



# COAST GUARD BLUE DOLPHINS SWIM TEAM

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## LOCKER ROOM MONITORING POLICY

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*Purpose of this guideline is designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.*

### FACILITIES

The following is a description of our practice facilities to allow athletes and their families to plan their use:

1. **Brittingham-Midtown Aquatic Center.** This location has:
  - A changing area that is shared with the general public. As such, there are likely to be people who are not associated with Coast Guard Blue Dolphins in the changing area around the time of practice.
  - The entrance and exit to the locker room is from the pool deck. The hallway doors are locked. There are private family dressing rooms on deck.
2. **Fort Eustis Aquatic Center.** This location has:
  - A changing area that is shared with the general public. As such, there are likely to be people who are not associated with Coast Guard Blue Dolphins in the changing area around the time of practice.
  - The entrance and exit to the locker room is from the pool deck and hallway. There are private family dressing rooms in the common area between the Men's and Women's locker room.
3. **USCG Training Center-Yorktown Base Gym.** This location has:
  - A changing area that is shared with the general public. As such, there are likely to be people who are not associated with Coast Guard Blue Dolphins in the changing area around the time of practice.
  - The entrance and exit to the Men's locker room is from the pool deck and hallway. The entrance and exit to the Women's locker room is from the hallway. There are no private dressing rooms or separate bathrooms.
4. **College of William and Mary Student Recreation Center.** This location has:
  - A changing area that is shared with the general public. As such, there are likely to be people who are not associated with Coast Guard Blue Dolphins in the changing area around the time of practice.
  - The entrance and exit to the locker rooms are from the pool deck and hallway. There are no private dressing rooms. There are additional locker rooms and separate

bathrooms located throughout the facility; however, swimmers are restricted to the use of the locker rooms adjacent to the swimming pool.

5. **James City County Recreation Center.** This location has:

- A changing area that is shared with the general public. As such, there are likely to be people who are not associated with Coast Guard Blue Dolphins in the changing area around the time of practice.
- The entrance and exit to the locker rooms are from the pool deck and hallway. There are private dressing rooms.

## **MONITORING**

### **General Policy Considerations**

1. Coaches and staff make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition and, if they do not return in a timely fashion, we will check on the athlete's whereabouts.
2. We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it should only be a same-sex parent. If this is necessary, parents should let the coach or administrator know about this in advance.
3. If an athlete needs assistance with his or her uniform or gear (for example, a child under the age of eight), or an athlete's disability warrants assistance, then we ask that parents let the coach or an administrator know beforehand that he or she will be helping the athlete.

### **Lock Room Monitoring**

1. Coast Guard Blue Dolphins has staggered practices, with different groups arriving and departing throughout the day. It is therefore not practical to constantly monitor locker rooms and changing areas over this extended course of time.
2. We do not post [staff, coach, parent, other adult] inside or at the doors of the locker rooms and changing areas.
3. We do make occasional sweeps of these areas. [Staff, coach, parent, other adult] conduct these sweeps, with women checking on female locker rooms, and men checking on male locker rooms.

## **USE OF CELL PHONES AND OTHER MOBILE RECORDING DEVICES**

1. Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas.

2. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area: **305.3** *Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.*