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| **DATE** | **MEET NAME** | **EXPLANATION** | **JUNIOR** | **ADV. JUNIOR** | **PRE-SENIOR** | **ADV. PS** | **SENIOR** |
| Oct. 15-16 | Pumpkin Splash/RAYS | First meet of the season. Open to all age groups; no qualifying times; timed finals | X | X | X | X | X |
| Nov. 5-6 | November Distance meet | It gives swimmers the opportunity to swim long distance events  |  | Coaches’ Recommendation | X | X | X |
| Nov. 11-13 | Fall Aqua-Fest/ PWSC | Our first hosted meet; swimmers are strongly encouraged to participate, and parents are expected to volunteer  | X | X | X | X | X |
| Dec. 2-4 | Icebreaker Invitational/VSTP | Should be attended by any swimmer who will not attend the HOKI Winter Championship. Prelims/finals for 13 & Over; timed finals for 12 & Under | X | X | X | X | X |
| Dec. 9-11 | Winter Champs/HOKI | A highly competitive meet held in Blacksburg, VA. Prelims/finals for all age groups | X | X | X | X | X |
| Jan. 7-8 | Jeff Rouse Meet/RAYS | Open to all age groups; no qualifying times; timed finals. | X | X | X | X | X |
| Jan. 21-22 | Duck Bowl/HANOVER | Open to all age groups; no qualifying times; timed finals; considered the last "regular season" meet on the short course schedule. | X | X | X | X | X |
| Jan. 27-29 | IMX Challenge/PM | Open to 14 & Under swimmers who have attained an IMX score of 1800 | QT | QT | QT | QT |  |
| Feb. 17-19 | 12 and Under District/PWSC | Exclusively a 12 & Under meet; prelims/finals; should be considered the end-of-the-year, championship meet for swimmers without Age Group Championship qualifying times | X | X | X | X |  |
| Feb. 24-26 | 13 and Over Districts/RAYS | Exclusively a 13 & Over meet; prelims/finals; should be considered the end-of-the-season, championship meet for swimmers without Senior or Age Group Championship qualifying times |  |  | X | X | X |
| March 2-5 | Senior Champs/SRVA | Prelims/finals meet; qualifying times required; essentially the state championship meet for Senior-level swimmers |  |  |  |  | QT |
| March 9-12 | Age Group Champs/CGBD | Prelims/finals meet; qualifying times required, 14 & Under only; the state championship meet for age group swimmers | QT | QT | QT | QT |  |
| March 21-25 | ISCA Senior Cup/ISCA | National-level meet with qualifying times for Senior level swimmers; prelims/finals Tues-Sat. |  |  |  |  | QT |
| April 5-8 | ISCA Age Group/ISCA | National-level meet for 14 & Under, prelims/finals on Tuesday-Saturday; qualifying times required.  | QT | QT | QT | QT |  |

**QT**= Qualifying times/score required

IMX Score= for a full explanation of the IMX score system please go to our website, under the Times Tab