

# ALL TIME LC TOP TIMES - 11-12 Girls

LSC: VA For Dates 9/1/1995 - 7/20/2020

## Girls 11-12 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	27.63	874	Burton, Morgan T.	12	VA Poseidon Swimming Inc	7/25/2015	2015 VA LC AG Champs-
2	27.66	872	Sablik, Julie A	12	VA Carter Center Aquatics	8/1/2000	2000 US Top 16
3	27.76	864	Chromik, Caroline Marie	12	VA Coast Guard Blue Dolphins	7/19/2007	2007 VA LC AG Champs
4	27.92	852	Zeidan, Angelina P	12	VA Carter Center Aquatics	7/23/2016	2016 VA LC AG Champs-
5	27.96	849	Thomas, Morgan Olivia	12	VA Unattached	8/11/2018	2018 VA Eastern Zone LC Champi
6	27.99	847	Bentz, Caroline Grace	12	VA Rappahannock Area YMCA Swim Team, Inc	7/25/2015	2015 VA LC AG Champs-
7	28.10	838	Datovech, Christine Marie	12	VA Dolphin Club	7/28/2018	2018 VA Long Course Age Group
8	28.12	837	Duffy, Kayleigh Ann	12	VA Tide Swimming	7/22/2017	2017 VA LC AG Champs-
9	28.14	835	Bischoff, Allison M.	12	VA NOVA of Virginia Aquatics, Inc	7/27/2019	2019 VA Long Course Age Group
10	28.18	832	Romney, Brianna Ej	12	VA South Eastern Virginia Aquatics	7/24/2014	2014 VA LC AG Champs- CAC

## Girls 11-12 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:00.24	876	Burton, Morgan T.	12	VA Poseidon Swimming Inc	7/26/2015	2015 VA LC AG Champs-
2	1:00.28	874	Bentz, Caroline Grace	12	VA Rappahannock Area YMCA Swim Team, Inc	7/26/2015	2015 VA LC AG Champs-
3	1:01.11	841	Kirtley, Miranda Belle	12	VA Virginia Gators	7/26/2015	2015 VA LC AG Champs-
4	1:01.12	841	Sheble, Grace Elizabeth	12	VA NOVA of Virginia Aquatics, Inc	7/26/2015	2015 VA LC AG Champs-
5	1:01.33	833	Rule, Remedy Alexis	12	VA Waynesboro YMCA Swim Team	7/30/2009	2009 VA LC Age Group Champs
6	1:01.46	828	Gaston, Sara Nicole	12	VA Burkwood Aquatic Club, Inc	8/7/2013	2013 Eastern Zone Long Course
7	1:01.67	820	Hoff, Kathryn E	12	VA Typhoon Aquatics Inc	6/1/2002	2002 US Central Va Ortho
8	1:01.69	819	Knapp, Sophia Kathryn	12	VA Tide Swimming	7/23/2017	2017 VA LC AG Champs-
9	1:01.76	816	Bray, Olivia Grace	12	VA Virginia Gators	8/1/2014	2014 NC HPSC Tar Heel States
10	1:01.86	812	Hurt, Colby Kristen	12	VA Williamsburg Aquatic Club	8/6/2014	2014 VA Eastern Zone LC Champi

