

## **PARENT CODE OF CONDUCT**

As a member of the Cavalier Aquatics community, I am part of a swimming organization that believes teamwork, integrity, respect and good sportsmanship are more important than winning.

By signing this Code of Conduct, I agree to the following guidelines for conduct and responsibilities.

Cavalier Aquatics is fortunate to have professional coaches working to develop our children into better swimmers while simultaneously instilling important life skills. These skills include time management, self-discipline and sportsmanship.

Your child will reap the benefits of swimming long after his/her participation with Cavalier Aquatics ends.

### **PART I – PARENT CODE of CONDUCT**

- Set the right example for our children by showing respect and common courtesy at all times to team members, coaches, competitors, officials and parents.
- Treat facilities and other property used during practice or meets with respect.
- Treat Team Hotels and their staff with courtesy and respect. Model appropriate etiquette when staying at Team Hotels.
- Respect the integrity of swim officials by assuming decisions are based on honest, objective evaluations of performance. Only coaches may approach meet officials for clarification of rulings.
- Understand that opposing teams, including their swimmers, coaches, and fans, want the same positive experiences for their swimmers as we do. Look for opportunities to build rapport with other teams with whom we compete.
- Model good sportsmanship during meets and team activities by winning gracefully and losing graciously.
- Refrain from inappropriate behavior that detracts from a positive image of the team.

Remember that you represent Cavalier Aquatics.

- When observing practice from the observation deck, do not engage in behavior that is disruptive or interferes with swimmers or coaches.
- All Cavalier Aquatics related social media should be considerate and respectful.
- Insist that your child refrain from using alcohol, tobacco, drugs, or other prohibited substances.
- Insist that your child does not engage in violence, foul or abusive language, inappropriate sexual conduct or any other behavior deemed dishonest, discourteous, offensive or disrespectful of others.

### **PART II – PARENT RESPONSIBILITIES**

- Assist the coaches in conducting effective practices by ensuring swimmers arrive and leave on time.
- Provide the proper equipment and team apparel/team suit for your swimmer(s).
- Arrive at meets in time for volunteer or swimmer check in and for warm-ups.
- Know your role. Swimmers swim. Coaches coach. Officials officiate. Parents parent.

- Plan to volunteer regularly at swim meets and at Cavalier Aquatics events. In order to eliminate the need to mandate volunteer hours for each family, we kindly ask that each family volunteers for at least every other meet or as needed. Additionally, families are expected to volunteer for all home meets in both a donation and a volunteer role.

- Do not interrupt or confront the coaching staff on the pool deck during practice or meets. You should not be on deck during practice or meets unless you are volunteering. Coaches are available before or after practice and meets to answer questions. Coaches also welcome emails.

- Trust and support your swimmer's and coach's decisions around goal-setting, training commitments, swim event entries, and meet schedules. •

**Get involved and become an official, volunteer at meets, help plan a group social. Cavalier Aquatics requires parent participation!**

### PART III - COMPLIANCE

By signing this Code of Conduct, I agree to follow the guidelines for behavior and sportsmanship. Any parent that does not comply will be referred to the Head Coach and/or Parent Advisory Council (PAC) to determine the course of action.

The purpose of a code of conduct for parents is to establish consistent expectations for behavior by parents. As a parent/guardian, I understand the important growth and developmental support that my child's participation fosters. I also understand that it is essential to provide the coaching staff with respect and the authority to coach the team. I agree with the following statements:

- I will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, and all facilities.
- I will get involved by volunteering, observing practices, cheering at meets, and talking with my child and their coach about their progress.
- I will refrain from coaching my child from the stands during practices or meets.
- I understand that criticizing, name-calling, use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
- I will respect the integrity of the officials.
- I will direct my concerns first to the head coach; then, if not satisfied, to the appropriate supervisor.

I understand the above expectations and that my failure to adhere to them may result in disciplinary action.

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Signatures (s)

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Date