



2019 TAC TITAN WINTER BLITZ

This is the fourth year that 757 has participated in the Blizzard Blitz travel meet in Cary, North Carolina. This weekend never disappoints with so many fast races, some team records broken, and lots of personal bests for our thirty-one total 11 and over qualified swimmers. Great job to all who were a part of the fun and fast-paced weekend.

New Records:

Delaney Gibbons (200 BK)

Sofia Long (200 BK)

Andre Radkevich (100 FR, 100 BK)

Jacob Sprigg (500 FR, 200 Fly)

New Time Standards Achieved:

Motivational time standards give swimmers specific milestones to strive for as their times improve.

Congratulations to the following swimmers who achieved new time standards at the TAC Titan Winter Blitz

“BB” Time

Matthew Keithley (200 BR)

Avery Martin (200 IM)

“A” Time

Sarah Andresky (100 Fly, 200 FR, 500 FR)

Dillon Delaney (100 BK)

Julianna Frerichs (100 Fly, 100 FR, 200 BK, 200 IM, 50 FR)

Addison Heyward (100 FR, 200 BR, 200 IM)

Isabel Kantor (200 BR, 200 FR, 50 FR)

Niamh Kastner (100 BK, 200 BK)

Matthew Keithley (200 FR, 500 FR)

Isabel Lorack (100 FR)

Aidan Martin (100 BK, 200 IM)

Jacquelyn Shearer (100 FR, 200 BK, 50 FR)

Anna Shnowske (100 IM)

Matthew Shnowske (50 FR)

“AA” Time

Dillon Delaney (100 BR)

Julianna Frerichs (500 FR)

Addison Heyward (50 BR)

Colby Hurt (100 BK)
 Isabel Kantor (100 FR)
 Niamh Kastner (200 Fly, 500 FR)
 Matthew Keithley (100 FR)
 Virginia Lynch (200 IM)
 Aidan Martin (200 FR)
 Ymanee Monestine (50 FR)

Andrey Radkevich (200 BR)
 Shelby Reed (100 BR)
 Jacquelyn Shearer (500 FR)
 Anna Shnowske (200 IM, 500 FR)
 Matthew Shnowske (100 FR)
 Sean Thomas (100 BK, 100 FR, 200 IM, 200 FR, 50 FR)

“AAA” Time

Dillon Delaney (50 FR)
 Andrey Radkevich (100 BK)
 Anna Shnowske (50 FR)

Caleb Vereb (100 FR, 200 FR, 50 BK)
 Jacob Sprigg (200 BK)
 Kaitlyn Sullivan (100 Fly)

“AAAA” Time

Jacob Sprigg (100 Fly, 200 Fly, 500 FR)
 Kaitlyn Sullivan (100 FR)

100 % Best Times:

An impressive 7 swimmers managed to achieve a personal best time with every swim!

Dillon Delaney
 Julianna Frerichs
 Avery Martin
 Addy Heyward
 Isabel Kantor
 Caleb Vereb
 Sean Thomas

Name	Top 8 Finishes
Sarah Andresky (12)	500 Free – 8 th
Holly Brundage (12)	50 Back – 7 th 100 Back – 7 th 50 Fly -6 th
Joe Dill (12)	100 Breast – 3 rd 500 Free – 3 rd 200 IM – 5 th
Addy Heyward (12)	50 Breast - 4 th
Andrey Radkevich (12)	200 Breast – 1 st 50 Back – 3 rd 100 IM – 1 st 50 Free – 1 st 100 Breast – 1 st

	100 Back – 1 st 200 Back – 3 rd 100 Free – 1 st
Anna Shnowske (12)	50 Free – 5 th 500 Free – 2 nd 100 Free – 6 th 200 IM – 8 th
Caleb Vereb (12)	50 Back (2 nd) 200 Free (1 st) 100 Fly (2 nd) 50 Free (8 th) 100 Back (3 rd) 500 Free (2 nd) 200 Back (4 th) 50 Fly (8 th) 100 Free (3 rd)

Name	Top 16-32 Individual Finishers
Delaney Gibbons (14)	100 Fly – 15 th 400 IM – 15 th 100 Back – 7 th 200 Back – 11 th
Dillon Delaney (16)	100 Breast – 32 nd 100 Free – 32 nd
Colby Hurt (18)	200 Free – 2 nd
Kylie Johnson (17)	200 Free – 23 rd 500 Free – 8 th 1650 Free – 7 th
Sofia Long (18)	100 Fly – 1 st 200 Fly – 9 th 50 Free – 18 th 100 Back – 12 th 200 Back – 17 th 100 Free – 18 th
Gina Lynch (17)	200 Back – 31 st 200 IM – 20 th
Jacob Sprigg (16)	200 Free – 7 th 100 Fly – 3 rd 200 Fly – 2 nd 500 Free – 7 th 200 Back – 12 th 100 Free – 12 th
Kaitlyn Sullivan (16)	100 Breast – 9 th 200 Free – 19 th

	100 Fly – 20 th 50 Free – 4 th 100 Back – 17 th 100 Free – 3 rd 200 IM- 7 th
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Up Next

We will be hosting our last home meet of the season, the Splash & Dash Meet on January 18-19th.

Go 757swim!

Visit Us Online at: <http://www.757swim.com/>

757swim

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