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1	2:09.75	892	Sheble, Grace Elizabeth	12	VA NOVA of Virginia Aquatics, Inc	8/6/2015	2015 VA Eastern Zone LC Champi
2	2:09.78	892	Kirtley, Miranda Belle	12	VA Virginia Gators	7/24/2015	2015 VA LC AG Champs-
3	2:10.81	870	Rule, Remedy Alexis	12	VA Waynesboro YMCA Swim Team	7/30/2009	2009 VA LC Age Group Champs
4	2:11.47	857	Knapp, Sophia Kathryn	12	VA Tide Swimming	8/10/2017	2017 VA Eastern Zone LC Champi
5	2:11.52	856	Bray, Olivia Grace	12	VA Virginia Gators	7/24/2014	2014 VA LC AG Champs- CAC
6	2:11.75	851	Burton, Morgan T.	12	VA Poseidon Swimming Inc	7/24/2015	2015 VA LC AG Champs-
7	2:11.77	851	Johnson, Morgan B	12	VA Lifetime Aquatic Swim Org	8/9/2006	2006 NI Eastern Zones
8	2:11.87	849	Hurt, Colby Kristen	12	VA Williamsburg Aquatic Club	8/6/2014	2014 VA Eastern Zone LC Champi
9	2:12.49	836	Muzzy, Ava M	12	VA Virginia Gators	7/27/2018	2018 VA Long Course Age Group
10	2:12.66	833	Wang, Ashley Liu	12	VA Rappahannock Area YMCA Swim Team, Inc	8/10/2017	2017 VA Eastern Zone LC Champi

## Girls 11-12 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	4:29.01	931	Kirtley, Miranda Belle	12	VA Virginia Gators	8/1/2015	2015 FL Dolfin Summer Senior Beac
2	4:31.32	907	Hadd, Madeleine W	12	VA NOVA of Virginia Aquatics, Inc	7/26/2012	2012 VA LC SR Championships
3	4:33.80	882	Rule, Remedy Alexis	12	VA Waynesboro YMCA Swim Team	8/12/2009	2009 MA Eastern Zone LC Champ
4	4:35.54	864	Sheble, Grace Elizabeth	12	VA NOVA of Virginia Aquatics, Inc	8/7/2015	2015 VA Eastern Zone LC Champi
5	4:36.52	854	Wang, Ashley Liu	12	VA Rappahannock Area YMCA Swim Team, Inc	8/11/2017	2017 VA Eastern Zone LC Champi
6	4:37.01	850	Bray, Olivia Grace	12	VA Virginia Gators	7/24/2014	2014 VA LC AG Champs- CAC
7	4:37.34	846	Nunn, Emma Christine	12	VA NOVA of Virginia Aquatics, Inc	8/9/2006	2006 NI Eastern Zones
8	4:37.62	844	Burton, Morgan T.	12	VA Poseidon Swimming Inc	7/23/2015	2015 VA LC AG Champs-
9	4:37.78	842	Muzzy, Ava M	12	VA Virginia Gators	7/26/2018	2018 VA Long Course Age Group
10	4:37.88	957	Hoff, Kathryn E	11	VA Poseidon Swimming Inc	3/27/2001	2001 Spring Nationals

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## Girls 11-12 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	9:17.01	960	Kirtley, Miranda Belle	12	VA Virginia Gators	7/29/2015	2015 FL Dolfin Summer Senior Beac
2	9:22.30	936	Hadd, Madeleine W	12	VA NOVA of Virginia Aquatics, Inc	7/26/2012	2012 VA LC SR Championships
3	9:34.33	882	Wang, Ashley Liu	12	VA Rappahannock Area YMCA Swim Team, Inc	7/23/2017	2017 VA LC AG Champs-
4	9:35.74	876	Rule, Remedy Alexis	12	VA Waynesboro YMCA Swim Team	6/5/2009	2009 MD NBAC Long Course Champion
5	9:37.19	1009	Hoff, Kathryn E	11	VA Poseidon Swimming Inc	3/27/2001	2001 Spring Nationals
6	9:38.39	864	Sheble, Grace Elizabeth	12	VA NOVA of Virginia Aquatics, Inc	7/12/2015	2015 VA Rays Regional Summer A
7	9:40.90	853	Buckley, Shannon Lynn-ai	12	VA Unattached	7/7/2019	Campionato Regionale Esordienti A
8	9:42.03	848	Knapp, Sophia Kathryn	12	VA Tide Swimming	7/23/2017	2017 VA LC AG Champs-
9	9:44.73	836	Burton, Morgan T.	12	VA Poseidon Swimming Inc	5/7/2015	2015 VA Poseidon Classic
10	9:46.63	828	Mueller, Elexis G	12	VA Regency Park Swim Team	7/24/2016	2016 VA LC AG Champs-

