

Virginia Gators COVID-19 Supplemental Form

All local and state protocols and requirements will be followed from the CDC, the Commonwealth of Virginia, and the Gator Aquatic Center. Virginia's Phase 3 Guidelines can be found [here](#).

Virginia Gators Meet Day Plan:

All swimmers, parents, coaches, volunteers and officials must practice social distancing of at least 10 feet at all times, whenever possible and practical. All persons inside the facility should wear a mask or face covering, except when swimming or preparing to swim.

Upon arrival, swimmers will be health screened by volunteers at the facility entrance. Those passing the screening will be directed inside the building to the swimmer seating area. Those who do not pass the health screening will not be allowed to participate in the event. Swimmers shall remain in the swimmer seating area when not warming up, using restrooms or racing. Swimmers will be seated on the bleachers, in chairs on deck or in the existing weight room spaced 10 feet apart and marked by a tape "X" on the bleachers or ground. Swimmers should remain in their seating space unless warming up, using the restroom or preparing to or returning from a race. Swimmers will be required to wear a facemask at all times, except when warming up, preparing to race or returning from a race and when eating or drinking.

Parents and spectators will not be permitted to stay in the pool area. Parents should remain in their cars. The meet will be live streamed on the Virginia Gator's Facebook page.

Locker room access will be restricted to restroom use only. Swimmers should arrive at the facility in their suits. One person per toilet will be allowed in locker/restrooms at a time. Coach, official and volunteer restrooms will be separate from swimmer restrooms.

Staging Area

Swimmers will be staged in the clerk of course before each event. Before each heat, swimmers will walk behind their lane, hang their mask on a hook, and then proceed behind the blocks for their race. After the heat has completed the event, they will exit

the pool, grab their mask and walk towards the right side of the pool (lane 8). After the heat has cleared from behind the blocks, the next heat will be called to proceed behind the blocks from the left side of the pool (lane 1).

Planned Number of Individuals on Pool Deck

Warmup

Warmup will be divided into two groups, with no more than 32 swimmers in the water at a time. Arrival times will be staggered to limit crowding around entrances and doors. Swimmers not warming up will be expected to remain in their seating area. By the last warmup session all 64 swimmers should be in the facility, either warming up or in their designated seating area. Up to an additional 5 volunteers meet management staff, 6 officials (wet and dry) and 8 coaches may also be present on the deck during warmups.

During Competition

No more than 64 swimmers will be in the facility at a time. In addition, 8 timers (one per lane), a maximum of 8 meet management staff, maximum of 6 officials and maximum of 8 coaches will be in the facility during competition.

Staging Area

There will be 1 heat at a time in the staging area plus 1-2 volunteers (10 total individuals).

Compliance and Enforcement

In applying for this sanction, the Virginia Gators and RVSI agree to comply with and enforce all health and safety protocols and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia and the City of Roanoke.

Facility Diagram

