

## **NOVA of Virginia Aquatics Supplemental Return to Competition Checklist Information**

### **Re: Nov. 6-8 Mid-Atlantic Age Group Invitational**

Capacity Limits: Swimmers will remain in the bleacher section, with proper social distancing and face coverings. Spectators will remain in the parking lot, at their vehicles, with proper social distancing.

The following capacity limitations will be in place inside the Jeff Rouse Swim & Sport Center at all times utilizing Phase 3 Moving Virginia Forward guidance of no more than 250 people in the facility.

- During Warm Up and Competition [208-225 estimate per session]:
  - Swimmers 150
  - Maximum of 10 Coaches will be in the facility.
  - Maximum of 20 Meet Management
  - Maximum of 9 Timers (1 per lane plus head timer)
  - Maximum of 10 Officials
  - Maximum of 16 “Watch and Go” Spectators
  - Maximum of 4 using restroom facilities (Locker Rooms closed)

Facility Considerations / Guidance: Refer to meet invitation

Please see attached Facility Map for all ingress, egress, one way directional flow, specific designated “zones” and entrance exit points for all participants.

All local and state protocols will be followed per Moving Virginia Forward – Phase 3 Guidance [HERE](#)

**Service Road**

**Grass Area for Parents**

Parents Clerk of Course

Entrance for Parents

Scoreboard

Exit for Parents

Parents

PARKING LOT AND FRONT OF BUILDING



Emergency Exit    Aquatics Office

Swimmers to seats

Swimmers to blocks

**Swimmers line up for their heats**

