

**PIEDMONT FAMILY YMCA/CYAC  
2016-2017**

**Individual Meet Results**

**2017 VSI SC Age Group Champs-HOKI 09-Mar-17 to 12-Mar-17 Yards**

**Sanction: VS-17-67 Location: Christiansburg Aquatic Center**

**PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Pat Bateman**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Henry Addison (11) M</b>					
NS	P # 84	Men 11-12 100 Back	---	---	---
NS	P # 98	Men 11-12 50 Fly	---	---	---
<b>Julia Addison (11) W</b>					
1:06.62Y	P # 21	Women 11-12 100 Fly	27	---	0.29
	---	1:06.62			
2:22.62Y	P # 25	Women 11-12 200 Back	19	---	1.50
	33.96	35.93 37.05 35.68			
27.16Y	P # 53	Women 11-12 50 Free	24	---	-0.18
30.69Y	P # 65	Women 11-12 50 Back	17	---	-0.10
2:25.85Y	P # 69	Women 11-12 200 IM	23	---	0.85
	31.67	36.90 44.44 32.84			
1:05.17Y	P # 83	Women 11-12 100 Back	19	---	-1.91
	31.59	33.58			
1:08.33Y	P # 89	Women 11-12 100 IM	26	---	1.27
	31.70	36.63			
29.65Y	P # 97	Women 11-12 50 Fly	24	---	0.27
<b>Izzy Bradley (13) W</b>					
27.74Y	F # 39	200 Medley Relay Lead Off	---	---	-0.49
25.96Y	P # 51	Women 13-14 50 Free	40	---	0.28
1:00.15Y	P # 63	Women 13-14 100 Back	9	---	-0.92
	29.06	31.09			
1:01.49Y	F # 63	Women 13-14 100 Back	16	1	0.42
	29.33	32.16			
2:14.02Y	P # 81	Women 13-14 200 Back	19	---	1.42
	31.36	33.54 34.85 34.27			

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Time	F/P/S	Event	Place	Points	Improv
<b>Will Browne (10) M</b>					
37.76Y	P # 12	Men 10 & Under 50 Breast	3	---	0.04
37.93Y	F # 12	Men 10 & Under 50 Breast	5	14	0.21
33.18Y	P # 24	Men 10 & Under 50 Back	6	---	-1.95
33.69Y	F # 24	Men 10 & Under 50 Back	8	11	-1.44
1:13.31Y	P # 30	Men 10 & Under 100 IM	5	---	-2.27
	32.65	40.66			
1:13.66Y	F # 30	Men 10 & Under 100 IM	6	12.5	-1.92
	34.44	39.22			
32.44Y	P # 50	Men 10 & Under 50 Fly	9	9	-1.70
1:22.38Y	F # 62	Men 10 & Under 100 Breast	5	14	-5.37
	38.69	43.69			
1:25.06Y	P # 62	Men 10 & Under 100 Breast	6	---	-2.69
	39.74	45.32			
2:44.59Y	P # 68	Men 10 & Under 200 IM	16	1	1.15
	35.16	40.11 50.76 38.56			
29.85Y	F # 76	200 Free Relay Lead Off	---	---	-1.07
1:13.36Y	P # 86	Men 10 & Under 100 Back	9	9	-2.80
	35.35	38.01			
30.08Y	P # 96	Men 10 & Under 50 Free	25	---	-0.84
1:06.49Y	F # 106	400 Free Relay Lead Off	---	---	-1.63
	31.31				
<b>Jack Burr (11) M</b>					
36.61Y	P # 10	Men 11-12 50 Breast	40	---	0.78
1:15.82Y	P # 60	Men 11-12 100 Breast	18	---	-1.79
	35.97	39.85			
2:46.31Y	P # 80	Men 11-12 200 Breast	17	---	3.43
	38.34	42.80 43.26 41.91			
<b>Kathryn Burr (13) W</b>					
1:56.65Y	F # 13	Women 13-14 200 Free	11	6	-3.70
	27.72	29.86 29.91 29.16			
1:58.12Y	P # 13	Women 13-14 200 Free	14	---	-2.23
	28.34	30.78 30.17 28.83			
1:01.55Y	P # 19	Women 13-14 100 Fly	31	---	-0.51
	29.42	32.13			
24.64Y	P # 51	Women 13-14 50 Free	5	---	-0.49
24.84Y	F # 51	Women 13-14 50 Free	7	12	-0.29
25.69Y	F # 73	200 Free Relay Lead Off	---	---	0.56
53.17Y	F # 91	Women 13-14 100 Free	4	15	-1.10
	25.76	27.41			
53.22Y	P # 91	Women 13-14 100 Free	3	---	-1.05
	25.94	27.28			

