing is still prohibited.

All individuals entering the facility or participating in the meet must answer screening questions which should include temperature screening (either at the facility or prior to arrival). Current CDC or local health department guidelines must be followed.

All coaches, officials, and spectators must wear masks.

- Competition will be open to 1 athlete's parent/guardian per swimmer. NO siblings will be admitted on the pool deck. *Spectators will enter the facility, watch their swimmer's heat, and then leave in one direction through the WISC lobby. Bleacher seating will be marked to allow for proper social distancing and will be available for spectators.*

Provide indicators of correct spacing distances.

- Bleachers will be marked for proper social distancing.
- Parents will enter through the main lobby and exit through back right door.
- Swimmer will enter through the patio garage doors.

If athletes are remaining in the facility between events,

- Swimmer will sit in marked squares on pool deck between races
- They may sit on their own towel or chair on the deck, no sharing!
- They must wear masks once they return to their seat on the deck after swimming an event.
- Athletes must not share items and must leave their masks at their "spot" when going to swim next event.
- After race is over 13 & Over swimmers will swim a 75 meter swim down and 12 & Under will swim a 25 meter swim down, exit the pool at non-start end, and to return to their "square".

3) Planned Number of Individuals Gathering on Pool Deck

WISC Aquatic Center will be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household. This will include all athletes, coaches, officials, meet workers, WISC employees, and spectators.

Capacity Limits: Swimmers will remain on pool deck in their respective “squares” and Spectators will remain in the parking lot, at their vehicles or in grassy areas with proper social distancing. No congregating on patio.

The following capacity limitations will be in place inside the WISC Aquatic Center at all times utilizing Phase 3 Moving Virginia Forward guidance of no more than 250 people in the facility.

- General Meet Warm-up [88 Estimate]:
 - 60 swimmers, 8 Coaches (maximum), 10 Meet Management (Meet Directors, Marshalls, Lifeguards), 10 Officials. No parents in the building during warm-up.
- During Competition [112 estimate]:
 - Swimmers (Competition): Using staging and one-way directional flow by heat, maximum of 60 swimmers will be in the facility either racing or seated in their respective “square”.
 - Maximum of 8 Coaches will be in the facility.
 - Maximum of 10 Meet Management
 - Maximum of 10 Timers (1 per lane)
 - Maximum of 10 Officials
 - Maximum of 10 “Watch and Go” Spectators
 - Maximum of 4 using restroom facilities (Locker Rooms closed)

4) Compliance and Enforcement

In applying for this sanction, 757swim agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia, and James City County.