## Girls 11-12 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	17:38.20	1008	Kirtley, Miranda Belle	12	VA Virginia Gators	7/31/2015	2015 FL Dolfin Summer Senior Beac
2	17:48.71	983	Hadd, Madeleine W	12	VA NOVA of Virginia Aquatics, Inc	7/26/2012	2012 VA LC SR Championships
3	18:17.92	916	Wang, Ashley Liu	12	VA Rappahannock Area YMCA Swim Team, Inc	7/20/2017	2017 VA LC AG Champs-
4	18:31.95	884	Quinn, Erin Delaney	12	VA QDD Swim Team	5/31/2013	2013 PV SNOW LC Invitational
5	18:33.77	880	Buckley, Shannon Lynn-ai	12	VA Unattached	12/1/2019	2019 EFSL LD Champs
6	18:39.79	867	Muzzy, Emma E	12	VA Virginia Gators	7/18/2013	2013 VA LC SR Championships
7	18:44.91	855	Burton, Morgan T.	12	VA Poseidon Swimming Inc	5/30/2015	2015 VA TAC LC Spring Luau
8	18:50.81	842	Duffy, Kayleigh Ann	12	VA Tide Swimming	5/19/2018	2018 VA TIDE Intrasquad Distan
9	18:52.25	839	Morgan, Grace Riley	12	VA Winchester Swim Team	7/26/2018	2018 VA Long Course Age Group

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10	18:53.99	835	Reardon, Abby Elizabeth	12	VA	Virginia YMCA Aquatic Club	5/30/2015	2015 VA TAC LC Spring Luau
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### Girls 11-12 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	31.25	1034	Xu, Jiawei *	11	VA Virginia Gators	7/27/2019	2019 VA Long Course Age Group
2	31.67	903	Wagner, Sarah B	12	VA NOVA of Virginia Aquatics, Inc	7/28/2018	2018 VA Long Course Age Group
3	31.73	899	Bray, Olivia Grace	12	VA Virginia Gators	7/24/2014	2014 VA LC AG Champs- CAC
4	31.83	891	Dixon, Zoe A	12	VA NOVA of Virginia Aquatics, Inc	7/23/2016	2016 VA LC AG Champs-
5	31.84	890	Reardon, Abby Elizabeth	12	VA Virginia YMCA Aquatic Club	8/7/2015	2015 VA Eastern Zone LC Champi
6	31.97	881	Brick, Jenna L	12	VA Battlefield Area Star Swimmers	3/27/2001	2001 Spring Nationals
7	32.14	868	Ahmed, Ellie M	12	VA NOVA of Virginia Aquatics, Inc	7/23/2016	2016 VA LC AG Champs-
8	32.19	865	Rule, Remedy Alexis	12	VA Waynesboro YMCA Swim Team	7/30/2009	2009 VA LC Age Group Champs
9	32.28	858	Duffy, Kayleigh Ann	12	VA Tide Swimming	6/22/2018	2018 VA CGBD Summer Madness LC
10	32.29	857	Knapp, Sophia Kathryn	12	VA Tide Swimming	7/22/2017	2017 VA LC AG Champs-