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**PIEDMONT FAMILY YMCA [CYAC-VA] Coach: Pat Bateman**

Time	F/P/S	Event	Place	Points	Improv
<b>Anthony Garono (12) M</b>					
5:46.58Y	F # 4	Men 11-12 500 Free	25	---	-0.46
	30.90	34.12 35.32 35.44 34.69 35.31 35.32 35.80			
	35.21	34.47			
<b>Colby Grimes (10) M</b>					
1:07.97Y	P # 56	Men 10 & Under 100 Free	37	---	1.70
	32.26	35.71			
31.25Y	P # 96	Men 10 & Under 50 Free	40	---	0.30
<b>Sophie Haise (14) W</b>					
1:12.95Y	P # 7	Women 13-14 100 Breast	49	---	0.58
	34.03	38.92			
1:01.40Y	F # 33	400 Medley Relay Lead Off	---	---	0.76
	29.70				
25.46Y	P # 51	Women 13-14 50 Free	25	---	-0.07
1:01.26Y	P # 63	Women 13-14 100 Back	19	---	0.62
	29.44	31.82			
2:17.36Y	P # 81	Women 13-14 200 Back	38	---	3.73
	30.98	34.11 35.49 36.78			
55.74Y	P # 91	Women 13-14 100 Free	31	---	-0.08
	26.59	29.15			
56.08Y	F # 101	400 Free Relay Lead Off	---	---	0.26
	26.81				
1:01.34Y	S # 363	Women 13-14 100 Back	2	---	0.70
	29.89	31.45			

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Matthew Heilman (12) M</b>					
5:37.50Y	F # 4	Men 11-12 500 Free	20	---	0.58
	30.21	33.31 33.98 34.67	34.46	34.76	34.49 34.42
	33.94	33.26			
34.64Y	P # 10	Men 11-12 50 Breast	21	---	-0.21
2:08.17Y	P # 16	Men 11-12 200 Free	21	---	1.43
	28.76	32.22 33.87 33.32			
5:02.96Y	F # 32	Men 11-12 400 IM	12	5	-0.68
	33.59	38.26 39.13 38.67	42.84	42.70	34.49 33.28
1:07.80Y	F # 36	400 Medley Relay Lead Off	---	---	-0.19
	33.23				
1:13.97Y	F # 60	Men 11-12 100 Breast	14	3	-0.49
	35.30	38.67			
1:14.93Y	P # 60	Men 11-12 100 Breast	16	---	0.47
	35.71	39.22			
2:20.66Y	F # 70	Men 11-12 200 IM	13	4	-3.01
	31.40	35.98 41.47 31.81			
2:23.08Y	P # 70	Men 11-12 200 IM	16	---	-0.59
	32.30	36.91 41.75 32.12			
27.32Y	F # 78	200 Free Relay Lead Off	---	---	-0.04
2:36.42Y	F # 80	Men 11-12 200 Breast	6	13	-1.72
	35.45	40.35 40.55 40.07			
2:38.05Y	P # 80	Men 11-12 200 Breast	7	---	-0.09
	36.21	40.96 41.36 39.52			
1:06.99Y	P # 90	Men 11-12 100 IM	22	---	0.35
	31.57	35.42			
59.17Y	F # 104	400 Free Relay Lead Off	---	---	0.72
	28.38				

