

Supplemental 757swim COVID Info

1) Plan for Athletes, Coaches, and Spectators

There will be NO use of locker rooms. Use of bathroom will be controlled.

- o Athletes should arrive and depart in their suits.
- o Deck changing is still prohibited.

- All individuals entering the facility or participating in the meet must answer screening questions which should include temperature screening (either at the facility or prior to arrival). Current CDC or local health department guidelines must be followed.

- All coaches, officials, and spectators must wear masks. Competition will be open to 1 athlete's parent/guardian per swimmer. NO siblings will be admitted on the pool deck.

- Provide indicators of correct spacing distances.

Bleachers will be marked for proper social distancing.

Parents will enter through the main lobby and exit through back right door.

Swimmer will enter through the patio garage doors.

- If athletes are remaining in the facility between events,

Swimmer will sit in marked squares on pool deck or on bleachers between races

They may sit on their own towel or chair on the deck, no sharing!

They must wear masks once they return to their seat on the deck after swimming an event.

Athletes must not share items and must leave their masks at their "spot" when going to swim next event.

After race is over 13 & Over swimmers will swim a 75 yard swim down and 12 & Under will swim a 25 yard swim down, exit the pool at non-start end, and to return to their "square" or bleacher spot.

2) Planned Number of Individuals Gathering on Pool Deck

757swim Aquatic Center will be open at up to 100% occupancy, if applicable, provided physical distance may be maintained between patrons not of the same household. This will include all athletes, coaches, officials, meet workers, 757swim employees, and spectators.

Capacity Limits: Swimmers will remain on pool deck in their respective "squares" or on bleachers and Spectators will remain in the parking lot, at their vehicles or in grassy areas with proper social distancing. No congregating on patio.

The following capacity limitations will be in place inside the 757swim Aquatic Center at all times utilizing Phase 3 Moving Virginia Forward guidance of no more than 250 people in the facility.

- General Meet Warm-up [180 Estimate]:
 - o 150 swimmers, 15 Coaches (maximum), 10 Meet Management (Meet Directors, Marshalls, Lifeguards), 10 Officials. No parents in the building during warm-up.

- During Competition [240 estimate]:
 - Swimmers (Competition): Using staging and one-way directional flow by heat, maximum of 150 swimmers will be in the facility either racing or seated in their respective “square”.
 - Maximum of 15 Coaches will be in the facility.
 - Maximum of 10 Meet Management
 - Maximum of 20 Timers (2 per lane)
 - Maximum of 10 Officials
 - Maximum of 30 “Watch and Go” Spectators
 - Maximum of 4 using restroom facilities (Locker Rooms closed)

3) Compliance and Enforcement

In applying for this sanction, 757swim agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia, and James City County.