



**HOKI May Day Invitational
LCM (P/F)
April 30- May 2, 2021
SANCTION NO. VS-21-179**



We have taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting Christiansburg Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.

SANCTION:	<ul style="list-style-type: none"> • Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-21-179 • USA Swimming, Inc., Virginia Swimming, Inc., HOKI Swim, and Christiansburg Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. • An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. • USA Swimming, Inc., Virginia Swimming, Inc., HOKI Swim, and Christiansburg Aquatic Center cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Virginia Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Virginia Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. • BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND VIRGINIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION THEREWITH.
LOCATION:	Christiansburg Aquatic Center, 595 N. Franklin St. Christiansburg, VA 24073. 540-381-7665
FACILITY:	<ul style="list-style-type: none"> • Indoor 50-meter pool. 7' deep at the shallow end and 17'1" deep at the deep end; the pool has overflow gutters; non-turbulent lane markers; and Paddock starting blocks with backstroke handles and foot wedges. • Colorado Timing System will be used. • Sessions will be run in the 50m competition pool. The leisure pool will have a maximum of 4-lanes for continuous warm-up and cool down. A marshal or coach will be stationed by the continuous warmup and warm down lanes to ensure that proper social distancing measures are being taken by the athletes. • The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4)

	<ul style="list-style-type: none"> In order to provide parents/guardians who are outside of the facility the ability to view their athletes' events, this meet may be video-streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming.
MEET DIRECTOR:	Scott Baldwin edbaldwi@vt.edu 540-998-2327
ELIGIBILITY:	<ul style="list-style-type: none"> Open to all athletes on HOKI-VA, PRVT-VA, NOVA-VA, LY-VA, MOR-NC, GATR-VA, ITAC-NI and Unattached Athletes who are registered with USA Swimming before the first day of the meet. Interested teams not listed are eligible to attend with Meet Director Approval. No on-deck USA Swimming athlete registration will be permitted. 2021-2024 NAG time standards are in effect. Age on April 30, 2021 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> All Open Events will swim Preliminaries in the am with Finals in the PM Top 36 Swimmers will swim in finals: D-Final (14&Under Bonus), C-Final (Bonus), B-Final (Consolation), A-Final (Championship). All 12&Under events will be timed finals and swim in the afternoon sessions. 12&Under swimmers wishing to compete in the "Open" session may enter only one session per day
WARM-UP:	<ul style="list-style-type: none"> All Preliminary Sessions Warmups will begin at 7am; Meet Start at 8:30am Finals Sessions Warmups will begin at 4:30pm; Meet Start at 5:45pm. All 12&Under Sessions Warmups will begin no earlier than 11am. Final warmups times for 12&Unders will be emailed out after all entries have been received.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS Tuesday, April 20, 2021</p> <ul style="list-style-type: none"> Open Session Swimmers may enter a maximum of 3 individual events/ day. 12&Under Sessions: Swimmers may enter a Max of 4 events/ Day. Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit or the limits as mandated by current Commonwealth of Virginia guidelines. Deck entries may be accepted provided no new heats are created.
FEES:	Individual events: \$7 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)
SEEDING:	<ul style="list-style-type: none"> Swimmers will report to Clerk of Course prior to swimming their events. All events will be pre-seeded.
AWARDS:	<ul style="list-style-type: none"> No awards will be given for Open Events. 12&Under Events will be awarded by single age: 12yo,11yo,10yo,9yo,8&U.
PENALTIES:	<ul style="list-style-type: none"> A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> Entries using fraudulent or non-verifiable times. Athlete competed in the incorrect age group. Athlete is not registered with USA Swimming prior to the first day of the meet.