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Thomas Heilman (10) M</b>					
5:46.65Y	F # 2	Men 10 & Under 500 Free	1	20	-13.96
	29.94	34.40 35.55 36.25	36.09	36.71	36.07 36.33
	33.98	31.33			
2:08.23Y	F # 18	Men 10 & Under 200 Free	1	20	-1.01
	29.44	33.10 33.58 32.11			
2:13.51Y	P # 18	Men 10 & Under 200 Free	1	---	4.27
	30.64	35.33 34.89 32.65			
1:07.98Y	F # 30	Men 10 & Under 100 IM	1	20	-0.82
	31.15	36.83			
1:10.54Y	P # 30	Men 10 & Under 100 IM	1	---	1.74
	32.18	38.36			
29.30Y	F # 50	Men 10 & Under 50 Fly	1	20	-0.94
30.50Y	P # 50	Men 10 & Under 50 Fly	1	---	0.26
58.13Y	F # 56	Men 10 & Under 100 Free	1	20	-1.49
	28.21	29.92			
1:00.94Y	P # 56	Men 10 & Under 100 Free	1	---	1.32
	29.16	31.78			
2:26.85Y	F # 68	Men 10 & Under 200 IM	1	20	-2.34
	31.11	37.60 44.92 33.22			
2:30.08Y	P # 68	Men 10 & Under 200 IM	1	---	0.89
	31.58	38.37 46.59 33.54			
26.72Y	F # 96	Men 10 & Under 50 Free	1	20	-0.32
26.97Y	P # 96	Men 10 & Under 50 Free	1	---	-0.07
1:05.73Y	F # 100	Men 10 & Under 100 Fly	1	20	-2.64
	31.57	34.16			
1:09.16Y	P # 100	Men 10 & Under 100 Fly	2	---	0.79
	32.41	36.75			

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Time	F/P/S	Event	Place	Points	Improv
<b>Avery Huang (12) W</b>					
31.76Y	F # 9	Women 11-12 50 Breast	1	20	0.76
31.94Y	P # 9	Women 11-12 50 Breast	1	---	0.94
1:58.22Y	F # 15	Women 11-12 200 Free	5	14	1.53
		27.09 29.63 30.82 30.68			
1:58.37Y	P # 15	Women 11-12 200 Free	1	---	1.68
		27.55 30.30 30.73 29.79			
1:01.09Y	P # 21	Women 11-12 100 Fly	4	---	1.92
		28.46 32.63			
1:01.57Y	F # 21	Women 11-12 100 Fly	7	12	2.40
		28.84 32.73			
28.98Y	F # 65	Women 11-12 50 Back	6	13	-0.52
29.07Y	P # 65	Women 11-12 50 Back	7	---	-0.43
2:12.53Y	F # 69	Women 11-12 200 IM	2	17	-0.96
		28.86 33.91 39.29 30.47			
2:14.14Y	P # 69	Women 11-12 200 IM	2	---	0.65
		28.64 35.37 39.36 30.77			
1:03.03Y	F # 83	Women 11-12 100 Back	11	6	-0.25
		30.42 32.61			
1:03.72Y	P # 83	Women 11-12 100 Back	11	---	0.44
		30.59 33.13			
1:02.12Y	F # 89	Women 11-12 100 IM	3	16	-0.75
		29.68 32.44			
1:02.61Y	P # 89	Women 11-12 100 IM	2	---	-0.26
		29.91 32.70			
27.64Y	F # 97	Women 11-12 50 Fly	4	15	-0.09
27.81Y	P # 97	Women 11-12 50 Fly	5	---	0.08
<b>Mariam Mithqal (10) W</b>					
39.94Y	P # 11	Women 10 & Under 50 Breast	13	4	-0.85
1:17.14Y	P # 29	Women 10 & Under 100 IM	11	6	-1.50
		35.54 41.60			
1:08.01Y	P # 55	Women 10 & Under 100 Free	17	---	0.91
		31.80 36.21			
29.86Y	F # 75	200 Free Relay Lead Off	---	---	-0.57
1:19.48Y	P # 85	Women 10 & Under 100 Back	30	---	0.23
		38.05 41.43			
30.89Y	P # 95	Women 10 & Under 50 Free	23	---	0.46

