



**ISCA December
Age Group Classic
December 10-13, 2020
Approval NO: VS-21-61A**

We have taken enhanced health and safety measures for all attending this event. However, we cannot guarantee that you will not become infected with COVID-19. You must follow all posted instructions while visiting the Onishi-Davenport Aquatics Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure of COVID-19.

SANCTION:	<ul style="list-style-type: none"> • Held under the approval of USA Swimming/Virginia Swimming, Inc., APPROVAL NO: VS-21-61A • USA Swimming, Inc., Virginia Swimming, Inc., ISCA, Inc., and the Onishi-Davenport Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. • An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. • USA Swimming, Inc., Virginia Swimming, Inc., ISCA, Inc. and the Onishi-Davenport Aquatics Center cannot prevent you (or your children) from becoming exposed to, contracting or spreading COVID-19 while participating in USA Swimming/Virginia Swimming sanctioned events. Therefore, if you choose to participate in a USA Swimming/Virginia Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. • BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, VIRGINIA SWIMMING, ISCA, Hargrave Military Academy AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN IN CONNECTION THEREWITH. 						
LOCATION:	Onishi-Davenport Aquatics Center, 200 Military Dr., Chatham, VA 24531, (434) 432-2481						
FACILITY:	<ul style="list-style-type: none"> • 25 yard by 50 meter indoor pool, 22 short course lanes, Short course depth is 16 feet. Equipped with Non-turbulent lane lines. Colorado Timing System. • The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). • In order to provide parents/guardians who are outside of the facility the ability to view their athletes' events, this meet may be video-streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming. 						
MEET DIRECTOR:	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Name: Doug Fonder</td> <td style="width: 50%; border: none;">Eva Gronke (Admin Official)</td> </tr> <tr> <td style="border: none;">Email: dougfonder@gmail.com</td> <td style="border: none;">eva@fastswimresults.com</td> </tr> <tr> <td style="border: none;">Phone: (540) 397-0505</td> <td style="border: none;">(727) 644-5925</td> </tr> </table>	Name: Doug Fonder	Eva Gronke (Admin Official)	Email: dougfonder@gmail.com	eva@fastswimresults.com	Phone: (540) 397-0505	(727) 644-5925
Name: Doug Fonder	Eva Gronke (Admin Official)						
Email: dougfonder@gmail.com	eva@fastswimresults.com						
Phone: (540) 397-0505	(727) 644-5925						

ELIGIBILITY:	<ul style="list-style-type: none"> • Must be a 2020 USA Swimming, YMCA, AAU, and/or a FINA Registered Athlete. The only FINA athletes who will be allowed to enter are those who are also registered with USA-S. • Age as of December 10, 2020 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> • Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
TYPE OF MEET:	<p>SCY format for Thursday, Friday, Saturday, and Sunday. All events will be pre-seeded. No equipment will be allowed during warm-up times. This includes fins, paddles, and snorkels.</p> <p>Special Information: We will have no more than 500 TOTAL SWIMMERS. ALL sessions will be divided into 10 and under, 11-12, and 13-14. All age-groups will be divided by gender unless combined, they do not exceed 100 total swimmers. We will have no more than 100 swimmers in the facility at one time. Each group of 100 will exit the facility before the next group is allowed in. The facility will be disinfected between each group. We have built in breaks between each group for cleaning and all athletes exiting the facility</p>
WARM-UP:	<p>Thursday 10 and Under Girls and Boys Combined Distance Session: General Warm Up 11:30am to 12pm, Competition to begin at 12:15pm.</p> <p>Thursday 11-12 Girls and Boys Combined Distance Session: General Warm Up 2pm-2:30pm, Competition to begin at 2:45pm.</p> <p>Thursday 13-14 Girls and Boys Combined Distance Session: General Warm Up 5pm-5:30pm, Competition to begin at 5:45pm.</p> <p>Friday, Saturday, Sunday 10 and Under Combined Session: General Warm Up 7:15am-7:45am, Competition to begin at 8am. We will only have 1 combined 10 & Under session, not to exceed 100 total 10 & Unders.</p> <p>Friday, Saturday, Sunday 11-12 Girls Group: General Warm Up 10:15am-10:45am, Competition to begin at 11am.</p> <p>Friday, Saturday, Sunday 11-12 Boys Group: General Warm Up 12:45pm – 1:15pm, Competition to begin at 1:25pm.</p> <p>Friday, Saturday, Sunday 13-14 Girls Group: General Warm Up 3:15pm-3:45pm, Competition to begin at 3:55pm.</p> <p>Friday, Saturday, Sunday 13-14 Boys Group: General Warm Up 5:40pm – 6:10pm, Competition to begin at 6:20pm.</p> <p>Final warm-up times will be sent to teams on or before Sunday, December 6th. Athletes will not be able to enter the facility prior to the stated warm-up time or until the facility has been cleaned following the end of the previous session, whichever is later.</p>
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS Monday, November 23, 2020</p> <ul style="list-style-type: none"> • Swimmers may enter a maximum of 10 events. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 500 swimmer cap or the limits mandated by current Commonwealth of Virginia guidelines. • DECK ENTRIES WILL BE ACCEPTED for athletes already entered in the meet to the extent that empty lanes are available. Extra heats will not be added. • Swimmers will be limited to 1 event on Thursday. The 10 and Under (500 Freestyle) 11-12 and 13-14 500 Freestyle and the 400 IM will be limited to the 40 fastest swimmers of each gender. Coaches will be notified what groups their athletes will be competing in and who will be swimming the distance events by Friday, November 27th. Our goal is to keep swimmers in

