



**GATR Fall Intrasquad Meet
A/BB/B/C Mini Meet
November 14-15, 2020
SANCTION NO. VS-21-54**



We have taken enhanced health and safety measures for all attending this event. However, we cannot guarantee that you will not become infected with COVID-19. You must follow all posted instructions while visiting Virginia Gators. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure of COVID-19.

SANCTION:	<ul style="list-style-type: none"> • Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-21-54. • USA Swimming, Inc., Virginia Swimming, Inc. Virginia Gators, and the Onishi-Davenport Aquatic Canter-Hargrave Military Academy, shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. • An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. • USA Swimming, Inc., Virginia Swimming, Inc., Virginia Gators and Onishi-Davenport Aquatic Canter-Hargrave Military Academy, cannot prevent you (or your children) from becoming exposed to, contracting or spreading COVID19 while participating in USA Swimming/Virginia Swimming sanctioned events. Therefore, if you choose to participate in a USA Swimming/Virginia Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. • BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, VIRGINIA SWIMMING, VIRGINIA GATORS AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN IN CONNECTION THEREWITH.
LOCATION:	Onishi-Davenport Aquatic Center-Hargrave Military Academy, 200 Military Drive, Chatham, VA 24531 (434)432-2681
FACILITY:	<ul style="list-style-type: none"> • Indoor 50m, 8 lane pool x 25y, 22 lanes with Competitor lane lines. Only 10 lanes will be used for meet competition. Colorado automatic Timing System with scoreboard. The pool is 16 feet deep at the start end and 4'6" feet deep at the turn end. • The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C (4). A copy of the certification is on file with USA Swimming. • In order to provide parents/guardians who are outside of the facility the ability to view their athletes' events, this meet may be video-streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming.
MEET DIRECTOR:	Name: Tracy Straight Email: str8weaver@gmail.com Phone: 540-241-4670

ELIGIBILITY:	<ul style="list-style-type: none"> ● Open to all Virginia Gator USA Swimming athletes registered before the first day of the meet. ● No on-deck USA Swimming athlete registration will be permitted. ● 2021-2024 NAG standards are in effect. ● Age on November 14, 2020 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> ● Athletes with a disability are welcome and shall provide advanced notice of desired accommodations to the Meet Director. ● The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> ● All 13 and older swimmers will swim in the morning session divided by gender on day 1 . ● All 12 and under swimmers will swim in the afternoon session divided by gender on day 1. ● The Sunday sessions will be open and divided by genders. Open sessions are subject to the 4-hour session time. ● All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none"> ● Morning and afternoon warm-up sessions are 25 minutes. ● Warm-up start times will be: Saturday, Nov. 14th-9:00am and 9:30 am start for 13 and Over Girls and Boys, 12:00pm warm-up and 12:30 start for for 12 & Under Girls and Boys Sunday, Nov.15th - 9:00am warm-up and 9:30 am start for OPEN Girls, 12:00pm warm-up and 12:30 start for OPEN Boys ● Lane assignment and warm-up times for individual GATR satellites will be posted on the Virginia Gator website and will be emailed to the contact person of the participating Virginia Gator satellites by Tuesday, November 10. ● If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends followed by a 30 minute cleaning. ● Depending on the number of entries, the Meet Director reserves the right to change the start time and format of warm-ups. All Gator satellite coaches will be notified not later than Tuesday, November 10, 2020.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS Friday, November 6, 2020.</p> <ul style="list-style-type: none"> ● Entries must be submitted in short course yard times using Commlink-2 software- ● Teams submit entries via email. ● A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries. ● Coach Time (CT) and “No Time” (NT) entries will be accepted for events in which a swimmer does not have a time of record. <u>CT must be slower than an “A” time.</u> All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. ● Swimmers 13 and over may enter a maximum of 3 individual events each day. Swimmers 12 and under may enter a maximum of 4 individual events on Day 1 and 3 individual events on Day 2. ● Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit or the limits as mandated by current Commonwealth of Virginia guidelines. ● Email entries to: Erik Nylander, eriknylander@gmail.com ● Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Administrative Official on the provided forms.
FEES:	<p>Individual events: \$5.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity) Covid Facility Fee: \$5.00</p> <ul style="list-style-type: none"> ● Checks should be made payable to: ● Mail payment to: VA Gators % Rob Rule

