



## 2023 LONG COURSE MEET SCHEDULE

| Date                    | Meet                                 | Location                                           | Groups                                     |
|-------------------------|--------------------------------------|----------------------------------------------------|--------------------------------------------|
| <b>April 12-15</b>      | Pro Swim Series                      | Wesmont, Ill.                                      | Qualifying Standard                        |
| <b>April 28-30</b>      | RAYS Open                            | Jeff Rouse Swim and Sport Center (Stafford, VA)    | All Groups                                 |
| <b>May 12-14</b>        | NOVA Open                            | NOVA Regency (Richmond, VA)                        | Wahoo, Sabre, Cavalier, Select Senior      |
| <b>May 18-21</b>        | EZ Super Sectional Championships     | CSAC/SwimRVA (Richmond, VA)                        | Qualifying Standard                        |
| <b>June 2-4</b>         | SwimRVA Success Bell                 | CSAC/SwimRVA (Richmond, VA)                        | All Groups                                 |
| <b>June 15-18</b>       | SGSA Eastern Invitational Swim Meet  | Greensboro Aquatic Center (Greensboro, NC)         | 11 & Over with Qualifying Standard: 3 x BB |
| <b>June 16-18</b>       | SMAC LCM Summer Invite               | War Memorial Pool (Waynesboro, VA)                 | Wahoo and others not attending Greensboro  |
| <b>June 27-July 1</b>   | Phillips 66 National Championships   | IUPUI (Indianapolis, IN)                           | Qualifying Standards                       |
| <b>July 7-9</b>         | 2023 LCM Summer Awards               | Christiansburg Aquatic Center (Christiansburg, VA) | All Groups                                 |
| <b>July 13-16</b>       | 2023 LCM Senior Champs               | Liberty University (Lynchburg, VA)                 | 15 & Over Qualifying Standards             |
| <b>July 20-23</b>       | 2023 LCM Age Group Champs            | Christiansburg Aquatic Center (Christiansburg, VA) | 14 & Under Qualifying Standards            |
| <b>July 26-29</b>       | Futures Championships                | CSAC/SwimRVA (Richmond, VA)                        | Qualifying Standards                       |
| <b>July 26-29</b>       | TYR Pro Championships                | Irvine, CA                                         | Qualifying Standards                       |
| <b>July 31-August 4</b> | Speedo Junior National Championships | Irvine, CA                                         | Qualifying Standards                       |
| <b>August 2-5</b>       | EZ LC Age Group Championships        | CSAC/SwimRVA (Richmond, VA)                        | Qualifying Standards                       |

