

CYAC

NEWSLETTER



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PIEDMONT FAMILY YMCA
www.piedmontymca.org
April 2016

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CYAC TEAM BANQUET

Here's everything (hopefully!) you need to know about the upcoming team banquet:

WHO: ALL CYAC program participants (clinics, preps, competitive) of all ages! Kids, dress your best.

WHAT: An evening of fun, friends, food, fellowship and celebration (and cake!)

WHEN: May 1, 5 – 8 p.m.

WHERE: Doubletree Hotel, Charlottesville (rt. 29N, behind Sam's Club)

WHY: To honor our six graduating seniors and celebrate a great season by all 200+ team members. Also, we'll take a team picture during the evening.

HOW: [Sign-up](#) on our website (same process as signing-up for a meet). In the NOTES section, please indicate the number of adult meals (9 yrs. +) and kids meals (3 – 8 yrs.) Kids 2 & under are free. Sign-ups are due NOW! Please [sign-up](#) sooner rather than later so we can give the venue some solid numbers.

OTHER DETAILS:

- The cost of the banquet is \$16 for adults and \$12 for kids (that includes the cost of the venue, meal, tax and tip).
- If you'd like to include some extra money for a coach's gift, it would be most appreciated. Our coaches work very hard to help our kids have a great experience. Your gift will be spread across the coaching staff.
- Gluten free meals are available. Include this request in the NOTES section of the sign-up.
- Payment may be made by check (payable to Piedmont Family YMCA- CYAC); folders are available at both pools or via your e-wallet account (contact [Jessica Simons](#) to arrange payment). Payment should be made prior to the event.
- We still need your photographs from the season for the slide show. If you want to see your little one's smiling face on the big screen, send us a picture or two from the season; action shot, candid, group, whatever. Send your files to [Savannah Scarbrough](#).

We hope to see you all there!



-Coach Cam

PARENT ADVISORY COUNCIL (PAC)

We are looking for NEW members for next year. Please consider joining us!

The CYAC swim team Parent Advisory Council (PAC) is made up of volunteer swim parents who are willing to work on various activities required for the swim team to function well.

Our goal is to have EVERY family actively involved in at least one committee or role. If we can accomplish this, we will avoid having a small group of parents doing multiple jobs.

Volunteering is a great way for new CYAC families to meet other CYAC families and feel more a part of our team.

Below is a list of current PAC members. Feel free to contact them with any questions.

[Marc Weathersby](#), PAC Chair

[Nancy Addison](#), Bulletin Board Crozet

[Li Ding](#), Spirit/Fundraising

[James Hargrove](#), Travel Coordinator

[Brad Heilman](#), Team Manager & Website Administrator

[Kelly Moore](#), Fundraising/Banquet

[Hope Peritz](#), Officials Coordinator

[Wendy Scarbrough](#), Social/Spirit Activities

[Alisa Sposato](#), Newsletter Editor

[Kristen Wray](#), Spirit/Fundraising

Info at a glance

May 1

CYAC Team Banquet
Charlottesville Doubletree Hotel

May 5-8

PSDN Long Course BB+ Meet
Richmond

May 27

HOKI/Ben Hair Open Water Swim
Registration Deadline

June 4

SMAC Commonwealth Games
Registration Deadline

June 11

HOKI/Ben Hair Open Water Swim
Lake Anna

June 24-26

SMAC Commonwealth Games
Waynesboro

June 25

Summer Awards
Registration Deadline

Dome Take-Down Days

Volunteers needed to help TAKE DOWN THE DOME over the Crozet Pool to get us ready for summer swimming. Any time that you can donate towards this project will be much appreciated!

Click [here](#) to sign up or sign up in person at the Crozet PARC. THANKS IN ADVANCE!

Mon May 2nd 6-8am – Put on the walk-on cover

Thurs May 5th 8am-2pm – Dome drop and prep

Thurs May 5th 3-6pm – Fold dome and remove walk-on cover

Fri May 6th 10am-12pm – Reset of pool and cleaning

Team Highlights

VA Senior Champs Recap:

This reliably fast and competitive Virginia state championship meet was a great tune-up for all of CYAC's YMCA Nationals qualifiers, as well as a championship meet for several CYAC senior group swimmers who performed well enough this season to qualify for the meet. Fifteen CYAC swimmers achieved 17 finals swims, multiple lifetime best times, and qualified the women's 200 free relay for YMCA Nationals. Congrats CYAC swimmers on a very successful meet!