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Time	F/P/S	Event	Place	Points	Improv
<b>Max Moore (11) M</b>					
31.77Y	F # 10	Men 11-12 50 Breast	5	14	-0.31
32.56Y	P # 10	Men 11-12 50 Breast	7	---	0.48
1:05.17Y	P # 22	Men 11-12 100 Fly	19	---	1.68
	30.40	34.77			
26.65Y	P # 54	Men 11-12 50 Free	22	---	0.50
1:09.08Y	F # 60	Men 11-12 100 Breast	4	14.5	-1.60
	32.53	36.55			
1:11.60Y	P # 60	Men 11-12 100 Breast	6	---	0.92
	33.08	38.52			
2:21.31Y	F # 70	Men 11-12 200 IM	16	1	0.09
	30.69	39.51 39.28 31.83			
2:23.06Y	P # 70	Men 11-12 200 IM	14	---	1.84
	30.11	39.35 39.76 33.84			
1:05.92Y	P # 90	Men 11-12 100 IM	17	---	1.68
	31.44	34.48			
1:00.07Y	P # 94	Men 11-12 100 Free	32	---	2.04
	28.58	31.49			
28.79Y	F # 98	Men 11-12 50 Fly	15	2	-0.47
29.09Y	P # 98	Men 11-12 50 Fly	14	---	-0.17
<b>Lucy Nicholson (10) W</b>					
40.90Y	P # 11	Women 10 & Under 50 Breast	22	---	1.51
34.81Y	P # 23	Women 10 & Under 50 Back	9	9	0.07
1:20.03Y	P # 29	Women 10 & Under 100 IM	27	---	2.12
	34.95	45.08			
1:19.09Y	F # 37	400 Medley Relay Lead Off	---	---	1.45
	38.57				
35.03Y	P # 49	Women 10 & Under 50 Fly	19	---	0.43
1:29.12Y DQ	P # 61	Women 10 & Under 100 Breast	---	---	---
	42.64	46.48			
1:15.51Y	P # 85	Women 10 & Under 100 Back	12	5	-2.13
	36.42	39.09			
32.13Y	P # 95	Women 10 & Under 50 Free	35	---	1.07
<b>Sophie O'Donnell (14) W</b>					
1:01.19Y	P # 19	Women 13-14 100 Fly	26	---	-0.36
	28.36	32.83			
<b>Ian Ratcliffe (12) M</b>					
32.19Y	F # 42	200 Medley Relay Lead Off	---	---	0.44
28.01Y	P # 54	Men 11-12 50 Free	40	---	0.90
33.67Y	P # 66	Men 11-12 50 Back	37	---	1.92
59.58Y	P # 94	Men 11-12 100 Free	29	---	0.01
	28.39	31.19			

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Time	F/P/S	Event	Place	Points	Improv
<b>Ella Reed (13) W</b>					
1:11.06Y	P # 7	Women 13-14 100 Breast	28	---	-0.44
	33.56	37.50			
2:36.97Y	P # 57	Women 13-14 200 Breast	38	---	-0.20
	35.41	39.13 40.40 42.03			
<b>Cooper Roy (12) M</b>					
35.39Y	P # 10	Men 11-12 50 Breast	29	---	-0.97
<b>Bella Salerno (10) W</b>					
40.29Y	P # 11	Women 10 & Under 50 Breast	16	1	0.10
1:27.61Y	P # 61	Women 10 & Under 100 Breast	13	4	2.25
	41.54	46.07			
<b>Ellie Schundler (10) W</b>					
6:29.25Y	F # 1	Women 10 & Under 500 Free	13	4	-16.10
	33.19	37.97 40.09 39.93			
	40.39	37.01			
35.03Y	P # 23	Women 10 & Under 50 Back	13	4	0.49
1:17.48Y	P # 29	Women 10 & Under 100 IM	17	---	-1.72
	35.10	42.38			
45.55Y	F # 43	200 Medley Relay Lead Off	---	---	11.01
32.93Y	F # 49	Women 10 & Under 50 Fly	7	12	-1.97
33.78Y	P # 49	Women 10 & Under 50 Fly	7	---	-1.12
1:29.11Y	P # 61	Women 10 & Under 100 Breast	16	1	0.21
	43.20	45.91			
2:51.90Y	P # 67	Women 10 & Under 200 IM	18	---	5.48
	36.82	43.74 52.44 38.90			
1:20.84Y	P # 85	Women 10 & Under 100 Back	37	---	4.57
	38.57	42.27			
1:16.51Y	F # 99	Women 10 & Under 100 Fly	7	12	-4.47
	35.37	41.14			
1:17.35Y	P # 99	Women 10 & Under 100 Fly	7	---	-3.63
	35.85	41.50			