	the same group throughout the meet.
FEES:	<u>Entry Fees</u> Fee per individual event - \$10.00 Facility Surcharge - \$25.00 Coach Deck Pass (per coach) - \$15.00 <u>Late/Deck Entry Fees</u> Late fee per individual event - \$20.00
SEEDING:	All events will be pre-seeded
AWARDS:	Special Award plaques will be given for 1 st thru 3 rd place in each age-group event.
PENALTIES:	<ul style="list-style-type: none"> ● A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> ● Entries using fraudulent or non-verifiable times. ● Athlete competed in the incorrect age group. ● If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. ● Any event in which an athlete participated illegally will be rescored and re-awarded.
RULES:	<ul style="list-style-type: none"> ● Athletes must arrive in their suits. Locker rooms will not be available. ● All individuals entering the facility will be expected to answer Virginia Department of Health screening questions to include temperature screening. ● Coaches, officials, and spectators must wear masks. ● The current USA Swimming Rules and Regulations, including the Minor Athlete Abuse Protection Policy, will govern this meet. ● All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. ● Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. ● Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. ● Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED.
OFFICIALS:	Meet Referee: Scott Wilshire, scott.wilshire@comcast.net (412)-352-9127 <ul style="list-style-type: none"> ● Officials will be needed for referee, starter and stroke and turn for this meet. ● Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Scott Wilshire, no later than November 23rd.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
COVID-19 SYMPTOMS OR EXPOSURE:	All participants in this event certify that they have no known exposure to COVID-19 within 14 days or are exhibiting symptoms of COVID-19, including but not limited to a fever, cough, shortness of breath, chills or loss of taste/smell. This is pursuant with current Virginia Swimming and Hargrave Military Academy practice policies. Parents will also be reminded of these policies via email in the week leading up to the event. Temperature checks will be required upon entrance, and COVID-19 questions asked to each participant entering the facility each session.

MASK POLICY:	All parents, volunteers, coaches, and officials are required to wear a facemask at all times while inside the facility to comply with COVID-19 guidelines. Swimmers will be required to wear a mask inside the facility when using restrooms, though not required when racing, staging behind blocks or exiting the facility post-race.
TIMING:	<ul style="list-style-type: none"> • Colorado touchpads will serve as the primary timing source, with a button and stopwatch serving as the two backup timing sources. • One timer per lane to comply with COVID-19 guidelines. • All timers and counters will be required to wear a face covering.
BULLPEN AND STAGING AREA:	All swimmers entering the facility will enter on the lower level by the gym. All swimmers exiting the facility will exit the side door near the front entrance. All doors will be marked for ingress and egress, and a map provided to all swimmers and coaches. There will only be the swimmers on the block, and the next group waiting to get on the blocks, back by the wall at one time.
LOCKER ROOMS AND RESTROOMS:	Locker room access will be restricted to restroom use only. Swimmers should arrive to the facility in their suits. One person per toilet will be allowed in locker room/rest rooms at a time. Coach, official and volunteer restrooms will be separate from swimmer restrooms.
SPECTATORS AND LIVE STREAM:	No spectators will be allowed in the pool area during the meet. The meet will be live-streamed on FloSwimming. The stream will be projected on a screen in the gymnasium. We will not exceed 250 people combined between spectators and athletes, including the gym and pool.
TEAM SEATING:	When not competing, swimmers should remain in the gymnasium area. Swimmers should practice social distancing at all times while in the team area.