	<ul style="list-style-type: none"> Officials meetings will be held one hour prior to the start of each session. A coaches meeting will be held 15 minutes prior to the start of the first session on Saturday morning. All meetings will be held outside the entrance.
SAFETY:	<p>Virginia Swimming Meet Safety Procedures will be in effect.</p> <p>COVID-19 SYMPTOMS OR EXPOSURE: All participants in this event certify that they have no known exposure to COVID-19 within 14 days or are exhibiting symptoms of COVID-19, including but not limited to a fever, cough, shortness of breath, chills or loss of taste/smell. This is pursuant with current Gator practice policies. Parents will also be reminded of these policies via email in the week leading up to the event.</p> <p>MASK POLICY:</p> <ul style="list-style-type: none"> All parents, volunteers, coaches, and officials are required to wear a facemask at all times while inside the facility to comply with COVID-19 guidelines. Swimmers will be required to wear a mask inside the facility at all times including when using restrooms. The only time swimmers will not wear a mask is when warming up or racing. There will be a safe place to store masks behind each block during each race. Additional disposable masks will be provided at each lane if needed.
TIMERS:	<ul style="list-style-type: none"> Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. Touchpads will serve as the primary timing source, with a button and stopwatch serving as the two backup timing sources. One timer per lane to comply with COVID-19 guidelines. All timers will be required to wear a mask.
GENERAL:	<p>BULLPEN AND STAGING AREA:</p> <p>Swimmers will stage for their event on the inside of the building by Lane 1. One heat at a time will stage at a time inside.</p> <ul style="list-style-type: none"> Swimmers will proceed from the staging area to stage behind the starting blocks as the prior heat is racing. Following their race, swimmers will swim to the non starting end of the pool. They will exit the pool and return to their assigned seat in their assigned team area. <p>LOCKER ROOMS AND RESTROOMS:</p> <ul style="list-style-type: none"> Locker room access will be restricted to restroom use only. Swimmers should arrive to the facility in their suits. One person per toilet will be allowed in the locker room/restrooms at a time. Coach, official and volunteer restrooms will be separate from swimmer restrooms.
FACILITY RULES:	<ul style="list-style-type: none"> No smoking or running in the facility. Everyone will be expected to abide by the facility rules. Swimmers, coaches, and teams will be held responsible for any damage.
DIRECTIONS:	<p>Take US-29 S., Merge onto US-29 S/US-460 W toward Lynchburg/Danville., Then 7.01 miles Merge onto US-29 S toward Danville, Then 41.14 miles Take the US-29 Bus exit toward Chatham/57 W. Then 0.21 miles Turn right onto N Main St/US-29 Bus S., Turn right onto Military Dr.</p>
HOTEL:	<ul style="list-style-type: none"> Hampton Inn, 200 McBride Lane, Gretna, Va 24557, (434) 656-9000

Order of Events

Blue Ridge GATR Fall Intersquad Meet

Saturday, November 14, 2020
Morning Session 13 and Over Girls & Boys

Warm-up: 9:00 am; Start: 9:30 am
 (Times are not earlier than)

GIRLS	EVENT	BOYS
1	200 IM	2
3	100 FREE	4
5	100 BACK	6
7	100 BREAST	8
9	100 FLY	10
11	500 FREE	12

Saturday, November 14, 2020
Afternoon Session 12 and Under Girls & Boys

Warm-up: 12:00pm; Start: 12:30pm
 (Times are not earlier than)

GIRLS	EVENT	BOYS
13	200 IM	14
15	100 FREE	16
17	100 BACK	18
19	100 BREAST	20
21	100 FLY	22
23	500 FREE	24

Sunday, November 15, 2020

Morning Session - OPEN Girls

Warm-up: 9:00 am; Start: 9:30 am

(Times are not earlier than)

25	200 FREE
26	200 FLY
27	50 FREE
28	200 BACK
29	200 BREAST
30	400 IM

Sunday, November 15, 2020

Afternoon Session - OPEN Boys

Warm-up: 12:30 pm; Start: 1:00 pm

(Times are not earlier than)

31	200 FREE
32	200 FLY
33	50 FREE
34	200 BACK
35	200 BREAST
36	400 IM