

Summer Practice Schedule

Beginning Tuesday, May 31, 2022

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AG1		5:45-7:15PM @CAC	5:45-7:15PM @CAC (LCM)	5:45-7:15PM @CAC	9:15-10:45AM @CAC (LCM)	9:15-10:45AM @CAC (LCM)	10:30-12pm @ CAC (LCM)	OFF
AG2		5:45-7:15PM @CAC	5:45-7:15PM @CAC (LCM)	5:45-7:15PM @CAC	9:15-10:45AM @CAC (LCM)	9:15-10:45AM @CAC (LCM)	10:30-12pm @ CAC (LCM)	OFF
AG3		9-10:45am CAC	5:30-7 AM @CAC or 5:45- 7:15pm @CAC	9-10:45am CAC	5:30-7 AM @CAC	8:30-10AM @Quarry	10AM-12PM @CAC	OFF
PEAK		11-11:45am		11-11:45am				
SR	AM	9-11am CAC	5:30-7:00 AM	9-11am CAC	5:30-7 AM @CAC	8:30-10AM @Quarry	10AM-12PM @CAC	OFF
	PM		3:30-5pm (lcm) @CAC		3:30-5pm @CAC		12-12:45 YOGA @CAC	OFF
	PEAK-	7:45-8:45 am		7:45-8:45AM				