



2020 ODAC Intrasquad December Meet  
December 13, 2020

ODAC is abiding by the State of Virginia local protocols for Virginia Phase 3. In Phase Three, indoor and outdoor swimming pools may open for free swim at 75% capacity, subject to the following restrictions:

Hot tubs, spas, saunas, splash pads, spray pools and interactive play features must be closed.

10 feet of physical distance must be maintained between persons not of the same household.

Seating may be provided on pool decks with at least 10 feet of spacing between persons who are not members of the same household.

All seating (including lifeguard stations) must be cleaned and disinfected between uses.

Customer-facing employees other than lifeguards must wear face coverings.

Patrons should be screened upon entrance for COVID-19 symptoms

We are expecting 60-75 athletes participating in the meet per session.

We are expecting 10 coaches.

We are expecting 14 volunteers, timers, and marshals

We are expecting 10 officials including dry deck and meet referee.

Swimmers will be staged right outside the doors maintaining 10 feet of social distancing. They will be brought through the gate and lined up behind the blocks.

One Spectator per swimmer will enter the pool building by the entrance on the left in the hall and exit the building by the doors located at the end of the pool by the starting blocks.

Marshals will be manning the doors to maintain social distancing and controlling the number of spectators in the building.

In applying for this sanction, ODAC agrees to comply with and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming and Commonwealth of Virginia and Chesapeake.

Mask are required inside the facility at all times, access to the pool will be denied to any person not wearing a mask.