### Girls 11-12 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:07.29	913	Reardon, Abby Elizabeth	12	VA Virginia YMCA Aquatic Club	8/6/2015	2015 VA Eastern Zone LC Champi
2	1:08.51	872	Bray, Olivia Grace	12	VA Virginia Gators	7/24/2014	2014 VA LC AG Champs- CAC
3	1:08.56	870	Muzzy, Ava M	12	VA Virginia Gators	7/29/2018	2018 VA Long Course Age Group
4	1:08.59	869	Lusk, Zoey Mclellan	12	VA Virginia Gators	7/29/2018	2018 VA Long Course Age Group
5	1:08.82	862	Erard, Emily Guller	12	VA NOVA of Virginia Aquatics, Inc	7/29/2010	2010 VA LC AG Champs (HOKI)
5	1:08.82	862	Burton, Meghan Elizabeth	12	VA Poseidon Swimming Inc	8/10/2011	2011 MA Eastern Zone Long Cour
7	1:08.85	861	Rule, Remedy Alexis	12	VA Waynesboro YMCA Swim Team	7/30/2009	2009 VA LC Age Group Champs
8	1:08.91	859	Dixon, Zoe A	12	VA NOVA of Virginia Aquatics, Inc	7/24/2016	2016 VA LC AG Champs-
9	1:09.22	848	Isbell, Ruby T	12	VA Virginia Gators	7/23/2017	2017 VA LC AG Champs-
10	1:09.48	840	Brick, Jenna L	12	VA Battlefield Area Star Swimmers	3/27/2001	2001 Spring Nationals

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1	2:24.88	910	Reardon, Abby Elizabeth	12	VA Virginia YMCA Aquatic Club	8/5/2015	2015 VA Eastern Zone LC Champi
2	2:26.23	891	Bray, Olivia Grace	12	VA Virginia Gators	8/1/2014	2014 NC HPSC Tar Heel States
3	2:26.40	888	Sheble, Grace Elizabeth	12	VA NOVA of Virginia Aquatics, Inc	8/5/2015	2015 VA Eastern Zone LC Champi
4	2:26.81	883	Isbell, Ruby T	12	VA Virginia Gators	7/21/2017	2017 VA LC AG Champs-
5	2:26.82	882	Rule, Remedy Alexis	12	VA Waynesboro YMCA Swim Team	7/30/2009	2009 VA LC Age Group Champs
6	2:27.98	866	Erard, Emily Guller	12	VA NOVA of Virginia Aquatics, Inc	8/11/2010	2010 PV Eastern Zone LC Championships
7	2:28.59	858	Blanchard, Molly Rebecca	12	VA Poseidon Swimming Inc	6/16/2017	2017 VA Last Chance Meet
8	2:29.17	849	Muzzy, Ava M	12	VA Virginia Gators	7/27/2018	2018 VA Long Course Age Group
9	2:29.20	849	Reilly, Alyssa Constance	12	VA South Eastern Virginia Aquatics	8/5/2015	2015 VA Eastern Zone LC Champi
10	2:29.61	843	Owen, Alexandra M	12	VA NOVA of Virginia Aquatics, Inc	7/24/2014	2014 VA LC AG Champs- CAC

## Girls 11-12 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	34.69	901	Higgins, Ella K	12	VA Virginia Gators	7/24/2015	2015 VA LC AG Champs-
2	34.95	886	Johnson, Georgia Lee	12	VA Rappahannock Area YMCA Swim Team, Inc	7/24/2014	2014 VA LC AG Champs- CAC
3	35.16	874	Welsch, Layla M	12	VA Piedmont Family YMCA/CYAC	6/8/2019	2019 MD NBAC Long Course Champ
4	35.19	872	Rainer, Rebecca Lyn	12	VA NOVA of Virginia Aquatics, Inc	7/28/2005	2005 VA LC AG Championship
5	35.23	870	Barakey, Lauren Alexis	12	VA Tide Swimming	8/6/2014	2014 VA Eastern Zone LC Champi
6	35.30	866	Macholz, Amelia B	12	VA Poseidon Swimming Inc	7/22/2016	2016 VA LC AG Champs-
7	35.42	859	Carnes, Blair Madison	12	VA NOVA of Virginia Aquatics, Inc	7/19/2007	2007 VA LC AG Champs
8	35.46	857	Ostrowski, Claire J	12	VA Tide Swimming	7/28/2011	2011 VA LC AG Champs HOKI at C
9	35.67	845	Robinson, Molly E	12	VA NOVA of Virginia Aquatics, Inc	7/19/2007	2007 VA LC AG Champs
10	35.73	841	Page, Lindsey Renee	12	VA Unique Swimming	7/24/2008	2008 VA LC Age Group Champs