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Time	F/P/S	Event	Place	Points	Improv
<b>Athena Vanyo (13) W</b>					
2:03.32Y	P # 13	Women 13-14 200 Free	42	---	1.55
	27.48	30.56 32.40 32.88			
1:02.22Y	P # 19	Women 13-14 100 Fly	38	---	0.79
	29.15	33.07			
2:19.87Y	P # 45	Women 13-14 200 Fly	33	---	0.14
	29.67	34.72 37.71 37.77			
24.84Y	F # 51	Women 13-14 50 Free	11	6	-0.48
25.05Y	P # 51	Women 13-14 50 Free	16	---	-0.27
1:01.04Y	P # 63	Women 13-14 100 Back	17	---	-0.32
	29.57	31.47			
2:16.62Y	P # 81	Women 13-14 200 Back	34	---	4.75
	30.65	33.56 35.88 36.53			
2:18.50Y	P # 87	Women 13-14 200 IM	42	---	5.12
	29.78	35.43 41.84 31.45			
55.40Y	P # 91	Women 13-14 100 Free	22	---	-0.74
	26.47	28.93			
<b>Sofie Vanyo (8) W</b>					
42.04Y	P # 11	Women 10 & Under 50 Breast	29	---	0.73
1:29.78Y	P # 61	Women 10 & Under 100 Breast	18	---	-0.65
	42.55	47.23			
<b>Layla Welsch (10) W</b>					
37.02Y DQ	P # 11	Women 10 & Under 50 Breast	---	---	---
1:17.36Y	P # 29	Women 10 & Under 100 IM	15	2	-0.24
	37.34	40.02			
1:20.15Y	F # 61	Women 10 & Under 100 Breast	4	15	-5.94
	37.48	42.67			
1:23.50Y	P # 61	Women 10 & Under 100 Breast	6	---	-2.59
	39.03	44.47			
29.93Y	P # 95	Women 10 & Under 50 Free	12	5	-0.20
1:09.32Y	F # 105	400 Free Relay Lead Off	---	---	-4.19
	32.67				

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Peyton Wray (13) M</b>					
10:47.63Y	F # 6	Men 11-14 1000 Free	29	---	-15.91
	28.92	32.34 32.65 32.67 32.52 32.56	32.59	32.80	
	32.96	32.93 32.78 32.66 32.79 32.44	32.79	32.61	
	32.93	32.27 32.35 31.07			
4:37.70Y	P # 28	Men 13-14 400 IM	32	---	-2.64
	29.89	34.65 35.28 35.15 40.12 40.75	31.71	30.15	
58.36Y	P # 64	Men 13-14 100 Back	22	---	-1.59
	28.40	29.96			
2:06.27Y	P # 82	Men 13-14 200 Back	23	---	-1.84
	29.54	32.26 32.45 32.02			
17:58.87Y	F # 108	Men 11-14 1650 Free	15	2	-13.28
	29.31	32.21 32.78 32.71 32.66 32.68	32.58	32.62	
	32.73	32.53 32.76 32.80 32.83 32.62	32.69	32.93	
	33.09	32.92 32.67 32.97 33.11 33.05	33.07	32.92	
	33.03	33.19 33.04 33.08 33.15 32.77	33.02	32.66	
	31.69				
<b>Aiden Zhu (10) M</b>					
44.06Y	P # 12	Men 10 & Under 50 Breast	31	---	2.29
1:20.82Y	F # 38	400 Medley Relay Lead Off	---	---	-0.77
	37.14				
42.86Y	F # 44	200 Medley Relay Lead Off	---	---	6.71
36.83Y	P # 50	Men 10 & Under 50 Fly	36	---	2.25