

Hello 757swim Family,

I hope everyone's been doing well. Yesterday I stumbled across a speech so good that I can't believe I've never seen it, Arnold Schwarzenegger discussing success. During his speech, Arnold outlines his 6 rules of success:

1. Have a vision / goal.
2. Don't listen to the naysayers.
3. Work your butt off.
4. Don't have a Plan B / backup plan.
5. Don't be afraid of failing. You have to fail to climb the ladder. Fail and get up. Always get up.
6. You can only feel complete if you help others / give back.

Discovering this speech was one of the highlights of my day yesterday, and sharing it with you is one of my highlights of today. It gives a great perspective on many of the themes we've been discussing in our articles these past months.

I hope you enjoy: <https://youtu.be/bQxqIKTO2Ck>. Have a great rest of the week, and as always, please let me know if you have any questions!

-Mike