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LSC: VA For Dates 9/1/1995 - 7/20/2020

## Girls 11-12 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:15.90	879	Barakey, Lauren Alexis	12	VA Tide Swimming	3/28/2015	2015 FL NASA Junior National Cham
2	1:17.22	844	Carnes, Blair Madison	12	VA NOVA of Virginia Aquatics, Inc	8/8/2007	2007 NI Eastern Zone
3	1:17.28	843	Rainer, Rebecca Lyn	12	VA NOVA of Virginia Aquatics, Inc	6/23/2006	2006 NC 18th Furniture City In
3	1:17.28	843	Higgins, Ella K	12	VA Virginia Gators	7/25/2015	2015 VA LC AG Champs-
5	1:17.43	839	Welsch, Layla M	12	VA Piedmont Family YMCA/CYAC	8/2/2019	2019 AP LC Y Nationals FINAL COPY
6	1:18.06	822	Page, Lindsey Renee	12	VA Unique Swimming	7/24/2008	2008 VA LC Age Group Champs
7	1:18.15	820	Holloway, Meaghan Patricia	12	VA South Eastern Virginia Aquatics	7/17/2003	2003 VA VSI Age Group Championships
8	1:18.34	815	Ostrowski, Claire J	12	VA Tide Swimming	7/28/2011	2011 VA LC AG Champs HOKI at C
9	1:18.58	809	Macholz, Amelia B	12	VA Poseidon Swimming Inc	7/23/2016	2016 VA LC AG Champs-
10	1:18.62	808	Gregory, Mary G	12	VA Williamsburg Aquatic Club	7/27/2019	2019 VA Long Course Age Group

## Girls 11-12 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:38.32	952	Barakey, Lauren Alexis	12	VA Tide Swimming	3/25/2015	2015 FL NASA Junior National Cham
2	2:43.18	895	Welsch, Layla M	12	VA Piedmont Family YMCA/CYAC	7/31/2019	2019 AP LC Y Nationals FINAL COPY
3	2:43.34	893	Rainer, Rebecca Lyn	12	VA NOVA of Virginia Aquatics, Inc	6/23/2006	2006 NC 18th Furniture City In
4	2:44.57	879	Carnes, Blair Madison	12	VA NOVA of Virginia Aquatics, Inc	8/8/2007	2007 NI Eastern Zone
5	2:45.41	869	Gregory, Mary G	12	VA Williamsburg Aquatic Club	7/28/2019	2019 VA Long Course Age Group
6	2:48.83	829	Hynes, Susan Annabelle	12	VA Tidewater Aquatic Club	8/12/2009	2009 MA Eastern Zone LC Champ
7	2:48.89	829	Ostrowski, Claire J	12	VA Tide Swimming	6/24/2011	2011 VA CGBD Summer Madness LC
8	2:48.90	829	Muzzy, Ava M	12	VA Virginia Gators	7/29/2018	2018 VA Long Course Age Group

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9	2:49.53	821	Macholz, Amelia B	12	VA	Poseidon Swimming Inc	7/24/2016	2016 VA LC AG Champs-
10	2:49.55	938	Hoff, Kathryn E	11	VA	Poseidon Swimming Inc	3/27/2001	2001 Spring Nationals

