



## News from the Dry Side September 11, 2016

Hello 757swim!

I am your board president, Mary Lynch. My husband Ted will be the lead coach of Copper this year, and my kids Evan & Gina both swim in the Gold group. Our family is definitely all in with 757swim—and we couldn't be happier about it.

757swim values good communication, and we will do our best to keep you informed.

- “**Dry Side**” emails like this one will update you on the business of the team. (They won't usually be this long!)
- We plan to add a **Newsletter** this year.
- You will also receive a **Weekly Announcement** from your swimmer's lead coach with news specific to that group and any schedule updates/changes for the coming week. Your coach will also attach a **weekly article** for you and/or your swimmer to help you understand, enjoy, and thrive in our sport.
- For the fun stuff, be sure to like us on **Facebook** and follow us on **Twitter**.

If you have any questions along the way, please don't hesitate to reach out to [info@757swim.com](mailto:info@757swim.com) or directly to me at [president@757swim.com](mailto:president@757swim.com).

And now, down to business. Bear with me, there's a lot of information here!

### **PRACTICES BEGIN MONDAY, SEPT. 12**

The practice schedule with locations has been posted to our website at Swimmers > Practice Schedule. We can't wait to see everyone starting tomorrow!

### **YMCA and REC CENTER WAIVER / FEE**

If your swimmer will be practicing at the YMCA or the James City County Recreation Center, you must submit waiver forms required by those venues. You should have received emails with forms and instructions attached. In addition, you will need to purchase a \$10 access pass to the Rec Center (not necessary if you already have a family membership there).

### **USA SWIMMING REGISTRATION and TRANSFER FORMS**

You received an email about the USA Swimming registration form required of everyone, and the transfer form required of swimmers transferring from another USA Swimming team. Please complete the registration following the directions in the email you received. Remember, forms should be printed, signed, and handed in at practice, and you should *not* include any payment as it was covered by your 757swim registration fee.



### **NEW FAMILIES: 411 PROGRAM**

Families new to the team will be assigned a host as part of our new “757 411” program. Your 411 rep will make it a priority to meet you and welcome you to the team. During the season, your rep will stay in communication and will be available to answer any questions. (“Should I bring a chair to the pool in Richmond?” “What the heck is a BB time?”) New families should be hearing from your 411 rep soon.

### **PARENT HANDBOOK**

We are proud to have completed our first Parent Handbook, which is a compilation of important information about our team, including policies and more. The Parent Handbook is posted on our website under Parents > Parent Handbook. Please read the handbook before our team meeting so that you can ask any questions at that time.

### **TEAM MEETING**

Parents, please mark your calendars for our team meeting on **Thursday, Sept. 22, at 6:30 p.m.** at the First Colony clubhouse (125 Pasbehegh Drive). The content of the meeting will be for parents. (That said, if you don’t have a child care alternative, bring your swimmer along rather than miss the meeting.) At the meeting, we will hear Morgan’s vision and goals for the season; present the 2016-17 budget and policies to the membership; answer questions; distribute team t-shirts and caps; and end with a special Breakout session for new families.

### **VOLUNTEER COMMITMENTS**

Using your survey responses, we are currently assigning volunteer roles to families. (Copper families are excluded from this requirement, but you are welcome to volunteer!) We will have each family’s commitment set and communicated soon. This is in addition to whatever role you take for the home meet (see below).

### **HOME MEET OCTOBER 8-9**

Our very first home meet, the **IMX-IMR Season Kickoff**, will take place October 8-9 at the Collegiate School Aquatic Center in Richmond. Please keep your calendar clear! Remember, all Silver, Senior, and Gold families must volunteer at two sessions of the meet (two half days, or one full day), and Bronze families must volunteer one session. Stay tuned for information about signing up for your volunteer role.

Note for Copper parents: The IMX-IMR meet format is not appropriate for most Copper swimmers because it requires proficiency in all four strokes. However, Copper families are welcome and encouraged to volunteer at the meet. A home swim meet is a huge production (as well as a significant source of income for the team), and we need as much help as possible to make it a success. Also, if you are new to year-round swimming, this would be a good opportunity to observe a meet before your child actually completes in one. Thank you for any help!



### MEET SCHEDULE

The meet schedule is posted on our website at Events > Meet Schedules. New families: More information will follow about how to choose meets and events.

### EQUIPMENT

The equipment required for each practice group is posted on Swim Outlet at [www.swimoutlet.com/757swim](http://www.swimoutlet.com/757swim). We are an Arena sponsored team, so Arena products are generally featured; however, you are free to browse and choose comparable brands for equipment. The team suit, however, must be purchased through our Swim Outlet site, and you must choose one of the available styles posted. Remember, we get a nice kickback from Swim Outlet sales. Whenever you shop there, please use our team portal, which you can reach by typing in the complete URL given above, or by using the button on our website home page.

### COACHING AND VENUE UPDATES

Read all about our coaching staff at About Us > Our Coaches. While our search for a Head Age Group Coach will continue, we could not be more satisfied with our slate of assistants. Also, we appreciate your patience as practice venues change between now and the completion of the pool at the WISC. In particular, the site at First Colony is temporary until we are able to move into Villages of Westminster. It has been a challenge to secure practice facilities to accommodate our quickly growing team—but what a happy “problem” to have!

Thank you, see you this, and **Go 757swim!**

Mary Lynch  
president@757swim.com