

# 2020 LY SPRINT SHOWDOWN

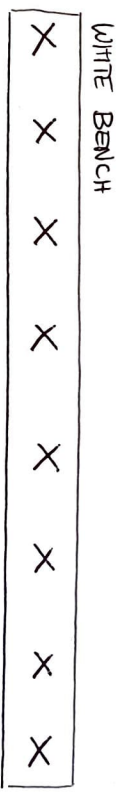
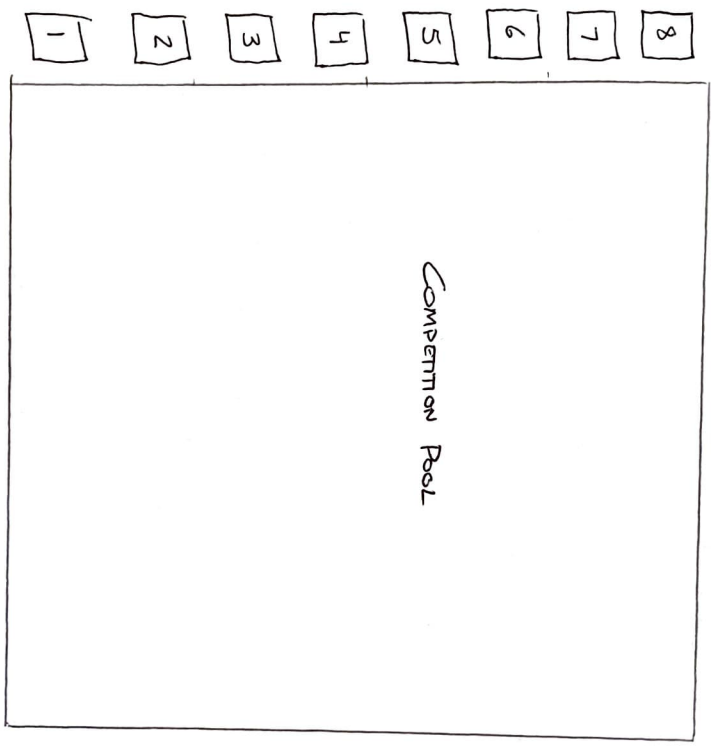
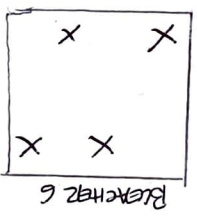
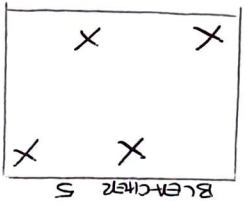
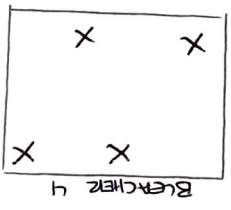
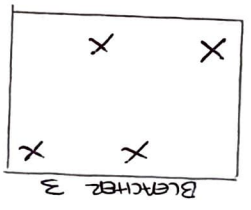
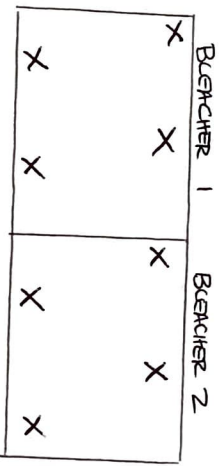
## PLANS AND PROCEDURES

- ALL CURRENT STATE AND LOCAL REGULATIONS WILL BE STRICTLY ADHERED TO. MASKS WILL BE REQUIRED OF ALL OFFICIALS, VOLUNTEERS, AND COACHES WHO ARE ON DECK. MASKS WILL BE REQUIRED OF ALL SPECTATORS WHO WISH TO ENTER THE POOL AREA TO WATCH THEIR SWIMMERS.
- [STATE GUIDELINES CAN BE FOUND HERE.](#)
- ALL 12 & UNDER SWIMMERS AND SPECTATORS WILL SIT OUTDOORS IN THE BLOCKED-OFF SIDE PARKING LOT OF THE JAMERSON YMCA. 13 & OVER ATHLETES WILL SIT ON DECK 10 FEET APART.
- SWIMMERS WILL ENTER THE BUILDING ONLY THROUGH THE SIDE DOORS NEAR THE STARTING BLOCKS.
- FOR EVENTS 50 YARDS AND LONGER:
  - UPON COMPLETION OF THE HEAT, ALL ATHLETES MAY SWIM A 50 EASY AND THEN WILL EXIT THE POOL.
  - AFTER EXITING THE POOL, SWIMMERS WILL COLLECT THEIR BELONGINGS AND WILL WALK AROUND THE LANE 1 SIDE OF THE POOL.
  - THE UPCOMING HEAT WILL REMAIN OUTSIDE OF THE POOL UNTIL THE JUST-COMPLETED HEAT HAS CLEARED THE AREA BEHIND THE BLOCKS, AT WHICH POINT THEY WILL WALK IN BEHIND THE BLOCKS.
- FOR EVENTS 25 YARDS LONG:
  - UPON COMPLETION OF THE HEAT, ALL ATHLETES WILL IMMEDIATELY EXIT THE POOL AT THE SCOREBOARD END OF THE POOL.
  - THE NEXT HEAT WILL PARADE INTO THE POOL AREA AFTER THE PRECEDING HEAT DIVES IN.
- COACHES WILL REMAIN ON THE LANE 8 SIDE OF THE POOL.

- **SPECTATORS MAY ENTER THE POOL AREA VIA SIDE DOORS AT THE SCOREBOARD END OF THE POOL TO WATCH THEIR SWIMMER'S RACE AND ARE ASKED TO THEN RETURN OUTSIDE AFTER THE RACE. THERE WILL BE NO SEATING ON DECK. SPECTATORS MAY ENTER THE POOL AREA ONLY FOR THEIR SWIMMER'S HEAT.**
- **COACHES AND OFFICIALS WILL ENTER THE POOL AREA THROUGH THE SIDE DOOR AT EITHER END OF THE POOL.**
- **SWIMMERS AND SPECTATORS ARE ENCOURAGED TO BRING POP-UP TENTS OR OTHER APPROPRIATE SHELTER FOR THEIR OUTDOOR AREA.**
- **SWIMMERS AND SPECTATORS NEED TO MAINTAIN SOCIAL DISTANCING PROTOCOLS WHILE IN THE OUTDOOR STAGING AREA.**
- **DURING THE MEET, THERE WILL BE NO MORE THAN 16 OFFICIALS/VOLUNTEERS, 8 COACHES, 8 SWIMMERS IN THE WATER, 8 SWIMMERS STANDING BEHIND THE BLOCKS, AND 16 SPECTATORS.**
- *In applying for this sanction, Lynchburg YMCA agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia, and Campbell County.*

COMPUTERY/  
TIMING  
TABLE

ANNOUN-  
-CE



X

X

X

X

JANERSON YMC

X = ATHLETE SEAT