### Girls 11-12 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	29.46	883	Bray, Olivia Grace	12	VA Virginia Gators	7/24/2014	2014 VA LC AG Champs- CAC
2	29.63	872	Jones, Stephanie A	12	VA Tide Swimming	8/1/2000	2000 US Top 16
3	29.68	868	Burton, Meghan Elizabeth	12	VA Poseidon Swimming Inc	7/28/2011	2011 VA LC AG Champs HOKI at C
4	29.72	866	Dixon, Zoe A	12	VA NOVA of Virginia Aquatics, Inc	7/24/2016	2016 VA LC AG Champs-
5	29.81	860	DaCruz, Georgia A	12	VA Tide Swimming	6/5/2010	2010 VA OBX SWIMAROO 2010 - A/BB/B/C M
5	29.81	860	Albano, Abigail A	12	VA Tide Swimming	7/29/2018	2018 VA Long Course Age Group
7	29.90	938	Xu, Jiawei *	11	VA Virginia Gators	7/31/2019	2019 FL TYR ISCA Summer Senior Ch
8	30.00	847	Datovech, Christine Marie	12	VA Dolphin Club	8/10/2018	2018 VA Eastern Zone LC Champi
8	30.00	931	Ahmed, Ellie M	11	VA NOVA of Virginia Aquatics, Inc	8/6/2015	2015 VA Eastern Zone LC Champi
10	30.04	845	Higgins, Ella K	12	VA Virginia Gators	7/26/2015	2015 VA LC AG Champs-

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1	1:05.05	893	Dixon, Zoe A	12	VA NOVA of Virginia Aquatics, Inc	8/3/2016	2016 MR Eastern Zone LC Championship
2	1:05.39	883	Sheble, Grace Elizabeth	12	VA NOVA of Virginia Aquatics, Inc	8/5/2015	2015 VA Eastern Zone LC Champi
3	1:05.63	876	Bray, Olivia Grace	12	VA Virginia Gators	8/1/2014	2014 NC HPSC Tar Heel States
4	1:06.39	854	Stanley, Shelby A	12	VA Carter Center Aquatics	7/25/2013	2013 VA LC AG Champs- CAC
5	1:06.44	853	Sheble, Caroline S	12	VA NOVA of Virginia Aquatics, Inc	7/24/2015	2015 VA LC AG Champs-
6	1:06.53	850	Albano, Abigail A	12	VA Tide Swimming	8/9/2018	2018 VA Eastern Zone LC Champi
7	1:06.56	849	Sheffield, Molly Scott	12	VA Burkwood Aquatic Club, Inc	7/28/2011	2011 VA LC AG Champs HOKI at C
8	1:06.80	842	Warhol, Maryelizabeth J	12	VA Coast Guard Blue Dolphins	7/24/2008	2008 VA LC Age Group Champs

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9	1:06.81	842	Huang, Avery Zilin	12	VA	Piedmont Family YMCA/CYAC	7/21/2017	2017 VA LC AG Champs-
10	1:06.82	842	Muzzy, Emma E	12	VA	Virginia Gators	7/25/2013	2013 VA LC AG Champs- CAC

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1	2:23.04	924	Bray, Olivia Grace	12	VA Virginia Gators	8/1/2014	2014 NC HPSC Tar Heel States
2	2:24.49	907	Rule, Remedy Alexis	12	VA Waynesboro YMCA Swim Team	8/12/2009	2009 MA Eastern Zone LC Champ
3	2:24.54	906	Sheble, Grace Elizabeth	12	VA NOVA of Virginia Aquatics, Inc	7/25/2015	2015 VA LC AG Champs-
4	2:25.05	900	Sheble, Caroline S	12	VA NOVA of Virginia Aquatics, Inc	8/8/2015	2015 VA Eastern Zone LC Champi
5	2:25.25	897	Nunn, Emma Christine	12	VA NOVA of Virginia Aquatics, Inc	8/9/2006	2006 NI Eastern Zones
6	2:25.26	897	Reilly, Alyssa Constance	12	VA South Eastern Virginia Aquatics	8/8/2015	2015 VA Eastern Zone LC Champi
7	2:27.97	864	Durocher, Jordan Lynne	12	VA Regency Park Swim Team	8/6/2016	2016 MR Eastern Zone LC Championship
8	2:28.56	857	Albano, Abigail A	12	VA Tide Swimming	8/8/2018	2018 VA Eastern Zone LC Champi
9	2:28.93	853	Stahl, Apryl R	12	VA QDD Swim Team	8/7/2013	2013 Eastern Zone Long Course
10	2:29.34	848	Raber, Shelby Elisabeth	12	VA H2okie Aquatics	7/25/2013	2013 VA LC AG Champs- CAC

