



News from the Dry Side

March 2019

Congratulations, 757swim! Virginia Swimming State Champs!

Our Senior and Age Group State Teams both earned championship titles in the medium team division at Short Course State Champs! Congratulations to the hard-working swimmers, coaches, and families who made it possible! Stay tuned for meet reports with all the details.

Our swimmers at Districts and Regionals also had excellent meets. Be sure to read all about it in the [Meet Report](#) posted under News at 757swim.com.

What's Next: Sectionals

Sixteen 757swimmers have qualified for our final championship meet of the short course season: Speedo Sectionals. The National Team will team travel to Christiansburg, VA, for the meet on March 28-31, where they will compete against other elite swimmers from the Eastern Zone (Virginia northwest to Ohio and northeast to Maine). Good luck!

Long Course Season

If you're new to year-round swim, you may be wondering: What's next? Long Course season is upon us! "Long Course" means that competition takes place in a 50 meter pool. Practices continue uninterrupted (with a few changes—see below). The season ends with championship meets in July.

- The Long Course [meet schedule](#) is posted online.
- The first Long Course meet is the [SEVA Head Start LC Invitational](#) on March 23-24. The signup deadline is March 13. This meet is for all Copper, Bronze, Silver, and Senior 2 swimmers. Age Group States swimmers are not encouraged to participate. As, always, please talk to your lead coach if you have any questions about whether this meet is a good option for your swimmer.
- Note that the SMAC Summer Classic meet June 21-23 takes place in Waynesboro, VA, and offers a couple of unique opportunities: a training trip for swimmers in groups Silver 2 and up (departing June 17), and team travel for Bronze 2 and up. "Team travel" means that swimmers travel and stay together with coaches & chaperones. Mark your calendars if you might be interested and stay tuned for details.



Practice Schedule - Note Spring Break & Summer Prep Changes

- The [practice schedule](#) has been updated online to reflect changes to Senior 1 practice times.
- Spring Break: There are no practices Friday, March 29, until Monday, April 8.
- The schedule will change slightly during our Summer Prep clinic (April 29 to May 24). This schedule is also posted online below the regular practice schedule. Thank you for your flexibility!
- Practice times will change after June 15. Stay tuned for the summer schedule.

Volunteer Roles for 2019-20 and Beyond

Do you have any interest in taking on a major volunteer role with 757swim over the next couple of years? Please complete [this quick survey](#) to let us know if you might be willing to serve on the Board, chair a committee, or take on another major role. There's no commitment implied; we're just gathering information about members' interest. Thank you!

Run the DOG - April 20

Once again, 757swim will participate in the Run the DOG 5K on Saturday, April 20, with proceeds benefitting Habitat for Humanity. Help us continue our streak of winning the prize for Largest Team participating in the race! Practices will be cancelled that day so that coaches, swimmers, and families are free to participate in this community outreach activity. Visit the [Event posted online](#) for details on how to register as part of Team 757swim.

Golf Tournament April 26

The 2nd annual 757swim [Golf Tournament](#) will take place Friday, April 26, at Williamsburg National Golf Club.

- Spread the word!
- We hope you'll participate as a golfer, event volunteer, or sponsor. The tournament not only offers a day with friends on the Yorktown Course, but also includes a variety of prizes and on-course games for a lively afternoon, followed by a delicious dinner!
- Register your foursome for \$400—or choose a sponsorship opportunity. (The Golf Tournament is a fundraising vehicle with various sponsorship options that earn you credit toward your family's fundraising obligation.) Please direct questions to golf@757swim.com.
- Please help us gather raffle prizes for the tournament (see your email from Feb. 27). The practice group with the highest dollar value of donations will win a special treat after practice in April, such as Duck Donuts or Chick-Fil-A! [Learn more about donating prizes here.](#)



Summer Prep - Spread the Word!

Summer Prep is a terrific opportunity for non-year-round swimmers to get in the water and prepare for Summer Swim. Swimmers receive excellent coaching with a low coach-to-swimmer ratio. Please spread the word to your friends and summer league teammates. Information is [posted online](#) and can be shared [on Facebook](#). The Early Bird registration rate ends March 15th. This program fills every year, so interested families should sign up soon!

Family Fundraising Reminder

- Don't forget that membership with 757swim comes with a family fundraising obligation of \$133 per phase (or \$33 per phase for Copper and Senior 1). Your total obligation accrues per phase for a maximum total of \$399 if your swimmer participates during all three phases of the year (max \$99 for Copper / Senior 1).
- To meet your obligation, you may sell or purchase a Team Sponsorship or Golf Tournament Sponsorship; raise funds via Shop with Scrip; or pay out of pocket. Remember, with Shop with Scrip you may exceed your fundraising obligation, with excess funds being credited to your account.
- You will be charged any outstanding fundraising balance on your June invoice or upon withdrawal from the team.
- The [Fundraising Policy](#) is posted at 757swim.com under About Us > Policies.

Staffing Update

Administrative Assistant Erin Roehrle has taken the reins on invoices, billing, etc. You may reach Erin via the familiar email address of payments@757swim.com. Thank you for your patience as we work out any kinks during this transition.

WISC Aquatics Powered by 757swim

757swim and the WISC are partnering more closely to bring expanded and improved lessons programming to the WISC. The WISC's aquatics program has been rebranded **WISC Aquatics Powered by 757swim**. Please spread the word! Signups are available now, with information posted under the new [Lessons](#) tab at 757swim.com.





Photos & Fun - Social Media and Smugmug:

- Be sure to follow us on social media for fun updates and photos, and share our posts for others to learn about the team! You can find us on Facebook (757swim), Twitter (@757_swim), and Instagram (757swim_va).
- Also, did you know that lots of great photos from meets and events are posted online on Smugmug? To access the photos, log in at 757swim.com (login is required; otherwise the link is hidden) and visit Parents > [757swim Pictures](#).

757 SWIM

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