



## **PARENT CODE OF CONDUCT**

As a member of the Cavalier Aquatics community, I am part of a swimming organization that believes teamwork, trustworthiness, honesty, integrity, respect and good sportsmanship are more important than winning.

By signing this Code of Conduct, I agree to the following guidelines for conduct and responsibilities.

Cavalier Aquatics is fortunate to have professional coaches working to develop our children into better swimmers while simultaneously instilling important life skills such as time management, self-discipline and sportsmanship.

Your child will reap the benefits of swimming long after his/her participation with Cavalier Aquatics ends.

### **PART I – PARENT CODE OF CONDUCT**

As a parent of a swimmer on Cavalier Aquatics, I will:

- Set the right example for our children by showing trustworthiness, honesty, integrity, respect and common courtesy at all times to team members, coaches, competitors, officials and parents.
- Treat facilities and other property used during practice or meets with respect.
- Treat Team Hotels and their staff with courtesy and respect. Model appropriate etiquette when staying at Team Hotels.
- Respect the integrity of swim officials by assuming decisions are based on honest and objective interpretations and applications of the rules. Only coaches may approach meet officials for clarification of rulings.
- Understand that opposing teams, including their swimmers, coaches, and fans, want the same positive experiences for their swimmers as we do. Look for opportunities to build rapport with other teams with whom we compete.
- Model good sportsmanship during meets and team activities by winning gracefully and losing graciously.
- Refrain from inappropriate behavior that detracts from a positive image of the team and remember that I represent Cavalier Aquatics.
- When observing practice from the observation deck, not engage in behavior that is disruptive or interferes with swimmers or coaches.
- Be considerate and respectful in all Cavalier Aquatics related social media.
- Insist that my child refrains from using alcohol, tobacco, drugs, or other prohibited substances.
- Insist that my child does not engage in violence, foul or abusive language, inappropriate sexual conduct or any other behavior deemed dishonest, discourteous, offensive or disrespectful of others.
- Respect the integrity and decisions of Cavalier Aquatics coaches, which are based on honest, objective evaluations of performance and take into account what is best for my child as well as all of the other children who swim on Cavalier Aquatics and other stakeholders in the Cavalier Aquatics community.

## PART II – PARENT RESPONSIBILITIES

As a parent of a swimmer on Cavalier Aquatics, I also understand that it is my responsibility to:

- Assist the coaches in conducting effective practices by ensuring swimmers arrive and leave on time.
- Provide the proper equipment and team apparel/team suit for my swimmer.
- Arrive at meets in time for volunteer or swimmer check in and for warm-ups.
- Know my role. Swimmers swim. Coaches coach. Officials officiate. Parents parent.
- Volunteer regularly at swim meets and at Cavalier Aquatics events. In order to eliminate the need to mandate volunteer hours for each family, we kindly ask that each family volunteers for at least every other meet or as needed. Additionally, families are expected to volunteer for all home meets in both a donation and a volunteer role.
- Not interrupt or confront the coaching staff on the pool deck during practice or meets. I understand that I am not permitted to be on deck during practice or meets unless I am volunteering. Coaches are available before or after practice and meets to answer questions. Coaches also welcome emails.
- Trust and support my swimmer's and coach's decisions around goal-setting, training commitments, practice group selection, coach assignments, swim event entries, and meet schedules.
- Support the coaching staff, respect their experience in the sport of swimming and understand that they are seeking to help my children beyond just helping them become better swimmers.
- Get involved and become an official, volunteer at meets, help plan a group social or otherwise participate in team activities. Cavalier Aquatics requires parent participation!

## PART III – COMPLIANCE

The purpose of this Code of Conduct for parents is to establish consistent expectations for behavior by parents. As a parent/guardian, I understand the important growth and developmental support that my child's participation fosters. I also understand that it is essential to provide the coaching staff with respect and the authority to coach the team. I agree with the following statements:

- I will set the right example for our children by complying with all of the terms of this code of conduct and demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, and all facilities.
- I will get involved by volunteering, cheering at meets, and supporting my child and, if I have questions, talking with their coach about their progress.
- I will refrain from coaching my child from the stands during practices or meets.
- I understand that criticizing, name-calling, use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
- I will respect the integrity and decisions of the officials.
- I will direct all swimming and training related concerns to the appropriate age-level coach, including the head coach when appropriate. I WILL NOT contact the head coach's supervisor unless the concerns relate to matters addressed by the USA Swimming SafeSport program.

By signing this Code of Conduct, I agree to follow the guidelines for behavior and sportsmanship listed above. I understand that if I do not comply with these policies, I may be referred by the Head Coach and/or Parent Advisory Council (PAC) to the CEO of the YMCA. I further understand that if I am found to have violated this Code of conduct, the CEO of the YMCA, in consultation with the Board of Directors or a committee thereof, will determine in his or her sole discretion the appropriate disciplinary action, which may include actions up to and including removal of my child from Cavalier Aquatics and termination of my YMCA membership.

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Signatures (s)

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Date