### Girls 11-12 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:25.78	905	Sheble, Grace Elizabeth	12	VA NOVA of Virginia Aquatics, Inc	8/8/2015	2015 VA Eastern Zone LC Champi
2	2:28.28	866	Rainer, Rebecca Lyn	12	VA NOVA of Virginia Aquatics, Inc	6/23/2006	2006 NC 18th Furniture City In
3	2:29.20	955	Hoff, Kathryn E	11	VA Poseidon Swimming Inc	3/27/2001	2001 Spring Nationals
4	2:29.55	846	Blanchard, Molly Rebecca	12	VA Poseidon Swimming Inc	6/17/2017	2017 VA Last Chance Meet
5	2:29.85	842	Stanley, Shelby A	12	VA Carter Center Aquatics	7/25/2013	2013 VA LC AG Champs- CAC
6	2:29.89	841	Muzzy, Emma E	12	VA Virginia Gators	7/25/2013	2013 VA LC AG Champs- CAC
7	2:29.98	840	Wang, Ashley Liu	12	VA Rappahannock Area YMCA Swim Team, Inc	7/22/2017	2017 VA LC AG Champs-
8	2:30.55	831	Burton, Morgan T.	12	VA Poseidon Swimming Inc	6/20/2015	2015 VA Last Chance Meet
9	2:30.57	831	Muzzy, Ava M	12	VA Virginia Gators	7/28/2018	2018 VA Long Course Age Group



## ALL TIME LC TOP TIMES - 11-12 Girls

**LSC: VA For Dates 9/1/1995 - 7/20/2020**

10	2:30.95	825	Stahl, Apryl R	12	VA	QDD Swim Team	6/21/2013	2013 VA Winchester LC Invitational A/B
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### Girls 11-12 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	5:13.39	883	Rainer, Rebecca Lyn	12	VA NOVA of Virginia Aquatics, Inc	5/19/2006	2006 NC Josh Weaver Memorial
2	5:13.79	880	Bray, Olivia Grace	12	VA Virginia Gators	8/1/2014	2014 NC HPSC Tar Heel States
3	5:14.23	1026	Hoff, Kathryn E	11	VA Poseidon Swimming Inc	3/27/2001	2001 Spring Nationals
4	5:14.39	876	Sheble, Grace Elizabeth	12	VA NOVA of Virginia Aquatics, Inc	7/24/2015	2015 VA LC AG Champs-
5	5:17.32	856	Wang, Ashley Liu	12	VA Rappahannock Area YMCA Swim Team, Inc	7/21/2017	2017 VA LC AG Champs-
6	5:18.02	851	Muzzy, Ava M	12	VA Virginia Gators	7/27/2018	2018 VA Long Course Age Group
7	5:19.89	838	Isbell, Ruby T	12	VA Virginia Gators	7/21/2017	2017 VA LC AG Champs-
8	5:20.40	835	Gregory, Mary G	12	VA Williamsburg Aquatic Club	7/26/2019	2019 VA Long Course Age Group
9	5:20.66	833	Peterson, Sanna B	12	VA NOVA of Virginia Aquatics, Inc	7/22/2016	2016 VA LC AG Champs-
10	5:22.09	823	Muzzy, Emma E	12	VA Virginia Gators	7/25/2013	2013 VA LC AG Champs- CAC