

Cavalier Aquatics – Mental Health Professional Policy

I. Definition

In this section, the term “Mental Health” refers to services rendered regarding an athlete’s psychological well being beyond the scope of the coaching environment and in private.

II. General Requirement

Any Mental Health Counseling performed on an athlete must be conducted in an open and interruptible location and must be performed by a licensed therapist or other certified professional. However, even if a coach is a licensed therapist, the coach cannot perform private counseling of an athlete under any circumstance.

III. Additional Minor Athlete Requirements

- a. Written consent by a legal guardian must be obtained in advance by the licensed therapist or other certified professional, with a copy provided to the club.
- b. Legal guardians must be allowed to observe the Counseling.
- c. Any Counseling of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the counseling in the room.
- d. Any Counseling of a minor athlete must only occur after proper diagnosis from a treating physician and be done in the course of care according to the physician’s treatment plan

I have read and agree to follow Cavalier Aquatics’ Mental Health Professional Policy.

CA-Y Athlete’s Signature

Date

Parent’s Signature

Date