

CA-Y Supplemental Return to Competition Checklist Information
Re: Sept 25-26 Intra-Squad Meet

In applying for this sanction, CA-Y agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia, and Albemarle County. Signage indicating required physical distancing and wearing of masks is posted throughout the facility.

All local and state protocols will be followed per Moving Virginia Forward – Phase 3 Guidance [HERE](#).

Locker room usage will not be permitted. All swimmers will arrive and depart in their suits, deck changing is still prohibited.

All individuals entering the facility or participating will be temperature screened and must successfully complete the UVA Health Check app questionnaire.

All coaches, and officials must wear masks. Competition will be closed to spectators and only individuals participating in the meet will be permitted on deck.

All meet participants (coaches, athletes, officials, timers) will enter the facility from the loading dock, where screening will take place. All individuals will exit through the same pathway used for entry, ensuring physical distancing and mask wearing while exiting.

Athletes are permitted to remain in the facility between races. However, they must wear their mask upon returning to their social distanced space on the deck. They are not permitted to share any items (towels, etc.) and must wear their mask while waiting for their subsequent event.

The amount of time between the end of one session and the beginning of another session is adequate to allow for proper cleaning/disinfecting.

Estimated numbers at each session for the meet-

- 2 lifeguards
- 3 officials
- 9 staff
- 55 swimmers
- 70 total number of individuals