	<ul style="list-style-type: none"> ● If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. ● Any event in which an athlete participated illegally will be rescored and re-awarded.
COVID 19 RULES:	<ul style="list-style-type: none"> ● Athletes must arrive in their suits. Locker rooms will not be available. ● All individuals entering the facility will be expected to answer Virginia Department of Health screening questions to include temperature screening. ● Coaches and officials, must wear masks. ● No Spectators ● All individuals entering the facility will be expected to answer Virginia Department of Health screening questions to include temperature screening. ● Coaches and officials, must wear masks.
RULES:	<ul style="list-style-type: none"> ● The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. ● All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. ● Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. ● Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. ● Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. ● Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. ● An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. ● In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: John Stanley Email: jfstanley@cox.net Phone: 540-354-9856</p> <ul style="list-style-type: none"> ● Officials will be needed for all positions and all sessions for this meet. ● Contact John Stanley with interest to officiate. ● Officials meeting will be held in the Hospitality Room one hour before the start of each session.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> ● Volunteers for timing will be based on the number of athletes per team. ● Timers meeting will be held 20 minutes prior to the start of each session. ● Timer lane assignments will be announced during the timers meeting - 1 timer will be required per lane. ● All timers must wear a face mask. ● Counters will be the responsibility of the swimmer for the 800 Free.

GENERAL:	<ul style="list-style-type: none"> ● Heat Sheets will be available through Meet Mobile.
FACILITY RULES:	<p>FOLLOWING RULES ARE TO BE FOLLOWED DURING THE EVENT ALONG WITH THE TOWN OF CHRISTIANBURG AQUATIC CENTER RULES:</p> <ul style="list-style-type: none"> ● Concessions will be allowed in designated areas only. Drinks are permitted in plastic bottles or covered cups. ● Young children must be supervised by an adult. ● Observers are to stay in designated areas. ● No tape of any kind is to be used inside to hang signs, banners or decorations. Please consult with the Director of Aquatics prior to hanging up any relevant decorations. ● Only Aquatic Staff are permitted in the Aquatic Offices, Equipment Room and First Aid Office unless approved by Aquatic Staff Management. ● Smoking is NOT permitted within the Town of Christiansburg Aquatic Center. ● The Town of Christiansburg Aquatic Center is not responsible for any lost or stolen items. Make sure someone you know is always present supervising individual/team belongings. ● No unauthorized persons are permitted to use the stereo system without the permission of the Aquatic Director. ● No glass containers of any kind are to be brought into the pool complex. ● Parking violators will be subject to fines and/or towing as posted. ● Overflow parking may be pre-arranged with Kroger or Christiansburg High School on weekends. ● The Aquatic Center strongly encourages showering prior to entering the pool. ● All emergency exits and walkways must remain clear. ● Each club is responsible for supervising the conduct of its swimmers/spectators. Swimmers are not permitted in any room not directly associated with the meet.

May Day Invite
April 30, 2021- May 2, 2021

ORDER OF EVENTS

Friday, April 30, 2021 OPEN SESSION Preliminaries			Friday, April 30, 2021 12&U SESSION Timed Finals		
Warmups: 7am; Meet Start: 8:30am			Warmups: Not Before 11am; Meet Start: Not Before 12pm		
Girls #	Event	Boys #	Girls #	Event	Boys #
1	200m Free	2	9	200m Free	10
3	100m Breast	4	11	100m Breast	12
5	100m Back	6	13	100m Back	14
7	400m IM	8	15	50 Free	16
			17	Mixed 400 IM	
Saturday, May 1, 2021 OPEN SESSION Preliminaries			Saturday, May 1, 2021 12&U SESSION Timed Finals		
Warmups: 7am; Meet Start: 8:30am			Warmups: Not Before 11am; Meet Start: Not Before 12pm		
Girls #	Event	Boys #	Girls #	Event	Boys #
19	100m Fly	20	29	100m Fly	30
21	200m Back	22	31	50m Back	32
23	50m Free	24	33	200m Back	34
25	200m Breast	26	35	50m Breast	36
27	400m Free	28	37	200m Breast	38
Sunday, May 2, 2021 OPEN SESSION Preliminaries			Sunday, May 2, 2021 12&U SESSION Timed Finals		
Warmups: 7am; Meet Start: 8:30am			Warmups: Not Before 11am; Meet Start: Not Before 12pm		
Girls #	Event	Boys #	Girls #	Event	Boys #
39	200m Fly	40	47	200m IM	48
41	100m Free	42	49	100m Free	50
43	200m IM	44	51	200m Fly	52
45	800m Free	46	53	50 Fly	54
			55	MIXED 400m Free	