



# PRACTICE EQUIPMENT REQUIREMENTS

Practice Group	Team Cap	Mesh Bag	10"	Fins		Paddles			Snorkel		
			Small Kick Board	Pull Buoy	Short	Long	Green Catalyst	Yellow Catalyst	Red Catalyst	Youth	Adult
DolphinSwims	✓										
Dolphin Bridge	✓	✓	✓				✓				
Dolphin Competitive	✓	✓	✓	✓			✓			✓	
Dolphin Challenge	✓	✓	✓	✓			✓			✓	
Dolphin Elite	✓	✓	✓	✓			✓	✓		✓	
Seahawk Bridge	✓	✓	✓				✓				
Seahawk Competitive	✓	✓	✓	✓			✓	✓			✓
Seahawk Challenge	✓	✓	✓	✓			✓	✓			✓
Seahawk Elite	✓	✓	✓	✓			✓	✓			✓
Typhoon Bridge	✓	✓	✓	✓			✓				✓
Typhoon Competitive	✓	✓	✓	✓			✓		✓		✓
Typhoon Challenge	✓	✓	✓	✓			✓		✓		✓
Typhoon Elite	✓	✓	✓	✓			✓		✓		✓