Age Group Champs Recap:

Sixteen CYAC swimmers competed at the Age Group Championship (AGC) Meet in Christiansburg. The AGC serves as the state championship meet for the 10&U, 11-12 and 13-14 age groups.

Highlights from the weekend include:

CYAC finished 8th overall out of the 30+ teams competing, and 2nd overall in the Medium-size Team category.

Individual Accolades:

State Champions: Avery Huang (50 breast), Max Moore (50 breast)

State Runner-up: Kathryn Burr (50 free, 100 free), Max Moore (50 free, 100 breast, 100 IM)

3rd Place: Julie Addison (50 fly, 100 IM), Avery Huang (200 IM)

CYAC swimmers also had 29 other Top 8 (Championship Final) finishes from: Henry Addison (1), Julie Addison (4), Isabelle Bradley (1), Jack Burr (2), Kathryn Burr (3), Noah Hargrove (1), Avery Huang (5), Max Moore (2), Ella Reed (2), Athena Vanyo (5), and Peyton Wray (2).

CYAC Relays:

Along with great individual performances, our 10&U boys and 11-12 girls racked up massive points for the team.

10&U boys: State Runners-up: 200 Medley (Addison, Burr, Thomas Heilman, Moore) and three 3rd Place finishes: 200 Free (Moore, Addison, Heilman, Burr), 400 Free (Heilman, Burr, Addison, Moore), and 400 Medley (Addison, Burr, Heilman, Moore)

Team Contacts

Coaching, Meets, Practices:

Coach Cameron: cburr@piedmontymca.org

Coach Pat: coachpatbateman@gmail.com

Click [here](#) for a list of all coaches.

Dues, Meet Fees or Fundraising Balances:

Jessica Simons, jrsimons@comcast.net

Fundraising (general):

Cameron Burr, cburr@piedmontymca.org

Parent Advisory Council:

Marc Weathersby, marc@cjpc.com

Website and Volunteering:

Brad Heilman, cyacbrad@gmail.com

Officials Training:

Hope Peritz, peritz17@hotmail.com

Kroger Grocery Cards:

Jonna Garono, jgarono@comcast.net

(Continued)

11-12 girls: State Champion: 400 Medley (Huang, Reed, Vanyo, Burr) and two State Runners-up finishes: 200 Free (Burr, Bradley, Huang, Vanyo) and 400 Free (Huang, Bradley, Vanyo, Burr)

Overall, the team achieved time improvements on 78% of their swims. Seven swimmers dropped in every race (Julie Addison, Isabelle Bradley, Jack Burr, Noah Johnson, Sophie O'Donnell, Ella Reed, and Peyton Wray).

Our Iron-Swimmers of the meet were Avery Huang and Athena Vanyo who each competed in 20 races between prelims, finals and relays. Max Moore was a close runner-up with 18 swims.

LONG COURSE MEET SCHEDULE

May 5-8: PSDN BB+ (Richmond) – Prelims/Finals Meet. Registration deadline: April 9.

June 11: HOKI / Ben Hair-JSL Open Water Swim (Lake Anna). Registration deadline: May 27.

June 24-26: SMAC Commonwealth Games (Waynesboro). Registration deadline: June 4.

July 15-17: Summer Awards (Christiansburg). Registration deadline: June 25.

July 21-24: LC Age Group Champs 14&U (Christiansburg). Registration deadline: July 2.

July 21-24: LC Senior Champs 15&O (Richmond). Registration deadline: July 2.

August 3-6 Eastern Zones LC. Registration deadline: July 16.

LONG COURSE PRACTICE SCHEDULE

All practices held at ACAC's 50 meter pool on Four Seasons Drive

May 23 – June 7

Senior and Junior 3 Groups: Mon-Fri 6am-7:45am

Senior and Junior 3 Groups: Sat 7am-9am

June 8 – July 30

Senior and Junior 3 Groups: Mon-Fri 6am-8am

Senior and Junior 3 Groups: Sat 7am-9am

*Junior 2: Must receive coach approval to practice long course.

Brooks Family YMCA Updates

Construction on the Brooks Family YMCA continues...

Exciting progress! Not only is the rec pool ready to be poured, the crane was delivered to start steel erection!

Track the progress on the Brooks Family YMCA Facebook page:

<https://www.facebook.com/TellYourYStory/?fref=ts>.