

News from the Dry Side August 2019

Hello, 757swim! WELCOME to our new members (we're so happy to have you!) and WELCOME BACK to those who are returning! There's always lots of information to share at the beginning of the season. Please be sure to read your emails and check the website for News, Events, etc. New families, we will be assigning an experienced parent to be "Group Captain" in each practice group, and that person will be available to help answer your questions. We understand there's lots to learn!

Welcome, Coaches Drew & Mike!

We are so excited to welcome our new Assistant Head Coaches, Drew Crockett and Mike McKee, to the 757swim family! [Coach Drew](#) & [Coach Mike](#) are already hard at work with Coach Morgan, planning for the upcoming season. Did you see the [article in the Virginia Gazette?](#)



Long Course Championships Meet Report and new Team Records

- Read all about our swimmers' Long Course Championship meets: States, Futures, Zones, and Junior Nationals. The [Meet Report](#) is now posted at 757swim.com as a News item. Congratulations to all our Long Course swimmers!
- Team Records have also been updated. Congratulations to our 23 swimmers who established new team records during the recent Long Course season! Check out their times at 757swim.com > Swimmers > [Team Records](#).

Dillon Delaney
Ella Epes
Elijah Fields
Delaney Gibbons
Broc Hafli
Brody Hafli
Will Hartig
Chris Homer

Colby Hurt
Kylie Johnson
Walker Keithley
Emma Liebler
Sam Long
Sofia Long
Bella Lorack
Ryan Lorack

Jorge Oquendo
Lawson Parkhouse
Andrey Radkevich
Kaitlyn Sullivan
Sean Thomas
Jenna Thompson
Caleb Vereb



[Practice Begins!](#)

- Practices will begin on **Monday, September 9**. See you at the pool!
- Gold Pre-Season Practice begins Tuesday, September 3. Gold families, check your email for more information.

[Team Meeting – Thursday, September 26](#)

- The Fall Team Meeting will take place on the evening of Thursday, September 26, at the James City County Recreation Center. Team t-shirts will be distributed, volunteer signups will be available, and important season kickoff information will be shared. *Please plan to attend!*
- Beginning at 5:30pm, our Arena rep will be there with info about team suits, tech suits, and gear. Suit fittings will be available.
- The meeting will begin at 6:30pm.
- Practices that evening will be cancelled; check your group email for details.

[Recent Updates on the Website](#)

- Lead coaches for each group have been posted under About Us > [Our Coaches](#).
- The Short Course meet schedule is posted at Events > [Meet Schedule](#)

[“Team Service” Volunteer Roles](#)

- 757swim families in Gold, Silver III, Silver II, Bronze II, and Bronze 1 are required to have a “Team Service” volunteer role such as serving on an event committee. (Families in other groups are encouraged to volunteer also!) [View a list of volunteer roles here](#).
- Please [complete this survey](#) to indicate which Team Service volunteer roles interest you. A volunteer coordinator will be assigning and confirming jobs over the next few weeks.

[Virginia Swimming Celebration at Kings Dominion – Sept. 21](#)

- Virginia Swimming’s annual Awards Celebration at Kings Dominion will take place on **Saturday, September 21**. This is a fun day at the park with swimmers from across Virginia.
- The park is open 10:30am to midnight, and the awards banquet takes place from 3:30-5:30pm. Sept. 21 is the first night of “Halloween Haunt” after dark.
- [Complete this form to order your tickets](#). Your total will be charged to your October invoice. DEADLINE TO ORDER: SEPTEMBER 8.
- Ticket orders must be submitted to Virginia Swimming by the team on Sept. 9. *Tickets are non-refundable after our team ticket order has been submitted.*



- Virginia Swimming's All-Star Swimmers will be recognized at the awards banquet. All-Stars finished short course or long course season with a top-5 time for their gender and age group. Congratulations to 757swim's 2019 Virginia Swimming All-Stars:
Ella Epes Will Hartig Emma Liebler Jacob Sprigg
Elijah Fields Colby Hurt Sofia Long Jenna Thompson

Virginia Swimming Athlete Clinic – September 22

- Virginia Swimming is offering an athlete clinic at the NOVA Aquatic Center in Richmond on Sept. 22. The guest clinicians are Olympic gold medalist Townley Haas and NCAA champion John Shebat. [Click here for information.](#)

New Groups: Copper Prep, 757FIT, and Homeschool

- Please spread the word to friends who may be interested!
- **Copper Prep** is a non-competitive group for young swimmers (age 5-9) looking for a bridge between lessons and team.
- **757FIT** will meet the needs of kids ages 8-13 looking for a non-competitive opportunity to swim for fitness and fun.
- The **Homeschool** program offers a competition-optional daytime training group for homeschool athletes ages 7-18.

New Members Welcome!

- New members are still welcome to join us for the 2019-20 season!
- Interested families should email info@757swim.com to arrange a tryout.