December 10th – December 13th, 2020

WOMEN	Thursday 12/10/2020 (10 and Under) Warm Up 11:30 a.m., Start 12:15 p.m.	MEN
1	10 and Under 200 IM	2
3	10 and Under 500 Freestyle	4

WOMEN	Thursday 12/10/2020 (11-12) Warm-Up 2 p.m., Start 2:45 p.m.	MEN
5	11-12 400 IM	6
7	11-12 500 Freestyle	8

WOMEN	Thursday 12/10/2020 (13-14) Warm-Up 5 p.m., Start 5:45 p.m.	MEN
9	13-14 400 IM	10
11	13-14 500 Freestyle	12

WOMEN	Friday 12/11/2020 (10 and Under) Warm-Up 7:15 a.m., Start 8 a.m.	MEN
13	10 and Under 200 Freestyle	14
15	10 and Under 50 Butterfly	16
17	10 and Under 100 IM	18

WOMEN	Friday 12/11/2020 (11-12) Women: Warm-Ups 10:15 a.m., Start 11 a.m. Men: Warm-Ups 12:45 p.m., Start 1:25 p.m.	MEN
19	11-12 200 Freestyle	20
21	11-12 50 Butterfly	22
23	11-12 100 IM	24

WOMEN	Friday 12/11/2020 (13-14) Women: Warm-Ups 3:15 p.m., Start 3:55 p.m. Men: Warm-Ups 5:40 p.m., Start 6:20 p.m.	MEN
25	13-14 200 IM	26
27	13-14 100 Butterfly	28
29	13-14 200 Backstroke	30

WOMEN	Saturday 12/12/2020 (10 and Under) Warm-Up 7:15 a.m., Start 8 a.m.	MEN
31	10 and Under 100 Freestyle	32
33	10 and Under 100 Breaststroke	34
35	10 and Under 50 Backstroke	36

WOMEN	Saturday 12/12/2020 (11-12) Women: Warm-Ups 10:15 a.m., Start 11 a.m. Men: Warm-Ups 12:45 p.m., Start 1:25 p.m.	MEN
37	11-12 100 Freestyle	38
39	11-12 100 Breaststroke	40
41	11-12 50 Backstroke	42
43	11-12 200 IM	44

WOMEN	Saturday 12/12/2020 (13-14) Women: Warm-Ups 3:15 p.m., Start 3:55 p.m. Men: Warm-Ups 5:40 p.m., Start 6:20 p.m.	MEN
45	13-14 200 Freestyle	46
47	13-14 100 Backstroke	48
49	13-14 200 Breaststroke	50
51	13-14 50 Freestyle	52

WOMEN	Sunday 12/13/2020 (10 and Under) Warm-Up 7:15 a.m., Start 8 a.m.	MEN
53	10 and Under 100 Backstroke	54
55	10 and Under 50 Freestyle	56
57	10 and Under 100 Butterfly	58
59	10 and Under 50 Breaststroke	60

WOMEN	Sunday 12/13/2020 (11-12) Women: Warm-Ups 10:15 a.m., Start 11 a.m. Men: Warm-Ups 12:45 p.m., Start 1:25 p.m.	MEN
61	11-12 100 Backstroke	62
63	11-12 50 Freestyle	64
65	11-12 100 Butterfly	66
67	11-12 50 Breaststroke	68

WOMEN	Sunday 12/13/2020 (13-14) Women: Warm-Ups 3:15 p.m., Start 3:55 p.m. Men: Warm-Ups 5:40 p.m., Start 6:20 p.m.	MEN
69	100 Freestyle	70
71	200 Butterfly	72
73	100 Breaststroke	74

ISCA December Age Group Classic

Chatham, VA
December 10th – December 13th, 2020

Hosted By Virginia Gators, Inc.:
Onishi-Davenport Aquatic Center
200 Military Dr.
Chatham, VA 24531
(434) 432- 2481

Mail Entries to ISCA
c/o: Eva Gronke
3534 Chessington Drive
Land O Lakes, FL 34638

Team _____	Name _____	Call Letters _____
Address _____		
Coach _____	LSC _____	
Home Phone _____	Office Phone _____	
FAX _____	EMAIL _____	

Swimmer/Coach Registration

I certify that all individuals listed on attached entry forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on deck supervising the activities of these individuals during warm up and competitive sessions at the meet.

Name of Coaches

I certify that the individuals listed above are currently registered USA Swimming Coach Members.

Signature of Coach _____	Date _____
--------------------------	------------

Financial Recap

Total Number of Facility Surcharge	_____ @ \$25.00 Each = \$ _____
Total Individual Entry Fees	_____ @ \$10.00 Each = \$ _____
Coach Deck Pass	_____ @ \$15.00 Each = \$ _____
Non Hytek Manual Entry Fees (per team)	_____ @ \$50.00 Each = \$ _____

*Checks payable to ISCA _____ Total Entry Fees Paid \$ _____