



2020 CVAC Holiday Kick-Off Intra-squad Meet
November 29, 2020

CVAC is abiding by the State of Virginia local protocols for Virginia Phase 3. In Phase Three, indoor and outdoor swimming pools may open for free swim at 75% capacity, subject to the following restrictions:

Hot tubs, spas, saunas, splash pads, spray pools and interactive play features must be closed.

10 feet of physical distance must be maintained between persons not of the same household.

Seating will be provided for athletes on pool decks with at least 10 feet of spacing between persons who are not members of the same household.

All seating (including lifeguard stations) must be cleaned and disinfected between uses.

Customer-facing employees other than lifeguards must wear face coverings.

Patrons should be screened upon entrance for COVID-19 symptoms

We are expecting 20-30 athletes participating in the meet per session.

We are expecting 8 coaches.

We are expecting 12 volunteers, timers and Marshals.

We are expecting 10 officials including dry deck and meet referee.

Swimmers will be staged within the clubhouse maintaining 10 feet of social distancing. They will be brought through the door and lined up behind the blocks.

One Spectator per swimmer will be permitted for the 8-Under Session only. Spectators will be permitted to enter the facility with the competitors and observe the competition, and will exit with the competitors after the race. Marshals will be manning the doors to maintain social distancing and controlling the number of patrons in the building.

Livestreaming will be provided to spectators for all events.

In applying for this sanction, CVAC agrees to comply with and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming and Commonwealth of Virginia and Chesapeake.

Mask are required inside the facility at all times, access to the pool will be denied to any person not wearing a mask.